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**Luminate, Scotland's creative ageing festival
Now we are five – and time to share another month of creativity
Sunday 1 – Tuesday 31 October 2017**

In this, our birthday year, we have been reflecting on our achievements since our launch in 2012. Our society is ageing but evidence suggests that older people engage with the arts less than younger people, despite the growing awareness of all the arts can offer as we age – improving quality of life, supporting health and wellbeing, and addressing isolation. Luminate was created to address this, and over the years a bold and diverse festival programme has brought communities and organisations together from Shetland to Dumfries and Galloway. Join us this October to celebrate and explore what ageing means to us all – there are many treats in store to enjoy – truly a festival for everyone.

Festival highlights include **Luminate Short Encounters** – new to Luminate this year, this specially curated series of short films explores life in older age and the range of issues and challenges that affect us all. Other unmissable films in our popular film tour include **Hotel Salvation** set in contemporary India; a humorous, life affirming drama of a son and his father seeking salvation in the holy city of Varanasi. From Sweden we present **A Man Called Ove**, the story of a man who decides he's had enough of this world but an unlikely friendship saves him, and from Japan we have the delightful **Sweet Bean** - the tale of a little business in the suburbs of Tokyo which flourishes after two unlikely people join forces. Don't miss the opportunity to see classic Western **Shane**, a film that resonates differently depending on your age. Also amongst the screenings **Shipbuilding Stories on Screen** at Kelvin Hall, Glasgow, includes *Seawards The Great Ships* – Scotland's first Oscar winning documentary.

This year the spoken word features across the festival; take part in **Reading Muriel Spark** at the National Library of Scotland focusing on selections of work from Scotland's archive. At the Scottish Poetry Library, a workshop will focus on **Edwin Morgan's** poetry in the format of a traditional book club. In **Autumn Voices**, Glasgow based writer Carl MacDougall reads from his latest story collection *Somebody Always Robs the Poor* at Waterstones, Glasgow. Eastgate Theatre, Peebles celebrates Luminate with four intriguing lunchtime entertainments featuring musicians, actors and a storyteller. Acclaimed poet, writer and performer Brian Johnstone in **Double Exposure Casting Off** turns a poet's eye on his childhood and explores his parents' lives before and during World War II at Waterstones in Inverness.

Dance and music have always played a major role and this year is no exception as the iconic Lindsay Kemp leads free contemporary dance and performance art classes at Dance Base, Edinburgh. Part of a series of free classes, **Freedom of Movement** also features classes led by Chris Stuart Wilson, Morag Deyes and Matthew Hawkins. **Illuminations** showcase features new work by Lindsay Kemp, as well as new solos created by Scottish choreographers for members of older dance company, PRIME. At City Moves, Aberdeen and Tramway, Glasgow, the great American choreographer, writer and speaker Liz Lerman will lead a workshop **Dancing Across Borders** bringing together professional dance artists and

elder community dancers. **Aditi Mangaldas: Inter_rupted** is a high-octane fusion of the ancient art of Kathak with 21st century rhythm and sound, also at Tramway. Have a go with **Appalachian Autumn**, Scotland's only Appalachian dance group Kick the Cat and learn some percussive 'clogging' steps at the Dean Bowling Club, Edinburgh. If you are over 55 you can dance the days away for free at Dance House Glasgow during Luminare or join West Lothian's **Stayin' Alive** a life affirming variety show at Howden Park Centre, Livingston. **W'Hat About?** is a new interactive-dance-theatre piece from Fuora Dance Project at Macrobert Arts Centre, Stirling.

The recently restored St Cecilia's Hall hosts the Scottish premiere of John McHugh's multi-media composition **Hidden Voice**, giving voice to people living with dementia and featuring musicians from the Royal Liverpool Philharmonic Orchestra. At the Festival Theatre, Edinburgh, there's an opportunity to meet and sing with **The Vintage Chorus**, led by Wendy Weatherby. At Ayr Town Hall, the ever popular **The Organist Entertains** return with another series of music performed by young and old musicians. The uplifting music of **Cupalele in Concert** in Cupar is an opportunity to sing-a-long with songs old and new.

Watch out for a series of theatre and performance events including the first visit to Scotland by London-based Entelechy Arts' Older People's Company with their travelling installation **BED**, which is being presented in Dundee in collaboration with Dundee Rep. **An Audience With...** is a rare opportunity to take a journey through the Festival Theatre's Empire Rooms, and enter a world filled with the past, the present and the future alongside three professional dancers from the Variety Era who are all now in their 90s. **Old Boy**, at Platform, is a new show from Glas(s) Performance about the unique bond between grandfathers and their grandsons; building on some early development work that was featured as part of Luminare in 2015, this performance is certain to be a moving evening. At Birnam Arts, **In Her Own Words, Rivendell Stories** is a verbatim performance by Lesley Wilson developed from the stories shared by care home residents. And at the Living Memory Association, Ocean Terminal join the Citadel Arts Group's **Dancing with Mrs Murphy** by Vincent Maguire, directed by Liz Hare. We also see the return of two Luminare favourites – older performers from **The Flames** return to the CCA in Glasgow with a newly devised performance, and **Thrawn Craws** to The Traverse in Edinburgh with **A Brief Archaeology of Love** - a series of vibrant new short plays. Luminare and Eden Court Theatre have collaborated with the North Coast Connection and Tongue Primary School to explore the generations' stories of nearby Castle Varrich, and the projections they have created will be screened on the castle walls during the festival.

Touring Scotland, **Blanche & Butch** are backstage in a mist of hairspray and sequins as they discuss life as a couple of disabled drag queens in Birds of Paradise's production by Robert Softly Gale, directed by Kenny Miller; the final show of their tour is at Summerhall and will be followed by an unforgettable cabaret presented by a group of intergenerational performers. Lung Ha Theatre Company will be in Edinburgh, Aberdeen and St Andrews with Linda McLean's highly acclaimed and delightful play **Thingummy Bob** directed by Maria Oller. Hearts & Minds' exquisite production, **Curious Shoes**, designed for people living with dementia, goes on its first tour as part of Luminare. And – with an international cast aged 30-75 - **Dammed Rebel Bitches**, by Sandy Thomson, celebrates the independent risk-taking women of the war years generation.

Once again HM Frigate Unicorn, Dundee, sails into Luminare with a number of events, including **Arborantics: Traditional Wood Working** on National Grandparents Day and **Woven Tapestry** workshops. In **Spinning a Yarn** at the Dovecot Studios, storyteller Jan Bee Brown, accompanied by the Broughton Spinners, shares stories from around the world inspired by their latest exhibition. To celebrate Luminare, Impacts Arts' Craft Cafes are coming together to create a piece of collaborative art which will be unveiled

at the opening of the Craft Café Exhibition at Ocean Terminal.

Art in the City – Behind the Scenes presents a great opportunity to discover a hidden treasure trove of museum collections at the Museums Collection Centre, Edinburgh. And especially for Luminare Dundee Contemporary Arts is offering an exploration of their exhibition on 3 October for people aged 60+. **Paint it Red**, at Platform, is the culmination of a photography project and a contemporary portrait of Easterhouse by Glasgow based artist Colin James Tennant and **Here, Today** is a photographic essay taking a look at the lives of older lesbian, gay, bisexual and transgender people in Cumbria.

The Luminare programme features an increasing number of dementia friendly events, aimed at people living with dementia in care homes and day centres as well as those supported by family carers. We are thrilled that among these this year is the launch of Glasgow Film Theatre's new dementia friendly programme, with a special screening of **Whisky Galore!**

Luminare also continues to support a nationwide outreach programme taking the arts to older people in care homes, day centres and social clubs. From our launch year the young musicians of **Live Music Now Scotland** have brought their talent and skills to older people across Scotland, and once again they will be performing in community venues across Scotland during Luminare. **Heart for Art** aims to bring creativity to those living with dementia, and the artists from design-studio NADFLY will work with older people from the Chinese and South Asian communities in Edinburgh on a project that celebrates the role food plays in our lives.

Luminare is excited to include opportunities for people to engage creatively online or simply watch and enjoy Luminare performances and exhibitions at home. www.luminareScotland.org.

Luminare Director, Anne Gallacher, said:

“Once again in 2017 Luminare will reach communities up and down the country. In our fifth birthday year the programme features something for everyone whatever your age – you’ll find lots of opportunities to take part in new creative activities, or to visit exhibitions, performances or screenings that explore what ageing means to all of us. And I am delighted that the growth of activities in care settings as well as dementia friendly events means that Luminare is becoming increasingly accessible each year. Creativity has no age, and Luminare proves that again this October!”

Luminare’s principal supporters are Creative Scotland, The Baring Foundation and Age Scotland. We are also grateful to Baillie Gifford for their generous support of the festival.



**The Baring
Foundation**



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For full programme listings or to download a copy of the brochure visit www.luminareScotland.org