

PRESS RELEASE: for immediate release



Luminate, Scotland's creative ageing festival 2015 gets off to a cracking start on Thursday 1 October

Throughout October Luminate will be presenting a wide array of events throughout the country in many different venues including theatres, art galleries, museums and care homes from Orkney to Dumfries and Galloway. Here is a taster of events on 1st October but keep your eyes open for the full programme in the following weeks.

At Motherwell Civic Centre **Broth** will be served by artist **Donna Rutherford**, an honest exploration of the experience of older people in the 21st century told through the traditions of soup making, and you get to taste some soup. While at North Lanarkshire Heritage Centre **In The Mood** invites you to come along for some community singing and enjoy the pop tunes of the 60s and 70s.

In Edinburgh at Meadowbank Sports Centre, **Edinburgh Older Adults' Day Event** celebrates the day with a tea dance and a chance to watch creative performance, song, movement and dance in support of the annual Get Up and Go Awards. And at the Museum of Edinburgh, Huntly House, **Mothers, Daughters, Fathers, Sons – Memories of Childhood** opens an intergenerational oral history focusing on the heritage of Chinese and South Asian older people and their British/Scottish born family members.

Cinemas across country - Ryan Centre in Dumfries and Galloway, Dundee Contemporary Arts and Edinburgh's Filmhouse - screen **Hip Hop-eration**, which is an engaging documentary that is packed with moments to smile at, based on the antics of 30 Senior Citizens on a small New Zealand Island who are preparing for the World Hip Dance Championships in Las Vegas. In Edinburgh and Dundee, **Directed by Tweedie** shows making a film when you're 87 isn't simple and examines the difficulties of communication between the generations. **Notwen House Intergenerational Multi Media Art Exhibition** in the Residential Care Home in Kirkpatrick Fleming, near Lockerbie opens an exhibition of artwork made by the residents and artist Tracey Metcalfe. Also opening that day is **Growing Older - Arts Project** in Dumfries at The Stove - an exhibition of artwork reflecting on what it means to be getting older.

Luminate Photograph Challenge Pop-Up Exhibition, a selection of photographic portraits submitted by people of all ages, tours to many venues across the country with the first viewing at the Macphail Centre in Ullapool on 1 October.

This year Luminate is also delighted to include a number of opportunities for people to engage creatively online or simply watch and enjoy Luminate performances and exhibitions at home online at www.luminatescotland.org.

Luminate is supported by Creative Scotland, The Baring Foundation, Age Scotland and Baillie Gifford.



LOTTERY FUNDED

The Baring Foundation





For full programme listings or to download a copy of the brochure visit www.luminatescotland.org

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Notes to editors:

Luminate, Scotland's creative ageing festival, is now in its fourth year. During October the festival will host an amazing array of performances, events and activities that shine a light on our creativity as we age. In addition to events in the public programme, Luminare includes outreach activities and performances that take the festival into care homes, sheltered housing communities and local groups throughout October.

www.luminatescotland.org