A Festival for Everyone
Towards An Accessible Festival for All. Look out for these festival logos throughout the brochure:

Luminate’s goal is to make the festival accessible to as many people as possible. Throughout this brochure you will find details of accessible, Audio Described, add other symbols info

Additional guidance about parking, travel to venues and accessible performances is available within events listings pages at www.luminatescotland.org and more detailed information can be sought by contacting Luminate venues and groups direct. Contact details for each are featured within individual event listings information throughout this

Getting to Luminate events
Traveline
www.travelinescotland.com
Call: 0871 200 22 33
...and then, as soon as you hear the greeting message start, slowly key-in code number 3.

Supported by:

www.luminatescotland.org
It is my great pleasure to welcome you to Luminate: Scotland’s creative ageing festival. Stretching from the Borders to Shetland, Luminate will celebrate our creative lives as we age. I hope you will find something in this inaugural programme that’s for you, and that you might take the chance to experience something new!

Luminate includes new work, collaborations and international projects specially planned and programmed for our launch year. The festival also features many independently-run projects led by a wide range of cultural and community organisations. There is growing evidence of the importance of creative activities to our wellbeing as we age, and Luminate wants to shine a light on the many opportunities that exist across Scotland.

In addition to the public programme, I hope you will be interested to read about our Outreach activities which take Luminate to care homes, sheltered housing communities and local groups across the country.

If Luminate has one message, it’s that creativity has no age. Our programme includes a 70+ ladies rock band from Finland – all of whom learned to play their instruments after they retired, a reading of a play by 73 year-old Sylvia Dow who three years ago graduated with distinction in a Playwriting Masters degree from Glasgow University, and dance performances choreographed and performed by older people’s dance groups in Edinburgh and Glasgow. And this is only a tiny glimpse of a nationwide programme that’s rich in variety.

I am grateful to the artists, cultural organisations and communities who have responded with such enthusiasm to Luminate, and I am confident that the festival will grow over the coming years. Please sign up for our e-newsletters to keep in touch with plans for 2012 and beyond (www.luminatescotland.org), or drop us a line and let us know what you’re doing. Next spring we will once again invite applications from groups and organisations who would like to be part of Luminate, and I hope we will reach even more people than we have been able to reach in 2012.

As we embark on our inaugural festival, I hope you will explore what’s going on as part of Luminate in your area, and I would encourage you to rise to Luminate’s challenge –

What Will You Do?

Anne Gallacher, Luminate Festival Director
### Week One: 1 – 7 October

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www.luminatescotland.org
# Week Two: 8th—14th October

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www.luminatescotland.org
### Week Three: 15th—21st October

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www.luminatescotland.org
The Value of Age
2 October
Aberdeenshire’s new Value of Age festival is showcasing a wide variety of arts events all made and presented by the local community as a celebration of age. Two events are being presented as part of Luminate, but look out for some earlier events in September too.

Radio broadcast: Packed Lunch – Music and Memories
Shmu Radio 99.8FM, 12noon-1pm

Doric Sketches by Lorna Alexander
Acorn Centre Café, West High Street, Inverurie, AB51 3SA
2.30pm, Free
Info & tickets: 01261 812276
www.gordonforum.co.uk

Historic Stories: Smallpetitklein Dance Company
10 October / 2pm - 4pm
A celebration of over 60s participants’ life events in the form of a dance and mixed media participatory performance. Come along to hear their experiences and bring your dance shoes! The project is the result of a partnership week-long residency bringing together Woodend Barn and Smallpetitklein Dance Company.
Woodend Barn, Burn o’Bennie, Banchory AB31 5QA • Free
Box Office: 01330 825431 • www.woodendbarn.co.uk

Historical Tour of His Majesty’s Theatre
10, 24, 25 October / 10.30am - 11.45am
Explore the magic of His Majesty’s Theatre and get an insight into its 106-year-old history and inner workings. You will also get the chance to step out onto the HMT stage itself! Participants will be met at the Box Office just prior to the tour start time by our enthusiastic and knowledgeable volunteer guides.
His Majesty’s Theatre, Rosemount Viaduct, Aberdeen, AB25 1GL • Free
Box Office: 01224 641122 • Quote ‘Luminate Theatre Tours’ (places restricted to 20 per tour) • www.boxofficeaberdeen.com

Arts Development Luminate Festival Open Day
13 October / 10am - 2pm
Arts Development Luminate Festival Open Day offers workshops for artists, staff and volunteers working with older people as well as participatory workshops in visual arts, creative writing and dance.
Rosemount Community Centre, Belgrave Terrace, Aberdeen • Free • Info: 01224 814740 • www.artsdevelopment.co.uk
Supported by Aberdeen City Council.
**Twelve Dancers / Deliberance**

16 October / 7.30pm

Guilty? Not Guilty? Twelve Dancers / Deliberance is the world premiere of a new dance work choreographed by Andy Howitt, with an original score composed by Stephen Deazley. Set in a jury room, 12 strangers come together and during the course of one night slowly and sometimes explosively begin to express their opinions. Is there reasonable doubt? How can they work through conflict to build consensus? Featuring twelve leading male dancers from Scotland whose ages span the decades, and live music, this will be an intensely physical, unique and ground-breaking production. 12 Dancers / Deliberance is a Citymoves Dance Agency and Aberdeen Performing Arts co-production, made possible by funding from Creative Scotland and the PRS Foundation. Part of DanceLive 2012.

His Majesty’s Theatre, Rosemount Viaduct, Aberdeen, AB25 1GL • £15.50 - £24.50 (conc available) • Box Office: 01224 641122 • www.boxofficeaberdeen.com • www.danceaberdeen.org.uk

**Devil’s Advocate**

20 October / 5pm - 6.30pm

Devil’s Advocate sessions are seminars aimed at firing up, challenging, shifting our thinking and continuing the conversation around disabled people in dance in the UK and internationally. Chaired by Caroline Bowditch (former Scottish Dance Theatre’s Dance Agent for Change) this event will involve speakers from across the dance industry who will thrash out what they think ageing bodies bring to dance. The aim is to give space for real discussion about integrated and inclusive dance, addressing some of the myths and the facts about dance and ageing. Come along and join the debate.

Citymoves studio, Aberdeen (located above the Triple Kirks Pub, at the Art Gallery end of Belmont Street) • Free but as space is limited, booking is essential • Box Office: 01224 641122 • www.boxofficeaberdeen.com • www.danceaberdeen.org.uk

**Survival Tactics: Liz Aggiss**

21 October / 7pm

Survival Tactics is a 55-minute solo work. From a glamorous, blonde bombshell in high-heels to a pigeon toed, bow legged, oddball in big pants - Survival Tactics upturns the usual perception of the female stage body on its head and challenges expectations of the ageing body. Part of DanceLive 2012.

Citymoves studio, Aberdeen (located above the Triple Kirks Pub, at the Art Gallery end of Belmont Street) • Free but as space is limited, booking is essential • Box Office: 01224 641122 • www.boxofficeaberdeen.com • www.danceaberdeen.org.uk

**The Agatha Christie Theatre Company present, Murder on the Nile**

25 October / 2pm

Now in its seventh thrilling year, the Agatha Christie Theatre Company presents a stylish new production of the queen of crime’s classic thriller Murder on the Nile. This will be followed by a short post show chat with the cast after the performance.

His Majesty’s Theatre, Rosemount Viaduct, Aberdeen, AB25 1GL • Tickets: 2 for 1, price range £17.50-£20.50 • Box Office: 01224 641122 • Quote ‘Luminate Ticket offer’ • Murder on the Nile • www.boxofficeaberdeen.com
Scrapers and Tooters: Scottish Chamber Orchestra
27 to 28 October / 10.30am-11.45am
Explore the magic of His Majesty’s Theatre and get an insight into its 106-year-old history and inner workings. You will also get the chance to step out onto the HMT stage itself! Participants will be met at the Box Office just prior to the tour start time by our enthusiastic and knowledgeable volunteer guides.
Queen’s Cross Church, Albyn Place, Aberdeen, AB10 1YN
Tickets: £45 / £25
Box Office & Info: 0131 478 8353
www.sco.org.uk/connect

Twelve Dancers / Deliberance outreach workshops
DATE? October / TIME? 12 Dancers/Deliberance will lead workshops with local older people’s groups, exploring themes from this exciting new production. Part of Dance Live 2012.
VENUE? • TICKETS?
www.danceaberdeen.org.uk

Mud Pies, I Spy and Catch Me If You Can...
Angus Arts
21 October / 2pm-4pm
An opportunity to share the stories of childhood now and then. Using games and activities we’ll find different ways of making a big picture that captures the afternoon’s blether. This event brings together children, parents, grandparents and anyone with a childhood, over tea, cake and many memorable moments. Please bring an object that’s important to you.
£3.50 (includes refreshments), with 3s and under free
Box Office: 01674 850842 or 01356 670304/648669
www.angusarts.org

An opportunity to share the stories of childhood now and then.
Unusual Places to Dance (Part 1)

24 October / 3pm, 25 October / 2pm, 26 October / 7pm

Unusual Places to Dance is a new, multi media performance developed by Tricky Hat Productions in partnership with CACE (Older People, Active Lives.). Dance suspends you from being you; you connect when you dance. This is intimate and at the same social. Does that connection change as we age? This performance is the culmination an 18 month project which brings together a group of older people from Cumbernauld, who through music, dance, digital art and theatre, present their own unique stories.

Village Community Hall, The Wynd, Cumbernauld, G67 2ST • Tickets: £2 - £6 • Box Office: 01236 732887 • www.trickyhat.com

Funded by Creative Scotland. Supported by Cumbernauld Theatre. In partnership with CACE.

Jubilee Films: 1952 Cinema Classic Singin’ in the Rain (1952)

27 October / 2pm

In this Jubilee year come along and watch this classic feel good film from 1952 - Singin’ in the Rain (Starring Gene Kelly & Debbie Reynolds) will be followed by a cream tea and a chance to sing along to songs from the musicals.

CatStrand, High Street, New Galloway, DG7 3RN • Tickets: £5/4, plus £2.50 for cream tea • Box Office 01644 420 374 • www.catstrand.com

Creative Arts Festival Day: Age Scotland

30 October / TIME?

A day where older people can come along to see and try their hand at arts and crafts. There will be knitting, painting, floral art, exercise classes to name but a few.

North West Castle, Port Rodie, Stranraer, Dumfries and Galloway, DG9 8EH • Free • Info: 01387 251036

Funded by Supported by Age Scotland.
THAT’s Creative

4 October / 2.30pm
A short film highlighting the positive experience of participants who have the opportunity to take part in supported Creative Engagement featuring Dancing with Dementia, Singing with Chronic Obstructive Pulmonary Disease COPD and DCA Summer School printmaking experience. Tayside Healthcare Arts Trust is an arts and health organisation working in partnership with NHS Tayside, and specialist partners such as DCA, and local agencies. Our participant programmes are delivered all across Tayside.

Hannah Maclure Centre Cinema Dundee, University of Abertay, Top Floor, Abertay Student Centre, 1-3 Bell Street, Dundee • Free


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Senior Citizen Kane: Celebrating Creativity in Older Age

6 October / 15:00
No One But Me
(see p... For further details)
7 October / 14:00
Ping Pong
13 October / 13:00
Arsenic and Old Lace
(see p... For further details)
14 October / 13:00
Gallery Tour, Art Workshop & Blether

DCA’s Senior Citizen Kane is a vibrant group of over 60s who attend screenings and gallery tours on a fortnightly basis at DCA. In addition to our regular scheduled Thursday morning eventsw, we have put together two special weekends of films and activity which throw the spotlight on older people’s engagement with the arts.

DCA, 152 Nethergate, Dundee, DD1 4DY • Screenings: tickets £4.50 conc / £5.50 full price • Gallery tour on 14 October - free • Box Office & Info: 01382 909 900 • www.dca.org.uk

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Luminate at Dundee Rep Theatre’s ‘Whisky Galore’ by Paul Godfrey

25 October / 1:30pm for performance at 2:30pm
Be transported back to the glory days of the radio play. Live from BBC Home Service Edinburgh, Armchair Theatre prepare to present their version of Compton Mackenzie’s Whisky Galore. Join us at Dundee Rep for a special matinee event as part of this year’s Luminate Festival. A special £7 Luminate ticket includes a complimentary tea/coffee at our pre show Making Friends event, the matinee performance of Paul Godfrey’s ‘Whisky Galore’ and a post show chat with the show’s actors.

Dundee Rep Theatre, Tay Square, Dundee, DD1 1PB • Tickets: £7. The £7 ticket offer is available only to older people, as part of the Luminate Festival. Please quote LUM12 when booking your ticket • Box Office: 01382 223 530 • www.dundeerep.co.uk

Dundee Rep is supported by the National Lottery through Creative Scotland and Dundee City Council.
Lana’s Nana: Public Performance, Brunton Theatre

20 October / 7pm

Lana’s Nana is a new play about memories. Written by Colin Bell in collaboration with older people from Dunbar Day Centre and young people from The Brunton Youth Theatre, the play follows Lana as she tries to recaptures the memories her Nana is losing. The performance is visiting community centres throughout October 2012 before a public performance at the Brunton Theatre.

Brunton Theatre Ladywell Way, Musselburgh EH21 6AA • £6.50 for Brunton Show • Box Office & Info: 0131 665 2240 • www.bruntontheatre.co.uk

Supported by Make a Splash! and Friends of Brunton Theatre.

Also touring East Lothian community groups as part of Luminate’s outreach programme:

→ The Corn Exchange, Haddington
→ Bleachingfield Community Centre
→ Dunbar Community Centre, North Berwick
→ Community Centre, Prestonpans

The F word - Libby McArthur’s one woman show on being fifty something!

13 October / 7.30pm

Best known for her role as Gina in BBC Scotland’s national soap, River City, Libby will be performing original material on being Fabulous, Fascinating, Fun, Fit, Fashionable, Frustrated, Faded, Farsical, Faulty, Feeble and Feverish…and Fifty something!

Eastwood Park Theatre, Eastwood Park, Giffnock, East Renfrewshire, G46 6UG • Tickets: £12, Conc & over 50’s: £10 • Box Office: 0141 577 4970 • www.eastwoodparktheatre/boxoffice
**The Guid Sisters**

To 13 October / Evenings: 7.45pm  
Matinees: 2.30pm, Wed & Sat  
No performances Sun & Mon

A co-production between the Royal Lyceum Theatre, Edinburgh and the National Theatre of Scotland. Supported by Bank of Scotland. Pioneering Partnership. By Michel Tremblay translated from the original French Québécois by Bill Findlay and Martin Bowman. Germaine Luzon wins a million Green Shield stamps. Germaine is in for a windfall but the only way she can collect the money is to stick each stamp into a book. Calling upon her family, friends and neighbours to help, the play listens in as this formidable group of women of all ages talk about life, the world and the men in their lives.

The Royal Lyceum Theatre, Grindlay Street, Edinburgh, EH3 9AX • Tickets: £14.50-£29 plus transaction fee • Box Office: 0131 248 4848 • www.lyceum.org.uk

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**Launch of Theatre Club**

13 October / 2pm

The National Theatre of Scotland are trying out a new idea for older people who would like to go to the theatre more, and are interested in forming a group(s) to meet regularly and attend performances across Scotland. If you would like to get involved, why not come along to the first Theatre Company event being held in Edinburgh? Find out more about our plans at a reception at 2pm. Then join us for a performance of The Guid Sisters at 2.30pm followed by an informal post show talk.

The Royal Lyceum Theatre, Grindlay Street, Edinburgh, EH3 9AX • Tickets: £10 • Register your interest and find out more by contacting the National Theatre of Scotland by email info@nationaltheatrescotland.com or telephone 0141 221 0970 • www.nationaltheatrescotland.com

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**My Shrinking Life: The National Theatre of Scotland**

2 & 3 October / Evenings: 7.45pm  
Matinees: 2.30pm, Wed & Sat  
No performances Sun & Mon

Concept by, and featuring, Alison Peebles. Devised by the Company and Directed by Lies Pauwels. Inspired by one woman’s personal journey following a life changing diagnosis. As my disability progresses, the walls of my world close in. People amble, stride, jog and just...walk. It is a gift they don’t know they have, and one I never considered until I began to lose it.

Alison Peebles is one of Scotland’s leading actors, directors and theatre/film makers. She was first ‘unofficially’ diagnosed with MS 12 years ago. Celebratory, irreverent and challenging, My Shrinking Life examines the emotional and physical journey that Alison has been on since that first diagnosis.

Traverse Theatre, 10 Cambridge Street, Edinburgh, EH1 2ED • Tickets: ? • Box Office: 0131 228 1404 • www.traverse.co.uk

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Mortal Memories
4 & 5 October / 7.30pm
Plus daytime outreach performance for a local community group
Presented by Stellar Quines and Luminate. Written by Liz Lochhead. Directed by Marilyn Imrie. A play by Scotland’s Makar, Liz Lochead. The indomitable Nettie Abernethy, widow of the local minister and with a passion for the work of Robert Burns, was a leading light of the Women’s Guild Burns Suppers in the 1970s. Nearly 40 years later she builds an unlikely friendship in her sheltered housing community, as they prepare to celebrate Burns night and share some secrets and memories from the past. A humorous and poignant story which explores the roles memory, poetry and music play in our lives as we age. Mortal Memories will be performed as a rehearsed reading followed by a discussion with Liz Lochhead, writer, and Marilyn Imrie, director.

Scottish National Portrait Gallery, 1 Queen Street, Edinburgh, EH2 1JD • Free, booking required • Booking: 0131 624 6428 • www.nationalgalleries.org

The Black Spot: Gallery Tour
9 October / 11am
Join a tour of The Black Spot, an exhibition by New York based artist Tim Rollins and his collective K.O.S. The exhibition title is from Stevenson’s Treasure Island that has inspired a new work for Talbot Rice. The tour will be led by Curator of Education and Development Zoë Fothergill, supported by Artlink. A portable loop system will be available for visitors who are hard of hearing.

Talbot Rice Gallery/ArtLink, University of Edinburgh, Old College, South Bridge, Edinburgh, EH8 9YL • Free • Booking: 0131 229 3555 / susan@artlinkedinburgh.co.uk • www.trg.ed.ac.uk • www.artlinkedinburgh.co.uk

Memories are Made of This
4 October / 2pm-3pm
A free concert of well-known and loved Scottish songs for groups from care homes or older people’s networks. Performed by musicians Alison McMorland and Geordie McIntyre, there will be the chance for the audience to join in and sing along.

Scottish National Portrait Gallery, 1 Queen Street, Edinburgh, EH2 1JD • Free, booking required • Booking: 0131 624 6428 • www.nationalgalleries.org

Insights & Ideas: Luminate
4 October / 2pm - 4pm
Insights and Ideas is a creative café style meeting place. As part of Luminate: Scotland’s creative ageing festival, this event will focus on individuals, organisations and projects working to increase the number of older people engaging with creative activity, either as participants, audiences or professional artists.

Creative Scotland, Waverley Gate, 2-4 Waterloo Place, Edinburgh EH1 3EG • Free • Info: 0330 333 2000 • www.insightsoctober2012.eventbrite.com

Edinburgh
International Lecture: Presented by Luminate in partnership with the RSA

11 October / 7.30pm

Luminate’s Inaugural Annual International Lecture is given by Tim Carpenter, founder of EngAGE and host/producer of the EXPERIENCE TALKS radio show. EngAGE takes a whole-person approach to creative and healthy ageing by providing arts, lifelong learning, community building and intergenerational programmes to thousands of older people living in affordable senior apartment communities in Southern California. EXPERIENCE TALKS is a radio magazine that shines a light on the value of experience in society. Tim is a thought-provoking speaker who will share his experience of the ground-breaking work he leads in the USA.

Our Dynamic Earth, Holyrood Rd, Edinburgh EH8 8AS • Free but booking essential – details to follow. (Eventbrite booking arrangements being set up by the RSA)

A Creation Myth For Scotland

11 October / 7.30pm

A one hour performance of story, song and pipe music. Storytellers David Campbell and Janis MacKay and piper Alan Macdonald tell an evocative story of how Scotland was created. This performance is for all, and celebrates, in myth, the wisdom, power and beauty of the stages of ages.

Scottish Storytelling Centre, 43-45 High Street, Edinburgh • Tickets: £6/£4 • Box Office: 0131 556 9579

We are Golden!

10 October / 11am - 1pm

Joyful, funny and heartwarming take on the Olympic celebrations by 24 carat, an autonomous choreographic group from the Golden over 60’s class at Dancebase. This 20 minute performance is followed by an interactive fun and easy dance class with the founder of Golden and artistic director of Dance Base, Morag Deyes.

Dance Base, 14-16 Grassmarket EH1 2JU • Free • Info: 0131 225 5525 • www.dancebase.co.uk

Treasures from The Queen’s Palaces – Verbal Description Tour

11 October / 10am

This exhibition brings together some of the finest treasures from the Royal Collection to celebrate The Queen’s Diamond Jubilee in 2012. Detailed descriptions of key works will be given for blind and partially sighted visitors during this special highlights tour. Over 100 works have been brought together from nine royal residences including works by Rembrandt, Leonardo da Vinci, Lucian Freud and Fabergé. Aimed specifically at blind/partially sighted visitors.

The Queen’s Gallery, Palace of Holyroodhouse, Canongate Edinburgh, EH8 8DX • Tickets: £5.50 • Box Office: 0131 557 2500 • www.royalcollection.org.uk
Queen Amang The Heather

13 October / 7.30pm
Rehearsed reading of a new play in development. Written by Sheila Stewart and Christeen Winford. Directed by Liam Hurley. Presented by the Scottish Storytelling Centre and Luminate. Belle Stewart was a Scottish cultural icon, a Scottish Traditional Traveller, feted throughout the world for her unaccompanied ballad singing. In Queen Amang The Heather, we join Belle in her final days as she struggles to cope with dementia. As she pins her memories together she recreates for us the story of an extraordinary life. This is an exciting opportunity to hear a work in progress which is co-written by Belle's daughter, Sheila Stewart.

Scottish Storytelling Centre, 43-45 High Street, Edinburgh, EH1 1SR • Tickets: £9 / £6 • Box Office 0131 556 9579 • reception@scottishstorytellingcentre.com • www.scottishstorytellingcentre.co.uk

Luminate Poetry Slam

14 October / 7.30pm for 8pm start
Scotland has a vibrant poetry scene - from the Islands to the Borders and every conceivable place in between, with performance poetry gathering momentum among all age groups. Slams are a great opportunity to hear a range of performers who compete for a place in the finals. Hilarious, sentimental, bawdy, political, romantic, philosophical - there's no way of knowing until the event starts. Take up the challenge or join the audience. Either way you'll be hooked! Compered by Young Dawkins.

Ghillie Dhu, 2 Rutland Place, Edinburgh, EH1 2AD • Free but tickets must be booked in advance • For entrants: email luminate@agescotland.org.uk with 'Slam Entry' in the subject line • For audience members: phone or visit the Traverse Box Office on 0131 228 1404, 10 Cambridge Street, Edinburgh.

Sonic Walk

15 – 21 October / Tuesday to Friday: 10am – 8pm Saturday: 10am - 1.30pm
An installation created as part of Edinburgh Mela 2012. Composer Niroshini Thambar has been working in collaboration with other artists and a group of older women from Edinburgh’s South Asian communities to create an evocative sound and media installation which you can discover at North Edinburgh Arts during Luminate. SONIC WALK explores the differences between rural and urban life in Scotland and in the group's countries of origin, through recordings and soundscapes, images and film footage.

North Edinburgh Arts Centre, 15a Pennywell Court, Edinburgh EH4 4TZ • Free • Info: 0131 315 2151 • www.northeдинburgharts.co.uk

Supported by Creative Scotland and Scottish Natural Heritage.

‘Katha’ Indian Dance Sharing Event: Dance Ihayami

16 October / 12noon - 3pm
18 October / 11am - 3pm
Scotland’s Indian dance company Dance Ihayami is working with older people throughout Edinburgh. Come and join our sharing event and experience the joys of Indian dance. Our lovely older participants will be sharing their work, and yes, audience participation will be encouraged! There will also be a performance by Dance Ihayami. Daily programme details available at www.danceihayami.org

Stockbridge House, 2 Cheyne Street, Edinburgh EH4 1JB • Free • Info: 07722 071 256 • www.danceihayami.org

Supported by Creative Scotland, Lifecare Edinburgh, Alzheimer Scotland, Eric Liddell Centre.


**Couldn't Care Less: Strange Theatre Company**

17 October / 2pm - 4pm  
*Open research workshop*

Research workshop for people with experience of caring or being cared for. Devised by director Tim Licata, writer Sue Glover and performers Hilde McKenna and Liz Strange. As part of the development of a new play about the relationship between a carer and the person they care for, Strange Theatre are speaking to people with current or past experiences of caring relationships. What they learn from this workshop will help inform the development of the play.

North Edinburgh Arts Centre,  
15a Pennywell Court, Edinburgh,  
EH4 4TZ  •  Free, but tickets for the work in progress presentation should be booked in advance  •  Box Office: 0131 315 2151

Supported by the Scottish Mental Health Arts and Film Festival and North Edinburgh Arts Centre.

26 October / 6pm - 7pm  
*Couldn’t Care Less - work in progress presentation*

Miss Elspeth's School of Dance lies empty. Now Elspeth comes and goes through windows into another world. She tangos through a tangled forest, takes trips to the sea and picnics in a tepee. The doctors say it's Alzheimer's. Elspeth and her daughter Lilly, a reluctant carer, take the first brave steps on a journey of frustration, humour and ultimately love as Lilly learns to dance with the person who is, not the mother who was.

North Edinburgh Arts Centre,  
15a Pennywell Court, Edinburgh,  
EH4 4TZ  •  Free

**Treasures Once Upon A Time:**  
Interactive storytelling for older people with dementia.

**DATES? / TIMES?**

Once Upon a Time workshops inspire imaginations by building a multisensory, immersive environment. Projection, light, taste, touch, sound and smell awaken the senses and create a moment of shared joy. Participants are empowered to respond creatively in any way they choose.

London-based Spare Tyre will spend 2 weeks in residence in Aberdeen and Aberdeenshire, leading 20 workshops across 5 care homes:

• Grandholm Care Home, Aberdeen  
• Tor-na-Dee, Milltimber  
• Rosewell House, Aberdeen  
• Allachburn Care Home, Aboyne  
• Westbank House, Oldmeldrum, Inverurie

www.sparetyre.org

**From The Queen's Palaces - Highlights Tour**

18 October / 10am  
An exhibition of over 100 treasures from the Royal Collection, usually displayed in the Royal palaces and residences. This special tour looks the exhibition highlights including works by Rembrandt, Leonardo da Vinci, Lucian Freud and Fabergé.

An FM portable loop system is available.

The Queen's Gallery, Palace of Holyroodhouse, Canongate, Edinburgh, EH8 8DX  •  Tickets: £5.50  •  Box Office: 0131 557 2500  •  www.royalcollection.org.uk

This event is supported by Artlink.
Hearts & Minds Elderflowers workshop: Keeping the Creativity Alive – Open workshop

19 October / 10am - 1pm

The Hearts & Minds Elderflower programme uses the performing arts to connect to individual dementia patients. During Luminate, Hearts & Minds will run a workshop to demonstrate Elderflowers’ approach. A short presentation and film will be followed by a practical and participatory workshop focused on communication and exploring themes, objects and ideas for connecting with people affected with dementia. This workshop in open to anyone who is interested, including health care workers and relatives.

LifeCare, 2 Cheyne Street, Edinburgh, EH4 1JB • Tickets: £15 • Booking info?

Singing Under Our Breath

20 October / 1pm

A sharing of the creativity of people with dementia by way of celebration. Presented by John Killick and Ishbel McFarlane.

Scottish Poetry Library, 5 Critchton’s Close, Cannongate, Edinburgh, EH8 8DT • Tickets: £7/£5 • Box Office: 0131 557 2876 • www.scottishpoetrylibrary.org.uk

Cuppa Screenings at the Hippodrome: Falkirk Community Trust

1, 8, 15, 22, 29 October / 11:00am doors, café open from 10:15am

The Hippodrome cinema in Bo’ness is Scotland’s oldest purpose built picture palace. We are open six days per week, all year, screening the best major new releases, classics and rare archive films. Our weekly “Cuppa” screenings every Monday morning include a coffee/ tea + cake in your ticket price.

The Hippodrome, 10 Hope Street, Bo’ness, EH51 0AA • Cuppa Screenings £5.85 (includes tea/ coffee + cake) / £2.90 film only, otherwise tickets are £5.85 / £4.55 concession unless otherwise stated • Box Office: 01324 506850 • www.falkirkcommunitytrust.org

Falkirk Community Trust gratefully acknowledges the support of Falkirk Council.

Strictly Fun Afternoon Dance / Ballroom Dance

17 October / 2pm

19 October / 8pm

You’re never too old or too young to enjoy a swish across our dance floor to the live syncopated sounds of John Findlay on the keyboards. Catch up with friends, enjoy some refreshments from the café bar or simply relax and enjoy the atmosphere.

Falkirk Town Hall, Westbridge Street, Falkirk Council, FK1 5RS • Box Office: 01324 506850 • Tickets?

www.falkirkcommunitytrust.org
Award-winning theatre company Nutshell’s new play, Thread, is a darkly funny play exploring friendship and who we become when our memories start to fade. Come roll your dice at the church hall beetle drive and share Joan, William and Izzy’s tangled lives, living in the secure but suffocating embrace of a 1950s Scottish seaside community. Venues across Fife:

**Thread by Nutshell**

1 October 12.30pm: **Baldridgeburn Community Centre, Dunfermline**
2 October 2pm: **Abbeyview Community Centre, Dunfermline**
3 October 7.30pm: **Rothes Halls, Glenrothes**
4 October 7.30pm: **Adam Smith Theatre, Kirkcaldy**
5 October 7.30pm: **Lochgelly Centre, Lochgelly**
6 October 7.30pm: **Carnegie, Hall, Dunfermline**
8 October 1.30pm: **Bowhill Community Centre, Cardenden**
October 2.00pm: **Buckhaven Community Centre**

**Storytelling: Jamie Stuart**

1 October / 1pm
Author Jamie Stuart, at 92 years, has been a wireless operator air gunner in WWII, a Scottish Champion athlete, a professional actor, author of several books including a Number 1 Scottish bestseller, a social worker and evangelist. He tells the story of his dramatic life with insight and humour.
Riddrie Library, 1020 Cumbernauld Road, Glasgow G33 2QF • Free • Info: 0141 276 0690

**Scottish Ballet Luminate Workshop**

2 October / 2.30pm - 4pm
A dance workshop which offers a gentle introduction to ballet with live musical accompaniment, exploring elements of Scottish Ballet’s autumn season and suitable for those with no experience of ballet.
Tramway, Albert Drive, Glasgow, G41 2PE • Free but advance booking recommended • Booking & Info: 0141 331 6285 • www.scottishballet.co.uk

Scottish Ballet is supported by the Scottish Government

**Tickets:** £8.00 / £5.00 • Box Offices: Adam Smith Theatre - 01592 583302 / Carnegie Hall - 01383 602302 / Lochgelly Centre - 01592 583367 / Rothes Halls - 01592 611101 • www.onfife.com • www.nutshelltheatre.co.uk

www.luminatescotland.org

www.luminatescotland.org
**Bird Yarns**

5 to 28 October / Monday - Saturday: 10.30am - 5pm & Sunday: 12noon - 5pm

Over 80 terns, made from Ardalainish wool from Mull and from recycled plastic, will arrive at The Lighthouse seeking shelter. Bird Yarns celebrates the feats of the Arctic tern, and reflects on the plight of migratory sea birds affected by environmental and climate change. The result of a collaboration between artist Deirdre Nelson and an international community of knitters, Bird Yarns is part of Sea Change (Tionndadh na Mara), a Cape Farewell programme of expedition, residencies, events and exhibitions across the islands of Scotland. The project was a partnership with An Tobar in Tobermory. Visit the website or call for details of a Knit and Natter event which will take place during Bird Yarns.

*The Lighthouse, Scotland's Centre for Design & Architecture, 11 Mitchell Lane, Glasgow, G1 3NU • Info: 0141 276 5365 • information.thelighthouse@glasgow.gov.uk • www.thelighthouse.co.uk*

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**Lifeguard**

5 to 27 October

Created and performed by Adrian Howells. A National Theatre of Scotland and The Arches co-production. In collaboration with Mike Brookes, Minty Donald, Rob Drummond, Jane Mason, Nick Millar and Nichola Scrutton. Adrian Howells is creating an intimate, immersive theatrical experience at the derelict Govanhill Baths in Glasgow. His performance will invite audiences to engage with their memories of swimming pools and their relationships with water. Govanhill Baths, a Georgian swimming pool and wash house were closed 11 years ago and are now looked after by Govanhill Baths Community Trust whose aim is to preserve and conserve the baths for the public benefit.

*Govanhill Baths, Glasgow • Tickets tba • Booking tba*

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**Stitch-n-Time**

2, 9, 23 and 30 October / 10am - 12noon

A four day exhibition targeted at four local primary schools following a four month needlecraft project with older Scottish and Asian women. The display of the craft work will be accompanied by a cross generational puppet making workshop for the school children, focussing on the anniversary of Punch and Judy.

*Nan McKay Community Hall, end of St Johns Road, Glasgow, G41 5SR • Free • Info: 0141 429 5370*

*Supported by Age Scotland.*

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**Silver Sambistas**

4, 11, 18, 25 October / 7pm - 9pm

Learn funky Brazilian drumming in this four week course. Participants will learn two samba pieces and get to try a range of percussion from the big bass surdos to melodic agogo bells. No experience or past participation is required. All abilities catered for. Fun guaranteed!

*Crypt Café, Wellington Church, Southpark Avenue, Glasgow G12 8LE • 4 week course: £30 • Info: 07817 419723 / 01360 771 879 • www.biggroovepromotions.co.uk*

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**Luminatescotland.org**

Glasgow
In the Spotlight: Celebrating Deaf Creativity

6 to 12 October / 10am - 4pm
As Deaf Connections celebrates our 190th birthday we would like you to join us in celebrating Deaf creativity. Deaf Connections provides activities for Deaf adults such as patchwork, decoupage and card making. These groups are not only a great way to socialise but a chance to unleash some creative flair.

Deaf Connections, 100 Norfolk Street, Glasgow, G5 9EJ • Free, donations to Deaf Connections welcomed • Info: 0141 420 2812 • www.deafconnections.co.uk

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Artist talks at Street Level Photoworks

9 October / 6pm
**Susie Rea on ‘Super Vivere’**
‘Super Vivere’ looks at the lives of the oldest old, and involved Rea travelling to various locations in Europe and the UK to photograph brothers and sisters over the age of 90. A book to accompany the exhibition has recently been published by Blackstaff Press.

9 October / 7pm
**Colin Gray on ‘The Parents’ & ‘In Sickness and in Health’**
Colin Gray began to take photographs of his parents in the 1960s when he was 5 years old. Over the next three decades he documented his parents loving, working, homemaking and playing. ‘In Sickness and in Health’ forms the final stages of ‘The Parents’ series. Begun in 2000, it shows his parents deterioration and ultimately his mothers’ death.

23 October / 6pm
**Katherine Green on ‘1948 Olympians’**
Katherine Green is a social documentary photographer, whose work often focuses on the idea of community and what makes or bonds communities. The Olympics were last held in London in 1948, when the city was recovering from war. During the past few years Green has been meeting with, photographing and recording interviews with the British Olympic Team from the 1948 Olympics. Her work is included as part of National Portrait Gallery’s Road to 2012 project.

23 October / 7pm
**Alison Marchant on ‘Living Room’ and other projects**
Marchant will discuss a number of her research installations involving oral history and photography, including the demise of ‘Manor Gardens’ Olympic Development destruction of a 100 year old allotment, and ‘House’, her Glasgow installation which involved work with the Govan Reminiscence Group in an installation in a derelict tenement flat near the River Clyde.

1 November / 6pm
**Aidan Kelly on ‘INK’**
Last year the Bealtaine Festival, Ireland’s nationwide celebration of creativity in older age, commissioned photographer Aidan Kelly to create an exhibition of original photographs of older people with tattoos. Tattoos can be a sign of belonging or rebellion; they can commemorate someone dear or be an expression; they can be signs of service, servitude or even imprisonment. Gently revealing, they are lasting reminders of time and place, deliberate ink engraved into skin for a lifetime.
Ceilidh Club
15 to 19 October / 10.30am
A series of four storytelling and singing workshops culminating in a traditional ceilidh on the morning of Friday 19 October at Platform, Easterhouse, where, in a relaxed setting, participants can share their stories and songs. Ceilidh Club is open to anyone of retirement age and older living in the East End of Glasgow and beyond.
Platform, The Bridge, 1000 Westerhouse Road, Glasgow G34 9JW • Free • Advance booking recommended via Platform Box Office 0141 276 9696, option 1
Supported by Creative Scotland pARTNers programme.

Getting Old – What’s aw that about?
15 October / 7.30pm
A bittersweet blend of comedy and poignancy in short screenings exploring ageing; an elderly couple prepare a special dinner, a lost man struggles through hostile streets, an elderly amputee Mrs Lees tries to retain her independence despite the myriad carers who attend her. Screening followed by post film discussion.
Centre for Contemporary Arts (CCA), 350 Sauchiehall Street, Glasgow, G2 3JD • Tickets: £5/£3 • Info: 07716 658 896 • www.cca-glasgow.com
Supported by CCA.

School Reunion at The Gatehouse
16 October / 2.30pm - 4pm
The Gatehouse writers and drama group stage a show annually and this year they are creating a comedy about a class reunion. It’s 50 years since these former pupils have met up. Will they recognise each other? What has happened in the intervening years?
Glasgow City Halls, Candleriggs, Glasgow, G1 1NQ • Free • Booking essential • Booking & Info: Kirsty White, Glasgow Life, 0141 287 9845
Supported by Age Scotland and Glasgow Life.

Elderglee
18 October / 2pm - 5pm
Anyone aged 55 of over is invited to have a go at singing two songs from the hit TV show, Glee at this afternoon singing workshop. No singing experience required – just a willingness to give it a go!
Glasgow Music Studios, 709 Osborne Street, Glasgow, G3 • Tickets: £15 participants / £5 Observers • Info & tickets: 07792 643934

www.luminatescotland.org
I See You
19 October / 7.30pm
20 October / 2.30pm & 7.30pm
Belgian dance theatre company Kabinet K presents a piece aimed at 9 year olds and upwards, which weaves a tender game between the generations. Choreographed by Joke Laureyns and Kwint Manshoven, I See You is a poetic diptych about watching and being watched. Each part is danced by a child, an older person and one of the choreographers. Does looking carefully bring us closer together or further apart? Does a 9 year old see the same as a 60 year old?
Tramway, 25 Albert Drive, Glasgow, G41 2PE • Tickets: £10 / £7 • Box Office: 0845 330 3501 • info@tramway.org

Alasdair Gray: Short Stories
20 October / 2.00pm
Alasdair Gray is an artist and writer who lives and works in Glasgow. His work has been celebrated in books, exhibitions, public commissions and festivals and has influenced many a younger artist of which he is still a contemporary. Alasdair Gray will read a selection of his short stories which look at the subject of ageing.
Kelvingrove Art Gallery & Museum: Conference Room, Argyle Street, Glasgow G3 8AG • Free • Advance booking recommended • Info & Booking: 0141 287 9845

Common Wheel's Big Bang Bash
23 October / 2pm-3.30pm
The Big Bang Bash is a celebration of our music groups with older people in care. A chance for regular participants to make a joyful noise as part of the bigger group. This event is also open to other groups and individuals who would like to try drumming and singing together.
Campbell House, Gartnavel Royal Hospital, 1055 Great Western Road, Glasgow, G12 0XH • Free • Info: 0141 211 0668 • Katherine@commonwheel.org.uk

The Guid Sisters
23 to 27 October / 7.30pm
Matinees 24 & 27 October 2.30pm
A co-production between the Royal Lyceum Theatre, Edinburgh and the National Theatre of Scotland Supported by Bank of Scotland Pioneering Partnership. By Michel Tremblay translated from the original French Québecois by Bill Findlay and Martin Bowman. Germaine Luzon wins a million Green Shield stamps. Germaine is in for a windfall but the only way she can collect the money is to stick each stamp into a book. Calling upon her family, friends and neighbours to help, the play listens in as this formidable group of women of all ages talk about life, the world and the men in their lives.
The National Theatre of Scotland at The Kings Theatre, Glasgow • Tickets: £10 - £29.50 • Box Office: 0870 060 6648 • www.atgtickets.com/venues/kings-theatre
50 and Counting
25 October / 12noon
The Portal Seniors’ Film Club presents an upbeat and exciting film celebrating the creative opportunities available to people as they age. The film highlights the group’s own experience and achievements and explores the benefits of being creative in older age.
Glasgow Film Theatre, 12 Rose Street, Glasgow, G3 6RB • Free • Info: 0141 445 1666 • www.theportalgovan.org

Launch of Theatre Club
27 October / 2pm
The National Theatre of Scotland are trying out a new idea for older people who would like to go to the theatre more, and are interested in forming a group(s) to meet regularly and attend performances across Scotland. If you would like to get involved, why not come along to the first Theatre Company event being held in Glasgow? Find out more about our plans at a reception at 2pm. Then join us for a performance of The Guid Sisters at 2.30pm followed by an informal post show talk.
Kings Theatre, Glasgow • Tickets: £10 • Register your interest and find out more by contacting the National Theatre of Scotland by email info@nationaltheatrescotland.com or telephone 0141 221 0970 • www.nationaltheatrescotland.com

Intergenerational JukeBox - The Launch: Ankur Productions
27 October / 3pm
This event launches a three-month project exploring the music intergenerational migrants brought with them to Glasgow. This workshop is an invitation to join the project and tell stories about the role music has played in creating Diaspora.
Billiard Room at the Pearce Institute, 840-860 Govan Road, Govan, Glasgow, G51 3UU • Free • Info: 0141 559 4935 • www.ankuproproductions.org.uk Supported by Creative Scotland.

Harold and Maude
5 to 28 October / Monday - Saturday: 10.30am - 5pm & Sunday: 12noon - 5pm
Theatre Jezebel and Glasgay! bring you the Scottish premiere of Colin Higgins’ stage play of the cult 1971 movie Harold and Maude. Harold is a 19 year old rich kid bored with wealth and obsessed with death. Maude is a 79 year old widow who takes the best from any situation, even funerals. Harold meets Maude at a funeral and their extraordinary friendship begins to blossom.
Harold and Maude is an eccentric yet beautiful love story full of dark humour, which is as meaningful to today’s audiences as it was 40 years ago when this cult story hit the cinema screens.
Tron Theatre, 63 Trongate, Glasgow, G1 5HB • Tickets: £7 - £15 • Box Office: 0141 552 4267 • www.glasgay.com • www.tron.co.uk Supported by Creative Scotland.
**The Big Singaround**

1 October / 1.30pm - 3.30pm
An opportunity for older people to enjoy community singing. Singing for Pleasure and The Silver Belles will be featured, and also results of a songwriting competition. Refreshments included.

**Creative Minds Film and Talk**

3 & 4 October / 1.30pm - 3.30pm
Creative Minds is a joyful and moving film showing how puppetry, art, singing and story-making boosts communication, confidence and relationships in care settings. Karrie Marshall of Creativity In Care will give a talk about the importance of positive interactions for people living in care homes, staff and relatives.

3 October: Presidential Suite, Mercure Hotel, Church Street, Inverness
4 October: Community Centre, Dunrobin Street, Helmsdale

Please see Luminate website for additional dates to be confirmed. Tickets: £7/£5. Info: 07716 111585, www.creativityincare.org.uk

This event is in conjunction with 'Golden Times' and is supported by Age Scotland.

**Victoria Hall of Fame**

3 & 4 October / 1.30pm - 3.30pm
An exhibition of poignant portraits showing nine Cromarty residents who were teenagers in the Ross-shire coastal town during the Second World War. The images show contemporary portraits of the octogenarians interwoven with photographs and artefacts depicting their lives and loved ones from the 1940s. To complement the exhibition, Highland Print Studio is providing workshops to local groups on photogravure, which is a lovely way of printing a photographic image using traditional etching techniques. Keeping with the reminiscence theme, participants will bring along an object or photograph that has special significance to them and take portraits of each other with their possession. They will then expose the images onto a photosensitive plate and print them using traditional inks and etching press.

Highland Print Studio, 20 Bank Street, Inverness IV1 1QU

Supported by Scotland Unltd and Millennium Scotland.

**My Shrinking Life**

5 & 6 October
Concept by, and featuring, Alison Peebles. Devised by the Company and Directed by Lies Pauwels. Inspired by one woman’s personal journey following a life changing diagnosis. As my disability progresses, the walls of my world close in. People amble, stride, jog and just...walk. It is a gift they don’t know they have, and one I never considered until I began to lose it. Alison Peebles is one of Scotland’s leading actors, directors and theatre/film makers. She was first ‘unofficially’ diagnosed with MS 12 years ago. Celebratory, irreverent and challenging, My Shrinking Life examines the emotional and physical journey that Alison has been on since that first diagnosis.

The National Theatre of Scotland at Eden Court Theatre, Inverness

Box Office: 01463 234234, www.eden-court.co.uk

My Shrinking Life is revenue funded by Creative Scotland and Highland Council. Project funded by Big Lottery Fund.
Acting Masterclass: Voice Production
7 October / Time tbc
A masterclass for performers which is also suitable for anyone who wants to develop their voice. Actor and speech therapist Mary MacAlpine will help you warm up and protect your voice, and teach you how to project. For actors, Mary will work on audition techniques and offer one-to-one feedback. Bring a pre-prepared speech (no more than 2 minutes long) to practise with.

Eden Court Theatre, Bishop’s Road, Inverness IV3 5SA
Tickets: £20
Box Office: 01463 234234
www.eden-court.co.uk

The Force and Form of Memory
13 October to 10 November
To 31 October:
Mon to Sat / 9am - 5pm
From 1 Nov:
Thur to Sat / 10am -5pm
Exhibition curated by Compass Gallery. The Force and Form of Memory exhibits Scotland’s best artists’ responses to the theme of memory: its affects, how it manifests itself and the consequences of memory loss. The exhibition stimulates and inspires by raising awareness of the importance of our memories for recording our experience and forming our identity.

Inverness Museum and Art Gallery, Castle Wynd, Inverness IV2 3EB
Info: 01463 237 114
www.inverness.highland.museum

Supported by Alzheimer Scotland.

The Extraordinary Ordinary: Celebrating The Force and From of Memory
16 October / 10am - 11:30am
Workshop I, a workshop for assistants who accompany people with learning disabilities.
23 October / 11am - 12:30pm
Workshop II, a workshop for people with learning disabilities and those who assist them taking part together, in pairs.
The Extraordinary Ordinary offers participants the opportunity to experience ‘The Force and Form of Memory’ exhibition and to create responses to the exhibition, in sound and image.

Inverness Museum and Art Gallery, Castle Wynd, Inverness IV2 3EB
Tickets: Free, booking required
More Info and to book: in person at the Museum, by phone on 01463 237 114, or by email to cait.mccullagh@highlifehighland.com
www.inverness.highland.museum

Re-Collecting Home
20 October to 10 November
To 31 October:
Mon to Sat / 9am - 5pm
From 1 November:
Thur to Sat / 10am -5pm
Thinking of ‘home’ evokes diverse ideas and meanings. Re-Collecting Home brings people’s memories, life-experience, insights and creative responses together with items from the museum’s collections and the photographic archives. This exhibition, curated by members of the Highland Hospice Community through a series of workshops in October, celebrates unique contributions to our understanding of creating home, throughout every life passage.

Inverness Museum and Art Gallery, Castle Wynd, Inverness IV2 3EB
Free
Info: 01463 237 114
www.inverness.highland.museum
Scottish Ensemble
Tea Dance
28 October / 2pm
An afternoon of ballroom classics from 20s, 30s, 40s and dancing with musicians from the Scottish Ensemble. Choose your partners and be transported to a golden age of palm court orchestras, afternoon tea and gorgeous gowns.

Bishop’s Palace, Eden Court, Bishop’s Road, Inverness IV3 5SA
• £12 includes tea and cake • Box Office 01463 234 234 •
www.eden-court.co.uk

Supported by Creative Scotland.

18, 19 & 20 October / 10am – 4pm
Impact Arts’ groundbreaking Craft Cafe takes to the road, and will pop-up in ANCHO Hub in Irvine for 3 days. A chance for people to take part in arts and crafts activities in their local communities, working with professional artists and accompanied by a cup of tea.

ANCHO Hub, 42A Hunter Drive, Irvine, KA12 9AT • Free •
Info: 0141 575 3001 •
www.impactarts.co.uk
Laughter Yoga & Drama with NLStudio

18 & 25 October / 7pm - 9pm
Come and join North Lanarkshire’s very own adult mixed ability drama group and take part in some exciting new workshops in Laughter Yoga and Drama. All abilities welcome.
Bellshill Cultural Centre, John St, Bellshill, ML4 1RJ • £4 per workshop payable on arrival • Booking & info 01236 812200 • www.northlanarkshire.gov.uk/artsinaction

It’s Only Words: A rehearsed reading

2 October / 2.30pm
Written by Sylvia Dow. Directed by Muriel Romanes. Starring Edith MacArthur. Presented by Grayscale and Stellar Quines. A woman has locked herself in a public toilet. A toilet full of graffiti. You could almost classify them, like in a library. Though a lot would be in the pornography section. Not that she’s ever seen that in a library of course… Sylvia Dow will lead a playwriting workshop at Perth Theatre on 2 October at 7pm.
Perth Theatre, 185 High Street, Perth, PH1 5UW • Free • Info: 01738 621 031 • info@horsecross.co.uk • www.horsecross.co.uk

It’s Only Words: Playwriting workshop

2 October / 7pm
Join Sylvia Dow for a friendly and relaxed playwriting workshop. Sylvia will introduce writers to the craft of playwriting, helping you with the nuts and bolts of how to sustain a story and deliver a full length play. Sylvia Dow’s radio play, It’s Only Words, is being performed during the afternoon at Perth Theatre.
Perth Theatre, 185 High Street, Perth, PH1 5UW • Free • Info: 01738 621 031 • info@horsecross.co.uk • www.horsecross.co.uk

north lanarkshire

www.luminatescotland.org

www.luminatescotland.org
Arsenic and Old Lace
3 October to 3 November
Immortalised in the 1944 film by Cary Grant, Joseph Kesselring’s hilarious black comedy is one of the most popular plays in the history of American theatre and proved a favourite with Pitlochry audiences in 1990 and 2002.

Pitlochry Festival Theatre, Port Na Craig, Pitlochry PH16 5DR • Tickets: £26-£32.50, £2.50 off matinees for senior citizens • £17.50 for disabled badge holders • Group booking available • Box Office: 01796 484 626 • www.PitlochryFestivalTheatre.com

Time To Paint
6 October / 10am - 4pm
7 October / 12noon - 4pm
An exhibition of paintings in various media produced by Perth U3A. The exhibition features work of all standards and subject produced by people who now have Time To Paint. This will be the first time that many of the artists exhibiting have had an opportunity to exhibit.

The Mission Hall, St Matthew’s, Tay Street, Perth • Free • Info: 01337 827 637 • www.perthu3a.org.uk

THAT’s Creative
11 October / 2.30pm
A short film highlighting the positive experience of participants who have the opportunity to take part in supported Creative Engagement featuring Dancing with Dementia, Singing with Chronic Obstructive Pulmonary Disease COPD and DCA Summer School printmaking experience.

Tayside Healthcare Arts Trust is an arts and health organisation working in partnership with NHS Tayside, and specialist partners such as DCA, and local agencies. Our participant programmes are delivered all across Tayside.

Norrie Miller Studio, Perth Concert Hall, Mill Street Perth • Free

Dalginross House Pop Up Exhibition
19 – 22 October
An exhibition of arts and crafts created by the residents of Dalginross House care home in 2012 with the guidance of Remake Scotland artists. This pop up event will take place in the village of Comrie at a surprise location!

Free • Info: 07505 576 361 • www.remakescotland.co.uk


www.luminatescotland.org
**Travelling Tales Celebration**

26 October / 2pm - 4pm
Part of Tell A Story Day, a Scottish Storytelling Festival and Luminate event. Led by Claire Hewitt, storyteller. As part of the national Tell A Story Day, this celebration of Highland Perthshire’s rich storytelling and storymaking tradition will bring together the generations. Stories will be shared by the young creators of the recent Story Cycle initiative from 6 local rural schools, their parents and grandparents, and local heritage and community groups. This is also a chance to hear the amazing tale of the 1890’s Story Quilt, and to find out about a new Friendship Story Quilt project.

Moulin Village Hall near Pitlochry, Perthshire • Info: 01887 820339 • www.clairehewitt.co.uk

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**Inspiring Landscapes: Forth Community Resource Centre**

12 September to 9 October / 10am - 5pm daily
Inspiring Landscapes is a community-wide arts project based in Forth which interprets the surrounding rural landscape through wool crafts and tapestry, digital photography and creative writing. This exhibition gives a stunning snapshot of the project and a flavour of the skills gained by local people.

Visitors’ Centre, New Lanark, New Lanark Mills, Lanark, ML11 9DB • Free • Info: 01555 811002 • www.inspiring-landscapes.co.uk

*Inspiring Landscapes is presented in partnership with the New Lanark Visitor Centre*
Greenhouse Gallery: Artlink Central
15 October to 16 November
A riot of colour installed in miniature greenhouses, the ‘Greenhouse Gallery’ brings the garden indoors. The culmination of a year-long arts programme between Artlink Central and NHS Forth Valley, the project is designed for those older people in healthcare settings who no longer have access to a garden. Accompanied by ‘Seasoned’, a collaborative exhibition of work of artists and participants created in Dementia settings. The work will be a combination of film, photographic representations of work and images created by artists and participants.

Ultra Violet
20 October / 3.30pm (preview)
28 October / 4pm
31 October / 6pm
A new community dance theatre presented by macrobert, Luminate and Barrowland Ballet. The performance is the result of a macrobert residency with dance artist Natasha Gilmore who will be working with a range of performers of different ages. Ultra Violet explores the shifts of change as we move through the cycles of life and celebrates the joy of connecting across generations.

Dementia Friendly Arts
31 October / 10am - 5.30pm
This day-long symposium will offer opportunities for artists and arts organisations to share examples of inspiring partnerships, to debate issues around support for dementia-related creative activity, and to discover ways in which artists can develop meaningful ways of engagement. The programme will feature speakers including Professor June Andrews from the Dementia Services Development Centre at the University of Stirling as well as presentations by artists and healthcare professionals.

www.luminatescotland.org
Big Sheep Symposium

20 October / Time tbc
In 1966 renowned film-maker Margaret Tait released the film Caora Mor - The Big Sheep - which was shot in Helmsdale and Navidale. This symposium will include a screening of the film, poetry readings and talks by invited speakers from Helmsdale who remember Tait’s visit in the 60s, as well as speakers from further afield. 
Community Centre, Dunrobin Street, Helmsdale KW8 6JA • £3 / children under 12 years free • Box Office: 01431 821327 • www.helmsdale.org
Supported by the Scottish Community Foundation and Creative Scotland.

Pop-up Craft Cafe

11, 12 & 13 October / 10am - 4pm
Impact Arts’ groundbreaking Craft Cafe takes to the road, and will pop-up in the Age Scotland Shop in Bathgate for 3 days. A chance for people to take part in arts and crafts activities in their local communities, working with professional artists and accompanied by a cup of tea.
Bathgate: Age Scotland Shop: 4a George Place, Bathgate, EH48 1NP • Free • Info: 0141 575 3001 • www.impactarts.co.uk

Rhythm for Life

22 October
1pm-3pm
Rhythm for Life, a celebration of Drake Music Scotland’s work with Day Centres in West Lothian.
3.30pm-5.30pm
Figurenotes Music Workshops - learn to play keyboards, guitars and drums led by Finnish education specialists Kaarlu Uusitalo and Markku Kaikkonen.
6.30pm-7.30pm
Performance by Riskiryhmä
An afternoon of music performance and workshops celebrating the creativity of older people. Featuring Drake Music Scotland’s Rhythm for Life project involving participants from West Lothian Day Centres, and including practical workshops. The day will finish with a memorable performance by Riskiryhmä, a rock band from Finland, formed by women over 70.
£6/£4 for the evening performance • Workshops are free but must be booked in advance via the Howden Park Centre Box Office • Box Office Howden Park Centre, Howden, Livingston, West Lothian, EH54 6AE • 01506 777666 • box.office@westlothian.gov.uk • www.drakemusicscotland.org

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Memory Books
25 to 31 October / 10am to 6pm, Mondays to Saturdays
Memory Books aims to create an interactive tool to trigger and stimulate memories and experience based on the format and nature of ceilidh culture. Visitors will be able to see the book created for this exciting project, and Education and Exhibitions Assistant Jon Macleod will be available on Tuesdays and Fridays to talk about the project and answer questions.
An Lanntair, Kenneth Street, Stornoway, Isle of Lewis, Western Isles HS1 2DS • Free • Info: 01851 703307
Supported by The Baring Foundation.

Luminate film tour: Arsenic & Old Lace preceded by a Scottish short film
In Luminate's inaugural film tour, Arsenic and Old Lace starring Cary Grant will visit venues across Scotland, preceded by Scottish short film (short to be confirmed).

On the eve of his wedding, theatre critic Mortimer Brewster discovers that his eccentric aunts are hiding a sinister secret...they murdered the lonely gentlemen who visit their Brooklyn boarding house. Mortimer tries to conceal their crimes by blaming the harmless Teddy - who thinks he's Theodore Roosevelt and is digging the Panama Canal in the cellar - but his plans are scuppered by the arrival of another sinister relative. A much loved black comedy made by Frank Capra in 1941, and based on the popular American play by Kesserling.

Luminate 2012 offers the opportunity to see the film at various venues, and the play at Pitlochry Festival Theatre.

2 October / 12.45pm
Glasgow Film Theatre, Rose Street, Glasgow • £4 / £3 cinecard • Box Office: 0141 332 6535 • www.glasgowfilm.org

3 October / 1pm
Edinburgh City Council’s “Get Up And Go” 2012 launch event at the Filmhouse, 88 Lothian Road, Edinburgh • Free but tickets must be booked in advance • The screening is immediately followed by the Get Up and Go Awards Ceremony, and then by nibbles and a glass of wine in the bar area in celebration of all the awards • Box Office 0131 529 7791 • getupandgo@edinburgh.gov.uk

3 October / 1pm
10.45am (Coffee Club – doors
open at 10am) Robert Burns Centre Film Theatre, Mill Road, Dumfries • Tickets: £6.90 (£5.20 concessions) – includes coffee and a traybake • Box Office: 01387 264808 • www.rbcft.co.uk

8 October
Filmhouse, 88 Lothian Road, Edinburgh • Tickets: £7.50/£5.50 • Time tbc (depends on choice of short) • Box Office: 0131 228 2688 • www.filmhousecinema.com

11 October / 2pm
CatStrand, High Street, New Galloway, Castle Douglas • Tickets: £5 / £4 • Box Office: 01644 420374 • Info: www.catstrand.com • info@catstrand.com

13 October / 10.30am
DCA, 152 Nethergate, Dundee • Tickets: £5.50 / £4.50 • Box Office/Info: 01382 909 900 • www.dca.org.uk

22 October / 11am
Cuppa Screening (doors/cafe open at 10.15) • Hippodrome, 10 Hope Street, Bo’ness • Tickets: £5.85 includes tea/coffee and cake; £2.90 without refreshments • Box Office 01384 506850

25 October / 6.00pm
Eden Court Theatre, Bishops Road, Inverness • Tickets: £5-7.50 • Box Office 01463 234234 • www.eden-court.co.uk

28 October
macrobot, University of Stirling, Stirling • Tickets: 4.80-£5.75 • Box Office: 01786 466 666 • www.macrobot.org

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National Theatre Live - Last of the Haussmans
11 October / 7.00pm
A performance of Stephen Beresford’s new play The Last of the Haussmans, broadcast live to cinemas from the National Theatre on London’s South Bank. All-day drinking, infatuations, resentments and free love collide in this blackly funny drama. Julie Walters plays Judy Haussman, with Rory Kinnear and Helen McCrory as her wayward children, in a new production written by Stephen Beresford and directed by Olivier Award-winner Howard Davies.

Cinemas throughout Scotland:
Aberdeen Union Square: www.cineworld.co.uk 08712002000
Belmont Picturehouse www.picturehouses.co.uk 08717042068
Bo’ness Hippodrome www.falkirk.gov.uk/hippodrome 01324 506850
Dundee Contemporary Arts www.dca.org.uk 01382 909 900

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Dunfermline Odeon www.odeon.co.uk 08712244007
The Cameo, Edinburgh www.picturehouses.co.uk 08717042068
Pavilion Cinema, Galashiels www.picturehouses.co.uk 01896 752767
Glasgow Film Theatre, Glasgow www.gft.org.uk/content 0141 332 6535
Heart of Hawick www.heartofhawick.co.uk 01450 360680
Perth Playhouse www.playhouseperth.co.uk 01738 623126
Additional venues to be announced
£15 (concessions available at some venues) • www.ntlive.com

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www.luminatescotland.org
No One But Me: CONNECTFilM

No One But Me is an uncompromising and honest portrayal of living a creatively fulfilling life from three to eighty three. A feature documentary that follows artistic maverick jazz legend Annie Ross, through 8 decades of rebellion, jazz love and drugs... from Glasgow to Hollywood, Paris to New York, No One But Me is an inspiring portrait of the creative life and how to survive it.

4 October
Robert Burns Centre Film Theatre, Mill Road, Dumfries • Box Office 01387 264808 • www.rbcft.co.uk

6 October
DCA, 152 Nethergate, Dundee • Box Office: 01382 909 900 • www.dca.org.uk

16 & 17 October
Glasgow Film Theatre, Rose Street, Glasgow • Box Office: 0141 332 6535 • www.glasgowfilm.org

28 October
Eden Court Theatre, Bishops Road, Inverness • Box Office: 01463 234234 • www.eden-court.co.uk

31 October / 7.30pm
macrobot, University of Stirling • Box Office: 01786 466 666 • www.macrobot.org • www.noonebutme.co.uk

Tell A Story Day: Old and Young

26 October
The Scottish Storytelling Festival and Luminate are collaborating on Tell a Story Day 2012. Run your own storytelling event using our special resources. Wise or wicked, brave or fearful, heroes and villains, old and young. Traditional stories bridge the generations, and show how we share the same emotions and challenges. So why not have your own storytelling event and bring your community, workplace or families closer together through the power of stories, old and young? Free • For more information and support in organising your event, contact: Davide Panzeri, 0131 652 3272 • davide@scottishstorytellingcentre.com • www.scottishstorytellingcentre.co.uk/festival/tasd.asp

www.luminatescotland.org
Online projects by Street Level Photoworks

Throughout October:
’The Olympia’
A collaboration project between Chris Leslie, Clyde Gateway, Glesca Pals group, and Street Level Photoworks. This participatory photography project involving a group of local retired residents of the East End, marked the redevelopment of the Olympia Theatre which originally opened in 1911 as a music hall, then a cinema, bingo hall, and furniture showroom. Using oral testimonies, archive photographs and recent photography, the theme of this audio-visual work is a celebratory one, marking the regeneration of an area by bringing disused buildings back into community use. [Link to project website]

Chris Leslie ‘The Old Men’s Club’
A collaboration project between Chris Leslie, Street Level Photoworks, Springburn Old Men’s Club. Funded by North Glasgow Arts and Regeneration Network. Chris Leslie says of this project: “I was commissioned in 2009 by Street Level Photoworks to work on a community photography project in the north of Glasgow. For the past 3 months I have been documenting and working with an old mens club who meet in Springburn Park. The club meets in the historic Mosesfield House, a former museum and reading room that has since been a lifeline and haven for elderly and retired men since 1946 in the form of Springburn Old Mens Club…. The end result is a short documentary film about not only the history of the house and their club but also the bonds and friendships that have kept the club going for the past 60 years, whilst all around them in Springburn has changed.” [Link to project website]

Once Upon A Time: Interactive storytelling for older people with dementia.
Once Upon a Time workshops inspire imaginations by building a multisensory, immersive environment. Projection, light, taste, touch, sound and smell awaken the senses and create a moment of shared joy. Participants are empowered to respond creatively in any way they choose. London-based Spare Tyre will spend 2 weeks in residence in Aberdeen and Aberdeenshire, leading 20 workshops across 5 care homes. [Link to project website]
Live Music Now - performance tour of care homes and community groups

Live Music Now is a UK-wide charitable organisation that gives performing and training opportunities to outstanding young professional performers, who take their performances to a range of community settings including schools, hospitals and care homes. As part of Luminate, musicians will perform in the following venues:

**Shetland**
- Walter and Joan Gray Home, Scalloway
- Edward Thomason House, Lerwick
- Viewforth House, Lerwick
- North Haven Care Centre, Brae
- Taing House, Lerwick
- Wastview Care Home, Walls

**Orkney**
- St Colm’s Day Centre, Orkney
- St Peter’s House, Stromness
- Smiddybrae House, Dounby
- St Rognvalds House, Kirkwall

**Edinburgh**
- Morlich House, Edinburgh
- Women’s Fellowship, Gorgie Parish Church
- Fords Road Home, Edinburgh
- Portobello Women’s Rural, Edinburgh

The Live Music Now ensembles who will be visiting older people’s groups and care homes during Luminate are:

- Orkadian fiddle player Kirstan Harvey and her accompanist Tina Rees;
- Arunda, a trio of music graduates from conservatoires in Glasgow, London and Marseille;
- Singer Jemma Brown, joined by Maryham Sherhan on piano;
- Triple Strings, who are visiting from Munich as part of Live Music Now’s international exchange programme;
- Nikola Kyosev and Silviya Mihaylova, who first met when

**Highland Reminiscence: Fèis Rois**

Wyvis House Care Home, Dingwall; Isobel Rhind Centre, Invergordon; Mackenzie Day Dentre, Inverness; New Craigs Hospital, Inverness; Isle View Care Home, Aultbea.

Music written for string quintet and percussion by Fèis Rois musician in residence, Fraya Thomsen, inspired by the conversations and stories shared in care homes and day centres for the elderly across Highland during her community music sessions. Performed by Fraya and 5 Ross-shire teenagers the piece will tour the community settings which inspired the piece and will be followed by participative music and song sessions involving residents and attenders.

Info: 01349 862600 • www.feisrois.org

This project is funded by the Jubilee People’s Millions.

**Illuminating Inverness**

Wyvis House Care Home, Dingwall; Isobel Rhind Centre, Invergordon; Mackenzie Day Dentre, Inverness; New Craigs Hospital, Inverness; Isle View Care Home, Aultbea.

Through a series of workshops during Luminate the Merkinch community will contribute to Inverness Museum and Art Gallery’s next exhibition, by sharing memories, experience, insights and stories together with items from the museum’s collections and the photographic archives. The planned exhibition will celebrate the community’s invaluable contribution to increasing understanding of the city’s past. The resulting exhibition opens 17 November - 10 December

Inverness Museum and Art Gallery, Castle Wynd, Inverness, IV2 3EB • Info: 01463 237114 • www.inverness.highland.museum

This project is funded by the Jubilee People’s Millions.
Music in Hospitals and Glasgow Arts present ‘Arty Party’ and ‘Thank You for the Music’

Arty Party and Thank you for the Music are live concerts, performed by professional musicians, for older people in specially selected care units in Glasgow. Arty Party will take place at the City Halls Recital Room, and is open to an invited audience from Glasgow care organizations. Thank You for the Music will take place in the following care homes and day centres: Golfhill Care Home, Merrylee Lodge Care Home, Hamiltonhill Day Centre, Mallaig Road Day Centre.

Info: 0131 556 5848 • www.musicinhospitalsscotland.org.uk

Little Bit of Magic Flute
Scottish Opera take their bite-sized performances of Little Bit of Magic Flute to care homes, sheltered housing communities and older people’s groups across Scotland as part of Luminate’s outreach programme. These 20 minute tasters are designed to pop-up in unexpected places and feature a flutist, harpist, opera singer, story teller and hand-drawn illustrations to bring Mozart’s comic masterpiece to life.

NG Homes, North Glasgow; Castle Rock Edinvar Housing Association, Dunbar • www.scottishopera.org.uk

Still Dancing
Still Dancing is a company of older dancers that was formed in 2010 by Dance House. This project takes them into community care settings in Glasgow, where they will perform a vibrant piece of dance created earlier this year, and lead workshops inspired by the choreography.

Battlefield Day Care Centre, Glasgow, The Gatehouse, Glasgow, One more tbc • www.dancehouse.org

An Imaginary Line from Here to There
Art in Hospitals

Artists are working with frail older people in care homes in collaboration with a writer and photographer, to create a series of “washing lines” of images and text to express older people’s thoughts and feelings through art. This is the launch of a year-long project, which will begin during Luminate at Greenfield Park Care Centre. It may be possible for interested individuals to visit by prior arrangement • Enquiries should be made to 0141 211 6344 • info@artinhospital.org • www.artinhospital.org

Supported by Creative Scotland, The Baring Foundation, NHS Greater Glasgow & Clyde, Glasgow Life, HC-One, Care Home Company.
thanks

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