A Festival for Everyone: We want Luminate to be accessible to everyone. Where audio description, sign language interpretation and assistive listening systems are available they will be clearly marked with each listing.

For detailed access information and to discuss your requirements please contact venues directly. Contact information is provided with each listing.

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**Getting to Luminate events**

Public transport information is available from Traveline:  
[www.travelinescotland.com](http://www.travelinescotland.com)  
Or call 0871 200 22 33 – press 3 when you hear the greeting.

Artlink offers an escort service to help people with a disability enjoy the arts in the Edinburgh area.  
Visit [www.artlinkedinburgh.co.uk](http://www.artlinkedinburgh.co.uk) or call 0131 229 3555 for more information.

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**Stay in touch with Luminate**

Visit our website:  
[www.luminatescotland.org](http://www.luminatescotland.org)  
To sign up for our e-newsletter and be the first to receive Luminate news.

You can contact us by email at [luminate@agescotland.org.uk](mailto:luminate@agescotland.org.uk) or call us on 0131 668 8066.

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**We're on Twitter & Facebook!**

Find Luminate Scotland on Facebook and connect with us on Twitter [@LuminateScot](https://twitter.com/LuminateScot) to find out more about the festival and discover events taking place across the country.
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Welcome to Luminate, Scotland’s creative ageing festival.
I am delighted that this October will once again see a nationwide celebration of our creativity as we age, and I hope you will find something to inspire you in our programme.

The festival includes many activities by and for older people as well as those that will appeal to people across the generations. Watch home-grown puppets and international performers; try ballet or samba; hear Ian Rankin talk and Jackie Kay read; visit graffiti in West Lothian or site-specific installations on Shetland. This is just a glimpse of what’s on offer, and you should check your regional pages to find out what’s happening near you.

My thanks go to the artists, cultural organisations and communities who have once again responded to Luminate with enthusiasm and imagination. Special thanks also to the Luminate participants who have brought this brochure to life by selecting their personal highlights from this year’s programme. Have a look for their suggestions of things you might like to try. Creativity has no age and I hope you will join us this October to discover a wealth of enjoyable and exciting creative experiences!

Anne Gallacher
Luminate Director
How to use this Brochure

All the events in this brochure are listed by region and then by date, making it easy to plan your festival and find all the activities taking place in your area.

Many of our events are completely free with no ticket required – just turn up on the day. For those that do require a booking, you’ll find all the details you need underneath each listing.

To help you find what you’re interested in quickly we’ve included the following symbols:

- **E** Exhibition
- **F** Film
- **I** Insight
- **P** Performance
- **T** Take Part

**Please note:** events marked as outreach are not open to the public.
Across Scotland

In addition to individual events happening in local areas, the programme features projects that are touring across the country.

Among these is the return to Scotland of Theatre Ad Infinitum's award-winning show *Translunar Paradise*, a sell-out production at the Edinburgh Fringe Festival in 2011 and since then a hugely successful global touring show. This exquisite piece of mask and movement theatre will take you on a journey of life, death, and enduring love.

In 2012, photographer Susie Rea visited Luminate to talk about *Super Vivere*, a project featuring images of brothers and sisters in their 90s from across Europe. We are delighted that Susie, and this memorable exhibition will visit two venues during this year's festival.

Our film tour highlights the increasing influence of older cinemagoers and older artists in this often youth-orientated business. We’ve selected two films – *The Best Exotic Marigold Hotel* and *This is Martin Bonner* – that have something to say to all of us about dealing with age and the ageing process.

Plutôt La Vie and Strange Theatre have collaborated on *Couldn't Care Less*, presented as a work in progress during Luminate last year. Developed in partnership with carers in Edinburgh, the production can be seen in local venues but also from anywhere in the world when the performance is streamed live on the internet from Edinburgh's Traverse Theatre on Friday 18 October. See page 78 for details of how to watch.

Other tours take Luminate to care homes and day centres across Scotland, including Puppet State Theatre Company who will perform across Tayside, and Live Music Now whose new commission from composer Bill Sweeney will be premiered in the Western Isles.

Check your regional pages to find the touring programme in a venue near you.
Older Arts at the Acorn  
E Free

1 - 31 October / Tue - Sat / 10am - 4pm
An exhibition of work by independent older artists, offering an opportunity to exhibit in the local community.
Acorn Centre Café, West High Street, Inverurie, AB51 3SA • 01261 812276
www.theacorncentre.org
Part of the Gordon Forum for the Arts Value of Age Festival
Supported by Age Scotland

Altered Books Workshop  
T Free

1 October / 6pm - 9pm
A free workshop of creative exploration with Edinburgh-based artist Isabell Buenz where disused and unwanted books will be transformed into sculpture and works of art. Learn how to use cuts and folds to create unique and beautiful pieces that can be as simple or as complicated as you choose to make them. No experience is required and all ages are welcome.
Mearns Academy Library, Aberdeen Road, Laurencekirk, AB30 1ZJ
01561 378817
Everybody Dance Now  
2, 9, 16 and 23 October  
11am - 12pm (Elgin)  
2pm - 3pm (Lossiemouth)  
Bodysurf Scotland presents a new programme of dance and movement sessions for over 60s. Taught by dancer Cath Giles, these fun and sociable sessions offer the chance to learn a new skill and discover your passion for dance. No experience required, just come on down and get moving!  
Elgin Sports Hall and Community Centre, Trinity Road, IV30 1UE  
Lossiemouth Sports Hall and Community Centre, Coulardbank Road, IV31 6JW  
www.bodysurfscotland.co.uk  
01309 691661  
Part of the Moray Feelgood Festival  
Funded by MCHSCP Creative and Caring Moray and Moray Active for Life partnerships

Third Stage: Dig This  
4 - 26 October  
Opening event 4 October: 6pm - 8pm  
then Tue - Sat: 12pm - 4pm  
Third Stage over 60s art group have created their own design label with textile artist Deirdre Nelson. Using Woodend Barn's allotments as inspiration, they have created digital prints which feature on a range of products that will be launched during this exciting exhibition. Browse the images and textiles that showcase the project's development and make one of the group's limited edition prints your very own.  
Woodend Barn, Burn O Bennie, Banchory, AB31 5QA • www.woodendbarn.co.uk  
01330 826520  
Supported by Awards for All and Luminate

Creative Skills Showcase  
9 October / 10am - 3pm  
An artist-led event featuring high quality, inspiring work by older professional artists and community groups. There will be a diverse range of skills on show - from installations to traditional and contemporary crafts.  
Inverurie Town Hall, The Square, Inverurie, AB51 3SN • 01651 891396  
www.gordonforum.co.uk  
Part of the Gordon Forum for the Arts Value of Age Festival

Picnic Knits and Crochet Cakes  
2 & 9 October (adults) /  
16 & 23 October (under 14s)/  
Exhibition: 25 October - 1 November  
Workshops: 3pm - 5pm  
Exhibition: 3pm - 7.30pm,  
Mon, Wed & Fri, 10am - 12.30pm Tue & Sat  
Join Kemnay Knit and Natter group at Kemnay Library to create knitting and crochet items on a picnic theme - from simple blankets to more intricate cupcakes and teapots. The group is open to all ages and current members range from 25 to 85. All work will be donated to charity after the exhibition.  
Kemnay Library, Kendal Road, Kemnay, AB51 5RN • 01467 643906
Outdoor Photography Workshop

10 October / 10am - 4pm
For older people interested in photographing the great outdoors, this workshop will include time in the Bennachie Centre and outside in the beautiful woodlands, led by tutors from Donside Camera Club who will offer advice on composition and balance. Please bring your own camera and wear suitable shoes.
Bennachie Centre, Chapel of Garioch, Inverurie, AB51 5HX • Booking essential 01467 681470 • www.aberdeenshire.gov.uk/rangerservice/Bennachie
Supported by Aberdeen Council Ranger Service; Part of the Gordon Forum for the Arts Value of Age Festival

Angus - Weaver of Grass

14 October / 7pm
Raised on South Uist, Angus MacPhee’s life is a tale of lost traditions, mental illness, and magical hats made of grass that were “stunning like sunbursts”. Featuring beautiful Gaelic singing and grass replicas by Joanne B Kaar. “Physical, emotional and aural beauty... their collective artistry is awesome” (The Stage).
Elgin Town Hall, 1 Trinity Place, Elgin, IV30 1UL • £10 / £8 /£6 • 01343 562600
Presented by Horse + Bamboo

Older People’s Information Marketplace

15 October / 11am - 3pm
Discover the diverse cultural activities, events and services available for older people in Aberdeenshire. Free tea, cake and a blether!
Inverurie Town Hall, The Square, Inverurie, AB51 3SN • 01261 812276
www.gordonforum.co.uk
Part of the Gordon Forum for the Arts Value of Age Festival
Supported by Age Scotland

Doric Storytelling

16 October / 2.30pm - 3.30pm
Join writer and performer Debbie Leslie, recently writer in residence for Aberdeenshire Libraries, to share an afternoon of stories at the Acorn Cafe.
Acorn Centre Café, West High Street, Inverurie, AB51 3SA • 01261 812276
www.theacorncentre.org
Part of the Gordon Forum for the Arts Value of Age Festival

We Are the Future

17 October / 10am - 3pm
An exciting and engaging day of creative debate and workshops around the value of age. Led by artist Merlyn Riggs with entertainment from the Bennachie Singers.
Inverurie Town Hall, The Square, Inverurie, AB51 3SN • 07771 824155
www.gordonforum.co.uk
Part of the Gordon Forum for the Arts Value of Age Festival
Philosophy Café:
Role Reversal: are children becoming more adult like and adults more childlike?

17 October / 2pm - 3.30pm
The Philosophy Café would like to invite you to an afternoon of discussion and debate. Open to anyone interested in stimulating discussion, no prior knowledge required. Refreshments provided.
Fraserburgh Library, King Edward Street, Fraserburgh, AB43 9PN
Tickets £3 • 01346 518197
www.thephilosophycafe.org
In association with Aberdeenshire Libraries and Aberdeen University

Couldn’t Care Less

21 October / 7pm
22 October / 1.30pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.
21 October: Buckie Community High School Auditorium, West Cathcart Street, Buckie, AB56 1QB
22 October: Elgin Town Hall, 1 Trinity Place, Elgin, IV30 1UL • Booking essential • Call Quarriers Elgin on 01343 556031

Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Also part of the Scottish Mental Health Arts and Film Festival
Presented by Strange Theatre and Plutôt La Vie
“This exquisite piece of mask and movement theatre was a multi-award winning sell-out at the Edinburgh Festival Fringe 2011.”

Translunar Paradise

22 October / 7.30pm
After his wife’s death, William escapes to a paradise of memories. From beyond the grave, Rose performs one last act of love: to help him let her go. Using a live accordion accompaniment, this exquisite piece of mask and movement theatre was a multi-award winning sell-out at the Edinburgh Festival Fringe 2011. Stage Award winners 2009, Total Theatre Award Nominees 2008/10. Suitable for ages 12+.

The Lemon Tree, 5 West North Street, Aberdeen, AB24 5AT • £8.50/£6.50 seniors, also available as part of the Dance Live pass - visit www.dancelive.org.uk for details www.boxofficeaberdeen.com 01224 641122
In association with Aberdeen Performing Arts and Dance Live
Presented by Theatre Ad Infinitum

luminatescotland.org
Poets in Care

A performance of music and poetry specially for care homes and sheltered housing in and around Inverurie. Poets Shannon Hassan and Kenneth Stevens and guests will share their original words, rhythms and stories.

Pleyfauld Sheltered Housing and Blythewood Home, Inverurie
Part of the Gordon Forum for the Arts Value of Age Festival

Making Sense of Wellbeing

A shared workshop experience involving residents from a sheltered housing community in Aberdeen aimed at building self-confidence, self-reliance and resilience through imaginative and playful creative engagement with unrelated everyday items and media.

Taransay Court Sheltered Housing, South Sheddocksley
Thanks to Taransay Court Residents Committee and Aberdeen City Council
Facilitators: Gordon Burnett and Carole Gray

Theatre Ad Infinitum Dance Workshop

Theatre Ad Infinitum, the company behind *Translunar Paradise* at the Lemon Tree on 22 October, will also run a workshop for Citymoves’ older dancers.

Care: Create: Connect

Aberdeenshire Council’s arts and dementia initiative Create:Connect will be extended into care homes and sheltered housing, supported by Luminate and Aberdeenshire’s Arts Development team. Led by creative practitioners Geoff Roberts, Kevin Andrew Morris, Andrea Turner, Mhairi Allan, Anna Shirron and Sarah Wakeford, residents, carers and staff will have opportunities to explore exciting participatory workshops and performances in painting, dance, singing, sculpture and mixed media.

Lythe Home, Buckie
Pleyfaulds House, Inverurie
Durnhythe, Portsoy
Alexander Scott Eventide Home Hospital, Huntly
Muirhead Care Home, Alford
Edenholme Care Home, Stonehaven
Balmedie House, Balmedie
Kirkton House Nursing Home, Westhill
Abbey Court Very Sheltered Housing, Mintlaw
Susie Rea’s *Super Vivere* exhibition (page 46 and 66) is accompanied by the book *Super Vivere: Reflections on Long Life and Ageing Well* co-authored with Dr Maeve Rea, telling the stories of brothers and sisters in their 90s through interviews and portraits.

"Old books are the perfect metaphor for older people, whose contribution to our knowledge is often overlooked. Give an old book a new lease of life and celebrate ageing through sculpture."

Susie Rea
“Ageing is what we recognise in others, not in ourselves. The self-deprecating sense of humour, optimism and adaptability, twinned with a feisty independence, of the characters in *The Best Exotic Marigold Hotel* and *This is Martin Bonner* resonates with the real life stories Susie and I have encountered of the siblings in their 90s.” Maeve Rea

Maeve recommends...
The Luminate Film Tour, across Scotland
**Couldn’t Care Less**

24, 29, 30 October & 2 November / 2pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.

Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Also part of the Scottish Mental Health Arts and Film Festival
Presented by Strange Theatre and Plutôt La Vie

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**24 October:**
Corran Halls Studio Theatre, 54 Corran Esplanade, Oban, PA34 4AB • By donation, booking required • 01631 567333

**29 October:**
Ardrishaig Public Hall, Chalmers Street, Ardrishaig, PA30 8EY • Tickets £5/Free for concessions and over 65
[www.ardrishaigpublichall.org.uk](http://www.ardrishaigpublichall.org.uk) 01546 606808

**30 October**
Dunoon Grammar School, Ardenslate Road, Kern, Dunoon, PA23 8LW • Free, no booking required

**2 November**
Hermitage Academy, Cardross Road, Helensburgh, G84 7LA • Free, booking required alison@argyllvoluntaryaction.org.uk

“...a dark, surreal, funny and moving story of two women whose lives are disappearing.”
International Day for Older People: Showcasing Activity Centres and Arts Café

1 October / 10.30am - 3pm
An open day event celebrating International Day for Older People. Browse the stalls to discover the opportunities on offer at Older People’s Activity Centres in South Ayrshire and find out more about our Arts Café, a six month project aimed at reducing isolation and loneliness through arts and crafts.

Ayr Community Church, 59 John Street, Ayr, KA8 0BS • 01292 280338 • www.voluntaryactionsouthayrshire.org.uk

Arts Café funded by NHS Ayrshire and Arran

No Proof of Age Required

Throughout October, see opposite
Celebrate Luminate 2013 with Irvine’s Harbour Arts Centre. During October, No Proof of Age Required showcases a range of events from films and music to theatre and exhibitions, aimed at older people and the wider local community.

Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ • 01294 274059 www.ticketweb.co.uk
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Description</th>
<th>Ticket Information</th>
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<tbody>
<tr>
<td><strong>Morning Movie</strong></td>
<td>3, 10, 17, 24 &amp; 31 October / 10am for a 10.30am start</td>
<td>Classic films every Thursday morning during Luminate. 3 October: <em>The Glen Miller Story</em>, 10 October: <em>Some Like it Hot</em>, 17 October: <em>Casablanca</em>, 24 October: <em>12 Angry Men</em>, 31 October: <em>Marx Brothers Double Bill.</em></td>
<td>Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ • 01294 274059 • <a href="http://www.ticketweb.co.uk">www.ticketweb.co.uk</a></td>
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<tr>
<td><strong>Linwood No More</strong></td>
<td>4 October / 7.30pm</td>
<td>New Year’s Day 2000, almost 20 years since the Chrysler car factory closed, devastating the village of Linwood. One of the 9000 jobless - now a homeless alcoholic - awakens to the new millennium and reflects on the events that changed his life. He takes us on a nostalgic, humorous and often harrowing journey through his life in the town of Linwood and the factory that is no more. Starring Vincent Friell.</td>
<td>Tickets £9/£7 • Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ 01294 274059 • <a href="http://www.ticketweb.co.uk">www.ticketweb.co.uk</a></td>
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<tr>
<td><strong>Tommy Truesdale and the Sundowners</strong></td>
<td>5 October / 7.30pm</td>
<td></td>
<td>Hear one of Scotland’s renowned and legendary bands play a wide selection of 60s and 70s music, including everything from rock ‘n’ roll to country. Expect golden oldies by Elvis, Buddy Holly, Kenny Rogers, Johnny Cash, The Drifters and many more.</td>
<td>Tickets £8/£6 • Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ 01294 274059 • <a href="http://www.ticketweb.co.uk">www.ticketweb.co.uk</a></td>
</tr>
<tr>
<td><strong>Talent on Tour</strong></td>
<td>15 October / 2pm - 3.30pm</td>
<td>A concert from the ladies of the 24-strong Broomlands and Bourtreehill Community Singers as part of their Talent on Tour showcase. The group, who are all over 65, have been in great demand since forming in early 2012. Come along and sing along to some of your favourite songs from the 50s and 60s. Tea and coffee available at a small charge.</td>
<td>Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ 01294 274059 • <a href="http://www.ticketweb.co.uk">www.ticketweb.co.uk</a></td>
<td></td>
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</tbody>
</table>
Sunday Jazz with the New Orleans Joymakers

20 October / 2pm - 4.30pm
Enjoy a swinging afternoon of authentic New Orleans jazz music from one of Scotland’s finest traditional jazz bands.
Tickets £8/£6 • Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ 01294 274059 • www.ticketweb.co.uk

Celebrating When…

25 - 29 October / 11am - 3pm
Step back in time and join Lou and Sandy for a party in their 60s teenage bedroom. Show off your 60s dance moves, sing along to the hits of the day and watch clips of your 60s TV favourites. A fantastic nostalgic trip for all children of the 60s.
Harbour Arts Centre, 114-116 Harbour Street, Irvine, KA12 8PZ • 01294 274059 • www.ticketweb.co.uk

Craft Café Open Day

8 October / 10am - 4pm
Join Craft Café for our Luminate Open Day across Glasgow and North Ayrshire. Work alongside professional artists to learn new creative techniques in our bespoke artist studio. Meet new people in your local area and discover the joy of learning new creative activities.
Impact Arts, 60 Bank Street, Irvine, KA12 0LP • www.impactarts.co.uk 0141 575 3001
Funded by Cassiltoun Housing Association, Elderpark Housing Association, Parkhead Housing Association and NHS Ayrshire and Arran

Older Folk: Opportunities in Retirement Ayr Folk Music Group

15 October / 7pm
OIR Ayr’s Folk Music Group is a talented gathering of older musicians who play together regularly under the leadership of Pat Kane. They are delighted to be playing their first gig at Ayr’s Basement Coffee House. With a complement of fiddlers plus guitarist, mandolin, keyboards and singers, the programme features jigs and reels, folk songs past and present and cracking stories from Douglas Bocock, the group’s resident 90-year old storyteller.
The Basement Coffee House, 13 Old Bridge Street, Ayr, KA7 1QA
Tickets £4 (BYOB) • 01292 284525 www.thebasementayr.com
An OIR Ayr production in partnership with The Basement Coffee House for Luminate 2013
Celebration of the Achievements of Older People

21 - 31 October / Tue - Sat, 10am-1pm & 2pm-5pm
An exhibition of the art, crafts and photographic work that some of North Ayrshire Heritage Centre’s older residents are producing as a result of workshops funded by the Re-Shaping Care Fund, including examples of intergenerational work with local schools.

North Ayrshire Heritage Centre, Manse Street, Saltcoats, KA21 5AA
01294 464174
A partnership between North Ayrshire Community Development and the Heritage Centre

Marjorie Richardson:
An Illustrated History of the Theatres of Ayr and Seven Months in Italy with ENSA

23 October / 7pm - 8.15pm
Marjorie Richardson brings her film-based reminiscences of her life to the stage - as a child actor with her father as “Archie Aiers and The Nipper”, as an Entertainments National Service Association armed services performer and as part of the Ayr Gaiety Whirl. She has written and produced the production as well as dubbing sound and editing film footage – all the result of training at Ayr College where Marjorie and her husband Harry have the accolade of being the College’s oldest computer students!

Ayr Gaiety Theatre Studio, Carrick Street, Ayr, KA7 1NU • Tickets £12/£10
01292 288235 • www.ayrgaiety.co.uk
An OIR Ayr production in partnership with Ayr Gaiety for Luminate 2013
This is Martin Bonner

2 October / 6pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford's Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A). Preceded by short film: Friend Request Pending. Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)

Tickets £6.30/£4.70 • Robert Burns Centre Film Theatre, Mill Road, Dumfries, DG2 7BE • 01387 264808 www.rbcft.co.uk

Angus - Weaver of Grass

2 October / 7pm
Raised on South Uist, Angus MacPhee's life is a tale of lost traditions, mental illness, and magical hats made of grass that were “stunning like sunbursts”. Featuring beautiful Gaelic singing and grass replicas by Joanne B Kaar. “Physical, emotional and aural beauty... their collective artistry is awesome” (The Stage).

Tickets £7.50 • Bladnoch Distillery, Wigtown Book Festival www.wigtownbookfestival.com 01988 403222

Presented by Horse + Bamboo

luminatescotland.org
The Best Exotic Marigold Hotel

3 October / 10.45am
This colourful, life-affirming comedy about seven cash-strapped Brits seeking happiness in a retirement resort in India was a huge success. With an all-star cast including Judi Dench and Maggie Smith, it split film critics over its warm but honest representation of life after sixty. A chance to discover, rediscover or share with friends. (John Madden/UK/2012/124min/Cert 12A)

Preceded by short film: Lochgelly Old Age Pensioner’s Drive to Crook O’ Devon. An early outing - complete with charabanc - offers an old-fashioned vision of old age. (UK/1928/6min/B&W/Silent)

Tickets £7.10/£5.40 • Coffee club screening: includes coffee & traybake
Robert Burns Centre Film Theatre, Mill Road, Dumfries, DG2 7BE
01387 264808 • www.rbcft.co.uk
Black and White Photography Hands-On Taster

1, 8, 15, 22 & 29 October / 10am - 1pm
Organised specially for Luminate, this taster session will show you how to make a print from a black and white negative. Bring your own if you have one and watch it come to life. An opportunity to explore your creativity and relive some photographic memories using traditional darkroom techniques. All materials are provided.
Stills, 23 Cockburn Street, EH1 1BP
Tickets £5 per session, booking essential • 0131 622 6200
www.stills.org

Digital Photography Demystified

2, 16, 23 & 30 October / 10am - 1pm
Explore new ways to unleash your creativity in this digital photography taster session. Designed specifically for Luminate audiences, we will demystify how to process your photographs in the digital world. We will guide you, step by step, through several stages that will enable you to create an online photo-album that can be shared with friends and family. All materials are provided.
Stills, 23 Cockburn Street, EH1 1BP
Tickets £5 per session, booking essential • 0131 622 6200
www.stills.org

Away with the Fairies

2 - 12 October / Mon - Sat 10am - 6pm
An exhibition of fairies and magical story creatures painted by Fiona Mather, and complemented by a ‘wellbeing woodland’ created as part of the SEASONS Wellbeing Project with the Marionville Care Home. These workshops celebrated storytelling, nature and the power of creativity whatever our age.
Scottish Storytelling Centre, 43-45 High Street, EH1 1SR • 0131 556 9579
www.scottishstorytellingcentre.co.uk
Thanks to our community partners, the Scottish Storytelling Centre and the Royal Botanic Garden Edinburgh

Curtain Raiser on Dark Road with Ian Rankin

2 October / 6pm - 7pm
A unique opportunity to hear Ian Rankin talk about the inspiration behind his first ever stage play Dark Road and the process of working with Lyceum Theatre Artistic Director, Mark Thomson on taking the story from the page to the stage.
Royal Lyceum Theatre, 30b Grindlay Street, Edinburgh, EH3 9AX • Talk £10/£8 • see the performance at 7.45pm for the special combined price of £28: tickets must be booked together quoting ‘Luminate Ticket Offer’
0131 248 4848 • www.lyceum.org.uk
Insights and Ideas: Luminate

3 October / 2pm - 4pm
Insights and Ideas is a creative café-style meeting place. For Luminate, this event will focus on individuals, organisations and projects working to increase the number of older people engaging with creative activity, either as participants, audiences or artists.

Creative Scotland, Waverley Gate, 2-4 Waterloo Place, EH1 3EG
www.oct13insights.eventbrite.com
0330 333 2000

Jess Meets Angus / Andrew Meets...

4 - 5 October / 7.30pm
German company resistdance, choreographed by Artistic Director Silke Z., presents two dance theatre episodes from The Generation Project, exploring the challenges of our later lives.
American dancer Jess Curtis and Scottish actor/performer Angus Balbernie share the wisdom, honesty and nagging aches and pains of men over 50; and performance artist Andrew Morrish considers the process of ageing through 60-plus eyes. Suitable for ages 14+. Jess Meets Angus contains strong language.

The Studio, Festival Theatre, 13-29 Nicolson Street, EH8 9FT
Entrance on Potterow
Tickets £11/£8 • 0131 529 6000
www.edtheatres.com
The performance on 5 October will be BSL interpreted.
Presented in association with Dance Base: National Centre for Dance
Angus - Weaver of Grass
5 October / 3pm and 7.30pm
Raised on South Uist, Angus MacPhee’s life is a tale of lost traditions, mental illness, and magical hats made of grass that were “stunning like sunbursts”. Featuring beautiful Gaelic singing and grass replicas by Joanne B Kaar. “Physical, emotional and aural beauty... their collective artistry is awesome” (The Stage).
Scottish Storytelling Centre, 43-45 High Street, EH1 1SR • Tickets £10/£8
www.scottishstorytellingcentre.co.uk
0131 556 9579
Presented by Horse + Bamboo

The Best Exotic Marigold Hotel
7 October / 5.45pm
This colourful, life-affirming comedy about seven cash-strapped Brits seeking happiness in a retirement resort in India was a huge success. With an all-star cast including Judi Dench and Maggie Smith, it split film critics over its warm but honest representation of life after sixty. A chance to discover, rediscover or share with friends.(John Madden/UK/2012/124min/Cert 12A)
Filmhouse, 88 Lothian Road, EH3 9BZ
Tickets £8.20 / £6 • 0131 228 2688
www.filmhousecinema.com

Gallery Social
7 October / 10.15am - 12pm
25 October / 10.15am - 12pm
A relaxed and informal guided tour for individuals with dementia and their relatives, friends or supporters. The tour will explore highlights from the national collection, beginning with refreshments in the learning centre. Participants will have the chance to share ideas for future sessions at the National Galleries of Scotland.
7 October: Scottish National Portrait Gallery, 1 Queen Street, EH2 1JD
25 October: Scottish National Gallery, The Mound, EH2 2EL • 0131 624 6560
www.nationalgalleries.org
Drop-in event

Blue Lotus
see page 29
The Creative Arts and Dementia in Scotland Today featuring ‘Picture on the Mantlepiece’

8 October / 6.30pm - 8.30pm
Hear a live performance of Picture on the Mantlepiece, a charity song by Edinburgh-based band Einstein’s Wardrobe which was the result of a project working with people affected by dementia, and then watch an open mic showcase of other talent or take part yourself. A chance to discover how groups around Scotland are using the arts to inspire creativity in people with dementia.

Anderson Strathern, 1 Rutland Court, Edinburgh, EH3 8EY • 0131 300 0599
www.homeinstead.co.uk/edinburgh
Presented by Anderson Strathern and Home Instead Senior Care

Couldn’t Care Less

11 October / 7.30pm
12 October / 2pm
17 October / 8pm
18 October / 2.30pm & 8pm
19 October / 8pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.

11 - 12 October: North Edinburgh Arts Centre, 15a Pennywell Court, EH4 4TZ • £8/£5/£3 NEA Good Neighbours • 0131 315 2151
www.northedinburgharts.co.uk
17 – 19 October: Traverse Theatre, 10 Cambridge Street, EH1 2ED £15.50/£12.50/£8 • 0131 228 1404
www.traverse.co.uk

Couldn’t Care Less will be streamed online live from the Traverse on Friday 18 October. See page 78 for more details

Developed with the support of Creative Scotland, Luminate, The Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland

Also part of the Scottish Mental Health Arts and Film Festival

Presented by Strange Theatre and Plutôt La Vie

luminatescotland.org
Close Encounters of the Third Age: Representing an Ageing Society in the Cinema

12 October / 10.30am
British Film Institute statistics indicate that the power of older audiences is increasing. Cinema audiences are seeing more substantial roles for older artists, from Judi Dench as a widowed housewife seeking fulfilment in *The Best Exotic Marigold Hotel*, to Emmanuelle Riva’s Oscar-nominated performance in *Amour*. But how accurately do these roles represent older people today? What messages do these films give about ageing? And do younger audiences relate to characters with a life beyond 60? Join this lively discussion with industry professionals and moviegoers of all ages.

**Filmhouse, 88 Lothian Road, EH3 9BZ • Tickets £4/£3 including tea/coffee • 0131 228 2688**

www.filmhousecinema.com

Living Memory: Empowerment through Creativity and Reminiscence

12 October / 10.30am-6pm
A creative day for all who share their lives with older people, in a work or family capacity. Practical workshops will explore the potential for inspiring creativity and enlivening the senses through song, story and movement with older people and in care homes. The programme includes singer and creator of the hit ‘Step into my Parlour’ project Michelle Burke, dance and movement enabler Kaye Findlay, and Memory Box, an innovative new iPad based digital storytelling project.

**Scottish Storytelling Centre, 43-45 High Street, EH1 1SR • Tickets £36/£30 for SSC/SPL Network members • 0131 556 9579**

www.scottishstorytellingcentre.co.uk

Run in collaboration with the Scottish Poetry Library and Scottish Storytelling Centre Living Voices Project
**Step Into My Parlour**

12 October / 7.30pm
Michelle Burke tells tales of pneumonia and cows in this collection of songs from the Irish tradition, intercepted with memories and stories, in a quirky and inviting parlour setting. Incorporating art installations created by Laura Burke-Hurley, the show explores and encourages creative memories.

Scottish Storytelling Centre,
43-45 High Street, EH1 1SR
Tickets £8/£6 • 0131 556 9579
www.scottishstorytellingcentre.co.uk

**Luminate Poetry Slam**

13 October / Doors open 7pm, competition begins 7.30pm
The Luminate Slam celebrates Scotland's unstoppable poetry scene. Jenny Lindsay, winner of the 2012 BBC Slam and one of the vibrant and versatile duo Rally and Broad, will compere the evening and Eleanor Livingstone, Director of StAnza Poetry Festival, Peggy Hughes, Director of Dundee Literary Festival and Michael Pedersen of Neu! Reekie! renown will judge hilarious and heart-felt, political and philosophical performances as poets compete for well-earned prizes. Featuring a guest performance by widely-acclaimed poet Hollie McNish.

Ghillie Dhú, 2 Rutland Place, Edinburgh, EH1 2AD • Ticket required
Available in advance from the Traverse Theatre box office • 0131 228 1404
In association with Inky Fingers

**Blue Lotus Autumn:**

Workshop and Performance

15 October /
Workshops: 11.30am & 1.30pm
Preview: 12.30pm
Blue Lotus - Autumn is the second phase of a seasonal, collaborative project between Dance Ihayami, the Royal Botanic Garden Edinburgh and composer Ash Madni, working with older people, some with dementia. Take part in a public workshop session and watch a special preview of our brand new work in a beautiful setting.

Royal Botanic Garden Edinburgh, John Hope Gateway, Arboretum Place, EH3 5LR • 07835 397580 • www.rgbe.org.uk

**A Portrait of Me**

16 October / 2pm - 5pm
Explore portraiture using studio photography techniques. Bring along some objects or photos that tell your story or just bring yourself. Come away with an original print made by you. This is an intergenerational event for everyone aged 18+. Organised by the homelessness charity Crisis, participants with experience of homelessness or an interest in homelessness issues are particularly welcome.

Out of the Blue Drill Hall, 36 Dalmeny Street, EH6 8RG • 0131 229 7700
www.outoftheblue.org.uk
Hosted by Crisis, the national charity for single homeless people

luminatescotland.org
Building Site

18 October / 7pm
Come and hear fascinating tales of events that took place in Edinburgh’s Southside and on the spot where our new studio now sits, shared through music, dance and words. The culmination of a six month intergenerational storytelling project from Wee Stories Theatre Company and the Festival Cities Theatre Trust. Stories suitable for all ages.
The Studio, Festival Theatre, 13/29 Nicolson Street, EH8 9FT
Entrance on Potterow • Ticket required 0131 529 6000 • www.edtheatres.com
Supported by Awards for All

Translunar Paradise

18 - 19 October / 7.30pm
Matinee 19 October / 2.30pm
After his wife’s death, William escapes to a paradise of memories. From beyond the grave, Rose performs one last act of love: to help him let her go. Using a live accordion accompaniment, this exquisite piece of mask and movement theatre was a multi-award winning sellout at the Edinburgh Festival Fringe 2011. Stage Award winners 2009, Total Theatre Award Nominees 2008/10. Suitable for ages 12+.
Traverse Theatre, 10 Cambridge Street, Edinburgh, EH1 2ED
Tickets £15.50 / £12.50 • 0131 228 1404
www.traverse.co.uk
Presented by Theatre Ad Infinitum
Illuminating Early Medieval Scotland

21 October / 10.30am - 12pm
The National Museum of Scotland’s Glenmorangie Research Project worked with craftspeople to make recreations based on objects in our Early Medieval collections - a time known as the ‘Dark Ages’. People with visual impairments and their carers are invited to handle some of the recreations themselves, with Mhairi Maxwell, Glenmorangie Research Officer.

National Museum of Scotland, Chambers Street, EH1 1JF
Booking essential • 0131 247 4041
 tours@nms.ac.uk • www.nms.ac.uk

This is Martin Bonner

22 October / 5.45pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford’s Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A)

Filmhouse, 88 Lothian Road, EH3 9BZ
Tickets £8.20 / £6 • 0131 228 2688
www.filmhousecinema.com

A Harvest of Stories

21 - 24 October / 10am - 12pm and 2pm - 4pm daily
Join storyteller and artist Claire Hewitt to celebrate the arrival of Autumn and the passing of the seasons through storytelling, reminiscence, song and hand-making. The workshops will draw inspiration from works from the national collection and are suitable for community groups including those from care homes and those with dementia. Maximum 8-10 participants per session plus supporting staff/volunteers.

Scottish National Gallery, The Mound, EH2 2EL • Booking essential • 0131 624 6560 • www.nationalgalleries.org

Grey Hen Press Poetry Reading

22 October / 7pm - 8.30pm
Grey Hen Press specialises in showcasing the work of older women. A group of poets will read from the widely acclaimed anthology Cracking On, poems on ageing by women over 60, which explores all aspects of ageing. ‘Seriously good poetry… the fruit of accumulated wisdom and life experience… full of love, subversive wit and lyricism’ RV Bailey.

Blackwells, 53-62 South Bridge, EH1 1YS 0131 622 8222 • www.greyhenpress.com
24 Carat Gold and Friends

**25 October / 3pm**
Join the dancers from 24 Carat Gold, a spin-off group formed by students from Dance Base’s over-60s class, Golden. Performing a variety of numbers, the group will be joined by Allan Irvine’s brilliant dancers Great Feats. They are young and seriously fit, but will they manage to keep up?

*Dance Base, 14-16 Grassmarket, Edinburgh, EH1 2JU • 0131 225 5525 www.dancebase.co.uk*

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Picturing Africa: Illustrating Livingstone’s Travels - A Guided Tour for the Hard of Hearing

**29 October / 2pm - 3pm**
An exhibition of the remarkable images of Africa which were produced as a result of David Livingstone’s expeditions, and were made popular through bestselling books, illustrated newspapers, and magic lantern shows. Curator David McClay will guide you through rare and unique material including original artwork, photographs, woodblocks, maps, letters, manuscripts and books. A portable loop will be available.

*National Library of Scotland, George IV Bridge, EH11EW Booking essential • 0131 623 3734 events@nls.uk • www.nls.co.uk*

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Drawing with Light

**28 October - 1 November / 10am-12pm daily and 2-4pm on 29 and 31 October**
Working with artist Sian Hughes, participants will use the Portrait Gallery as inspiration for creating their own beautiful blue and white cyanotype prints from flowers, grasses, feathers and lace, using this simple Victorian camera-less photographic technique. A workshop suitable for community groups including those from care homes and those with dementia. Maximum 6 participants per session plus supporting staff/volunteers.

*Scottish National Portrait Gallery, 1 Queen Street, EH2 1JD Booking essential • 0131 624 6560 www.nationalgalleries.org*
The Best is Y et to Be
A tea dance with a difference. A collaboration between Scrapyard, a collection of theatre artists, and older people in Leith asking questions about our ageing society. Combining theatre, dance, tea and cake, artists will work throughout Luminate 2013 to develop ideas with older people and create a work-in-progress that will be developed further in 2014.

www.scrapyardtheatre.weebly.com

Theatre Ad Infinitum Dance Workshop
Theatre Ad Infinitum, the company behind Translunar Paradise at the Traverse on 18 and 19 October, will also run a workshop for older dancers from dance groups and classes in Edinburgh’s Dance Base.

Bringing the Movies Home
The smell of popcorn, the roar of the usherettes! In collaboration with Viewpoint Housing Association and Impact Arts, Luminate will be bringing an original cinema experience into a care home setting. With the pick of the films from this year’s touring film programme, residents will invite friends and family to join them for a very special movie screening in their own home.

St Raphael’s Care Home, 6 South Oswald Road • www.viewpoint.org.uk www.impactarts.co.uk

In partnership with Viewpoint Housing Association and Impact Arts

Live Music Now Tour
Live Music Now is a UK-wide charity which provides performing and training opportunities to outstanding young professional musicians who take their performances to a wide range of community settings, including those for older people. Following the success of the Live Music Now Scotland tour at Luminate 2012, the Bill Fleming Quartet (jazz ensemble), Sirius (Scottish traditional trio), mezzo soprano Laura Margaret Smith and accompanist Juliette Philogene, Know and Ion (guitar duo) and Flutes en Route (flute quartet) will bring the festival into the heart of communities across the country.

Portlee Day Centre
Gilmerton Care Home
North Merchiston Care Home
Northfield and Willowbrae Community Services

www.livemusicnow.org.uk

Supported by the Gannochy Trust and the Dunard Fund
Falkirk Community Trust Libraries: Creative Happenings

Throughout October / Times vary
Discover the creative opportunities available for older people in your area. Look out for pop-up galleries, craft fairs, classes and demonstrations in Bo’ness, Grangemouth, Meadowbank and other Falkirk libraries showcasing the skills and creativity of both hobby and experienced crafters and artists. Call, go online or see posters in your library for more details.
www.falkirkcommunitytrust.org/libraries • 01324 506800

Monday Cuppa Film Café

7, 14, 21 & 28 October / Café opens at 10.30am, screenings start at 11am
A movie day with a difference. Sit back and enjoy our screenings with a cuppa and a slice of scrumptious cake. Includes screenings as part of the Luminate film tour, see opposite. Call or go online for details of other screenings in October.
The Hippodrome, 10 Hope Street, Bo’ness, EH51 0AA • Tickets £6 including tea/coffee and cake/£3 without refreshments • 01324 506850
www.falkirkcommunitytrust.org/venues/hippodrome

luminatescotland.org
This is Martin Bonner

7 October / 11am
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford’s Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A)

Preceded by short film: Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)

The Hippodrome, 10 Hope Street, Bo’ness, EH51 0AA • Cuppa Screening Tickets: £6 including tea/coffee and cake/£3 without refreshments
01324 506850
www.falkirkcommunitytrust.org/venues/hippodrome

The Best Exotic Marigold Hotel

28 October / 11am
This colourful, life-affirming comedy about seven cash-strapped Brits seeking happiness in a retirement resort in India was a huge success. With an all-star cast including Judi Dench and Maggie Smith, it split film critics over its warm but honest representation of life after sixty. A chance to discover, rediscover or share with friends. (John Madden/UK/2012/124min/Cert 12A)

Preceded by short film: Lochgelly Old Age Pensioners Drive to Crook O’ Devon
An early outing - complete with charabancs! - offers an old-fashioned vision of old age. (1928/UK/6min/b&w/silent)

The Hippodrome, 10 Hope Street, Bo’ness, EH51 0AA • Cuppa Screening Tickets: £6 including tea/coffee and cake/£3 without refreshments
01324 506850
www.falkirkcommunitytrust.org/venues/hippodrome
Meet Up and Dance

11 October / 8pm
With live music from John Findlay, get on your dancing shoes and join us for some ballroom dancing at Falkirk Town Hall, with refreshments available to keep you dancing all night! Various times and classes available for experienced dancers or beginners. Call or go online for more information.

Falkirk Town Hall, West Bridge Street, FK1 5RS • 01324 506850
www.falkirkcommunitytrust.org/venues/fth

Dirty Dusting

13 - 14 October / 7.30pm
A hilarious smash hit comedy about OAP cleaners who start talking dirty and end up filthy rich! Gladys, Elsie and Olive are about to be put out to pasture by overzealous office manager Dave. Feeling they have little chance of gaining employment elsewhere, the ladies try to think of a way of boosting their falling income until a chance wrong number gives them a great idea.

The Hippodrome, 10 Hope Street, Bo’ness, EH51 0AA
Tickets £20 / £18.50 • 01324 506850
www.falkirkcommunitytrust.org/venues/hippodrome

Vintage and Craft Fayre

12 October/ 11am-4pm
Step back in time with our free event at Falkirk Town Hall and browse vintage fashion, crafts, jewellery, cakes and retro stalls to sounds from the forties to the noughties. Our tea salon will be open serving tea as well as a sumptuous array of baked goodies.

Falkirk Town Hall, West Bridge Street, FK1 5RS • 01324 506850
www.falkirkcommunitytrust.org/venues/fth

Bonnybridge: A Walk Through Time

23 October / 7pm
Watch specially-made local films created by the Greenhill Historical Society, composed of local residents of all ages, and join them for an evening of reminiscing, reflecting on the area’s rich and interesting history. The society will also be launching its quarterly magazine, Bonnyseen, and the event will be accompanied by an exhibition of artefacts and contributions by local children.

Bonnybridge Library, Bridge Street, FK4 1AD • www.falkirkcommunitytrust.org/libraries • 01324 603295

luminatescotland.org
Reading Groups Together

Throughout October / Times vary
Try your local library Reading Group for free as part of Luminate, reading and discussing books specifically chosen to reflect ideas about ageing. Groups will share their thoughts and experiences on the books they have read and wider themes of ageing. More information about joining a Reading Group is available in your library.
Libraries throughout Fife • Ask at the library or visit the website for details of your local Reading Group www.fifedirect.org.uk/libraries

In Time o’ Strife: Post-Show Event

9 October /
Performance starts at 2.30pm; event takes place post-show
The National Theatre of Scotland’s production of In Time o’ Strife is a powerful reimagining of Joe Corrie’s neglected classic about a Fife mining community during the General Strike. This version incorporates fragments of his other plays, poems and songs, and celebrates Corrie’s contribution to Scottish culture. Join members of the company after the show to explore the themes of the production.
Pathhead Halls, Commercial Street, Kirkcaldy, KY12NX • Tickets £9 (includes performance and post-show event)
01592 583302 • www.onfife.com
Presented by the National Theatre of Scotland in association with ON at Fife

luminatescotland.org
**Linwood No More**

10 October / 7.30pm
New Year’s Day 2000, almost 20 years since the Chrysler car factory closed, devastating the village of Linwood. One of the 9000 jobless - now a homeless alcoholic - awakens to the new millennium and reflects on the events that changed his life. He takes us on a nostalgic, humorous and often harrowing journey through his life in the town of Linwood and the factory that is no more. Starring Vincent Friell.

*Carnegie Hall, East Port, Dunfermline, KY12 7JA • Tickets £12/£10, all £10 if booked by 11 September 01383 602302 • www.onfife.com*

*Presented by White Stag Theatre Company*

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**Creative Ageing**

12 October - 20 December / Exhibition opens at 3pm 12 October then Mon-Fri 9am - 9pm, Sat 9am - 2pm
An exhibition by artist Joyce Gunn Cairns MBE featuring portraits of people ageing creatively - actors writer and friends of the artist.

**Creative Ageing Day: 26 October / 12pm-8pm with Couldn’t Care Less performance at 6.30pm**
The exhibition’s artworks provide the centrepiece for a day of creative ageing events including craft demonstrations, readings by authors Christine De Luca and Bashabi Fraser and a performance on *Couldn’t Care Less*, see opposite.

*Lochgelly Centre, Bank Street, Lochgelly, KY5 9RD • Participants in the Creative Ageing Day receive free tickets to Couldn’t Care Less • 01592 583303 www.onfife.com*
Jackie Kay

23 October / 7pm
Join writer Jackie Kay, whose portrait features in Joyce Gunn Cairns’ Creative Ageing exhibition, as she introduces her work and reads extracts from her stories and poems which explore themes of ageing. Her selection includes passages from her most recent collection of short stories, Reality Reality.
Lochgelly Centre, Bank Street, Lochgelly, KY5 9RD • Tickets £8/£5 • 01592 583303 • www.onfife.com

Janice Galloway’s Knitting Circle

23 October / 6.30pm - 8pm
As well as being one of Scotland’s best known writers, Janice Galloway is also an enthusiastic knitter. Join Janice in the knitting circle, where she’ll be talking about her love of craft, giving advice and inspiration, and encouraging all to get knitting!
Lochgelly Centre, Bank Street, Lochgelly, KY5 9RD • Tickets £8/£5 • 01592 583303 • www.onfife.com

Couldn’t Care Less

26 October / 6.30pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.
Lochgelly Centre, Bank Street, Lochgelly, KY5 9RD • Tickets £5 • Free as part of Creative Ageing Day, see opposite

Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Also part of the Scottish Mental Health Arts and Film Festival
Presented by Strange Theatre and Plutôt La Vie
“My physical health has declined over the years but attending Craft Café motivates me and I am uplifted by the company of others in the class. My profession was joinery and I enjoy sharing these skills as well as learning new ones. Craft Café has given me the chance to exhibit my artwork, including a series of origami pieces for the Play Piece exhibition at Scotland Street School Museum in 2012.” John Maloney

John recommends...
The Glasgow Senior Citizens Orchestra concert at Kelvingrove Museum, page 45
Glasgow

Puppet Making and Crafty Storage

1, 8, 22 & 29 October / 9.30am - 12.30pm
In this intergenerational workshop, local primary schools will work with of the Nan McKay Hall Textile Group to create rod puppets with textile artist Sarah Lee and founder of the Scottish Mask and Puppet Centre, Malcolm Knight. Each session will be introduced by the Hall’s manager Bill Lawns and an exhibition of the textile group’s on their crafty storage project will be on display.

Nan McKay Hall, End of St John’s Road, Glasgow, G41 5SR • 0141 422 2040
www.nanmckayhall.co.uk

Dance House: Always Dancing

2, 9, 16, 23 & 30 October / 2pm - 3pm
Try Always Dancing, a weekly contemporary dance class for older dancers in Glasgow, for a special rate during Luminate. The class runs every Wednesday all year and is open to men and women. No previous dance experience is required.

Patrick Burgh Halls, 9 Burgh Hall Street, G11 5LW • £5 per session quoting ‘Luminate’ (normal price £6)
0141 552 2442 • info@dancehouse.org
www.dancehouse.org

Supported by Age Scotland, Glasgow Life, Creative Scotland and Glasgow City Council

Classic Cinema: Luminate Special

2, 9, 16, 23 & 30 October / 2pm
Watch classic films on the big screen at the Burrell for free. To celebrate Luminate we’ll be screening a different film every Wednesday in October. Call for details.

The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
Drop-in event • 0141 287 2564
www.glasgowmuseums.com

Re-Writing Your Life

3, 10, 17 & 24 October / 11.45am - 1.30pm
A four week creative writing class in Maggie’s Cancer Caring Centres in Glasgow, Inverness and Dundee. During October, Maggie’s well-established creative writing programme will celebrate Luminate by offering a course following three themes: past, present and future, sharing work in the final week. Older people and their friends and family with cancer stories are invited, and new visitors to Maggie’s are very welcome. No experience necessary.

Maggie’s Glasgow Gartnavel, 1053 Great Western Road, G12 0YN • Booking essential • kathryn.lamont@maggiescentres.org • www.maggiescentres.org

Supported by Age Scotland, Glasgow Life, Creative Scotland and Glasgow City Council
Up

5 October / 11.30am
Animated intergenerational comedy adventure in which retired balloon salesman Carl Fredriksen and eight year old Russell fly towards adventure as they seek the famed Paradise Falls. (Pete Docter/USA/2009/96min/Cert U)
Glasgow Film Theatre, 12 Rose Street, G3 6RB • Take 2 Screening: Glasgow Young Scot or Kidz Card holders and accompanying adult get in FREE
All other tickets £4.50 • 0141 332 6535
www.glasgowfilm.org

A Grand Day Out: A Primitive Pigments

5 October / 2pm - 4pm
An intergenerational adventure for grandparents and their grandchildren where they can get together, get creative and explore the collections. Come along and try your hand at producing paint and ink the old fashioned way from natural materials - expect to get messy!
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
Drop-in event • 0141 287 2550
www.glasgowmuseums.com

Craft Café Open Day

8 October / 10am - 4pm
Join Craft Café for our Luminate Open Day across Glasgow and North Ayrshire. Work alongside professional artists to learn new creative techniques in our bespoke artist studio. Meet new people in your local area and discover the joy of learning new creative activities.

Cassiltoun Housing Association, Castlemilk Stables, 59 Machrie Road, G45 0AZ
Elderpark Community Centre, Elderpark Street, Govan, G51 3SS
Parkhead Housing Association, 40 Helendale Street, Glasgow G31 4TF
0141 575 3001 • www.impactarts.co.uk
Funded by Cassiltoun Housing Association, Elderpark Housing Association, Parkhead Housing Association and NHS Ayrshire and Arran

Still Painting

5 October, beginners / 11 October, improvers / 1pm - 3.30pm
Unlock your creativity for the first time or explore new subjects and skills in these practical painting workshops offering Luminate audiences the unique opportunity to take inspiration from Kelvingrove’s wonderfully varied collection of still life paintings. Take a short tour of work by Dutch masters, French Impressionists and Scottish Colourists, learn some of their drawing and painting techniques and use them to create your own still life.
Kelvingrove Museum and Art Gallery, Argyll Street, G3 8AG
Booking essential • 0141 276 9508
www.glasgowmuseums.com
Big Bang Bash

8 October / 2pm - 3.30pm
A participative musical celebration for groups from care homes and their carers, friends and families. Part of mental health charity Common Wheel, the Big Bang Bash will incorporate songs and drumming from regular sessions in a care setting and offer hands-on musical activities for older people and their communities.
Campbell House, Gartnavel Royal Hospital, 1055 Great Western Road, G12 0XH • Tickets £3 • 0141 211 0668 www.commonwheel.org.uk

This is Martin Bonner

9 October / 6pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford’s Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A)
Preceded by short film:
Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)
Glasgow Film Theatre, 12 Rose Street, G3 6RB • Ticket prices available online 0141 332 6535 • www.glasgowfilm.org

Luminate Art Class: Stone Carving

9 October / 10am - 12pm
This one-off session for Luminate offers a unique opportunity to unlock your creativity in a new and exciting way. Learn the basics of the art of stone carving and try carving your very own piece of soap stone. All tools and materials are provided.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT Booking essential • 0141 287 2550 BurrellL&A@glasgowlife.org.uk www.glasgowmuseums.com

The Straight Story

13 October / 1pm
Alvin’s eyesight is poor, he has little money and he can’t stand the thought of being driven anywhere. So when he discovers his estranged brother has suffered a stroke he decides to make the 260 mile journey by the only means of transport available to him - a John Deere lawnmower. (David Lynch/UK France USA/1999/112min/Cert U)
Glasgow Film Theatre, 12 Rose Street, G3 6RB • Ticket prices available online 0141 332 6535 • www.glasgowfilm.org
Kolkhinor: A Concert with Harp and Voice

13 October / 3pm
Based on the Music in Hospitals model of encouraging enjoyment and interaction for older people through music, this classical harp and soprano concert features songs from the shows, classical, folk and Scottish songs as well as one or two tangos! Learn some melodies and sing along in harmony and in canon. Featuring soprano Daniela Hathaway and harpist Charlotte Sager.

St Margaret’s Episcopal Church, 22 Monreith Road, G43 2NY
Tickets £3 • 0141 632 3292
www.musikaglasgow.com

Scottish Ballet Luminate Workshop

18 October / 11am - 12.30pm
A beginners’ workshop for older people from Scottish Ballet, led by an education officer with piano accompaniment. Join us for an introductory session during which you’ll learn some ballet basics, hear how Stanley and Blanche told their story through dance, and learn some of the choreography.

Tramway, 25 Albert Drive, G41 2PE
Booking advised • 0141 331 6295
www.scottishballet.co.uk
Dementia Through the Eyes of a Child

18 October - 29 November / 10am - 5pm Tue - Thu and Sat, 11am - 5pm Fri and Sun
A group of school children from participating schools throughout South Lanarkshire undertook an interactive dementia awareness session and workshop which simulated dementia as part of a research project. This exhibition provides a valuable opportunity to share children’s understanding and portrayal of dementia through art and to participate in interactive simulation workshops.

Scotland Street School Museum, 225 Scotland Street, G5 8QB
museums@glasgowlife.org.uk
0141 287 0500
www.glasgowlife.org.uk
Teaching materials developed by Alzheimer’s Scotland

The Burrell’s 30 Year Birthday Celebrations

19 October / 11am - 4pm
Join us as we celebrate 30 years since the opening of the Burrell Collection. A creative afternoon for everyone, bringing generations together with live music, craft demonstrations, guided tours and lots to do, see and touch for all ages.

The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
Drop-in event • 0141 287 2550
www.glasgowmuseums.com

Samba on a Saturday

19 October / 2pm - 4pm, doors open 1.45pm
Come and try this ever-popular musical style. Samba drumming is a fun, stress-busting and creative activity suitable for beginners. Players can choose from a variety of authentic Brazilian percussion, from big bass surdos to small melodic agogo bells. Join the Groove!

Crypt Café, Wellington Church, Southpark Avenue, G12 8LE
Tickets £10/£5, group discounts available • 07817 419723
biggroove@hotmail.com
www.biggroovepromotions.co.uk

Glasgow Senior Citizens Orchestra: Golden Oldies

20 October / 3pm - 4pm
The Glasgow Senior Citizens Orchestra, made up of amateur and ex-professional musicians, was started 50 years ago to take music out to luncheon clubs for senior citizens in the city. For this concert, accompanied by the museum organ, musical director and conductor, Bob Nelson has selected a programme that will delight a wide range of musical tastes.

Kelvingrove Museum and Art Gallery, Argyll Street, G3 8AG • 0141 276 9508
www.glasgowmuseums.com
Supported by Glasgow Old People’s Welfare Association and Glasgow City Council

luminatescotland.org
### Open Mic Night at the Glad Café

20 October / 8pm
An opportunity for singers and songwriters aged 18 and upwards to perform their material, accompanied by our house band. This intergenerational evening welcomes performers of all ages and styles, encouraging a shared enjoyment of music for participants and audiences across the generations.

The Glad Café, 1006a Pollokshaws Road, G41 2HG • Tickets £5 • 0141 636 6119
www.thegladcafe.co.uk

### Super Vivere

22 October - 10 November
Mon - Fri: 9am - 9pm
Sat: 9am - 5pm
Sun: 10am - 5pm

A selection of portraits from the photographic series by Susie Rea exploring the lives of brothers and sisters in the UK and Europe who are over the age of 90. Through a combination of images and text and audiovisual narrative, the artist examines how these remarkable individuals understand and experience their survival into very old age.

**Artist’s Talk / 29 October: 2pm**
Susie Rea will celebrate the exhibition’s opening with an artist’s talk.

Platform, 1000 Westerhouse Road, G34 9JW • Tickets £3.50
0141 276 9696
info@platform-online.co.uk
www.platform-online.co.uk

**Presented by Barrowland Ballet and macrobot**
**Supported by Age Scotland, Creative Scotland and Platform**

### Bunty and Doris

22 October / 6pm
Following the success of *Ultra Violet* at last year’s Luminate, Barrowland Ballet and macrobert’s latest community dance project presents a heart-warming and humorous dance theatre piece, with an intergenerational community and professional cast. Led by acclaimed choreographer Natasha Gilmore, Bunty and Doris take a surreal and comical look at their life over a cup of tea or two.

Platform, 1000 Westerhouse Road, G34 9JW • Tickets £3.50
0141 276 9696
info@platform-online.co.uk
www.platform-online.co.uk

### Burrell for Blokes: Stone Carving

23 October / 10am - 12pm
A pilot project offering practical art workshops aimed at older men. In this hands-on workshop you’ll be introduced to the art of stone carving and have the chance to carve a piece of soap stone yourself. All tools and materials are provided.

The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
Booking essential • 0141 287 2550
BurrellL&A@glasgowlife.org.uk
www.glasgowmuseums.com

Please note this session is aimed at men

luminatescotland.org
(Don’t) Mention Dementia
24 October / 11am - 7pm
Artist Derek Eland’s (Don’t) Mention Dementia is an immersive exhibition of handwritten postcards and portrait pictures, created to give a voice to people with dementia. Presented in conjunction with short films made by people diagnosed with the condition that encourage viewers to reconsider their thoughts and opinions.
Garnethill Multicultural Centre, 21 Rose Street, G3 6RE • 0141 332 9765 • www.garnethillmulticulturalcentre.org.uk
Supported by The Alzheimer’s Society, Age UK, Brandon Care Homes and local community groups and businesses in Dorset

Red Road Young Uns Celebrate 25 Years
25 October / 2pm
The Red Road Young Uns are a concert party formed from Springburn Alive and Kicking which is celebrating its 25th birthday. Join them for songs and sketches from musicals and the Old Time Music Hall.
Alive and Kicking, 94 Red Road, G21 4PH
Tickets £3 • 0141 558 0329

An Evening with Jamie Stuart
25 October / 7pm
93-year-old bestselling author Jamie Stuart has been a wireless operator air gunner in World War Two, a champion athlete and a professional actor. He shares stories from his life with insight and humour.
Garthamlock Parish Church, 46 Porchester Street, G33 5DB • 0141 778 2437

Read, Relax, Recharge: Grey Hen Special
24 October / 12pm - 2pm
Glasgow Women’s Library’s Read, Relax, Recharge read aloud group celebrate writing by older women, including poetry by Grey Hen Press. Bring along your lunch and join us as we enjoy sharing and listening to wonderful stories and poems, all washed down with lots of tea and friendly chat.
Glasgow Women’s Library, 23 Landressy Street, G40 1BP • A small donation of £2 is requested • 0141 248 9969
www.womenslibrary.org.uk

Day of the Dead Festival
26 October / 10am-4pm
Scotland’s first Day of the Dead Festival, a celebration of life. Join us for free workshops on costumes, props, music and movement, then take part in the festival on 2 November.
The Pearce Insitute, 840-860 Govan Road, G51 3UU • Booking essential
info@finalfling.com • www.finalfling.com/dayofthedead
Produced by The Final Fling / Supported by The Arches and CHAS / Supported by Battersea Arts Centre
 Couldn’t Care Less

28 October / 2pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.

Platform, 1000 Westerhouse Road, G34 9JW • Tickets £8.50/£4.50/£3.50
www.platform-online.co.uk
0141 276 9696
Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Presented by Strange Theatre and Plutôt laVie

The Maw Broon Monologues

30 October - 9 November / 7.30pm, Matinee on 2 and 9 November 2.30pm
A new musical comedy from author Jackie Kay featuring music by Tom Urie and Alan Penman and starring Terry Neason and Suzanne Bonnar. In this hilarious and heartbreaking show, Maw Broon and her doppelganger are having a mid-life crisis. They try everything in a quest to find out what reality is, to find happiness and to find love.
Tron Theatre, 63 Trongate, G1 5HB
Preview 30 October £8 • Tue - Thu & Sat Matinee: £12/£8 • Fri & Sat: £16/£12
0141 552 4267 • www.tron.co.uk

Live Music Now Tour

Live Music Now is a UK-wide charity which provides performing and training opportunities to outstanding young professional musicians who take their performances to a wide range of community settings, including those for older people.
Following the success of the Live Music Now Scotland tour at Luminate 2012, the Bill Fleming Quartet (jazz ensemble), Sirius (Scottish traditional trio), mezzo soprano Laura Margaret Smith and accompanist Juliette Philogene, Know and Ion (guitar duo) and Flutes en Route (flute quartet) will bring the festival into the heart of communities across the country.
Erskine home, Anniesland
Crossmyloof Centre, Titwood Road
www.livemusicnow.org.uk
Supported by the Gannochy Trust and the Dunard Fund
“Since finding my voice as a playwright at 70, when I did a Masters degree in playwriting, I have found great satisfaction and liberation in writing. In 2012, my first full length play was produced and toured and my new play *Threads*, will be performed as a reading for the first time during Luminate.”

*Sylvia Dow*
“The Highland Print Studio’s Wise Guys printmaking programme has given me entirely new skills and a whole new direction to follow, making artwork that is wholly my own, that I’d be proud to see on my wall.”

Richard MacKenzie

Richard recommends...

The Burrell Collection’s Grand Day Out: Primitive Pigments, page 42
Wise Guys Exhibition

1 - 31 October / 10am - 5pm
Tue - Sat (closed 1-2pm)
An exhibition of work from the Studio’s Wise Guys project which has provided an 8-month programme of practical print-making workshops for older men.
Highland Print Studio, 20 Bank Street, Inverness, IV11QU • 01463 718999
www.highlandprintstudio.co.uk
Project funded by Age Scotland and High Life Highland

Re-Writing Your Life

3, 10, 17 & 24 October/ 1pm - 3pm
A four week creative writing class in Maggie’s Cancer Caring Centres in Glasgow, Inverness and Dundee. During October, Maggie’s well-established creative writing programme will celebrate Luminate by offering a course following three themes: past, present and future, sharing work in the final week. Older people and their friends and family with cancer stories are invited, and new visitors to Maggie’s are very welcome. No experience necessary.
Maggie’s Highlands, Old Perth Road, Inverness, IV2 3UJ • Booking essential
Contact Kathryn Lamont at kathryn.lamont@maggiescentres.org for further information and to reserve your place • www.maggiescentres.org
The Best Exotic Marigold Hotel

9 October / 6pm
This colourful, life-affirming comedy about seven cash-strapped Brits seeking happiness in a retirement resort in India was a huge success. With an all-star cast including Judi Dench and Maggie Smith, it split film critics over its warm but honest representation of life after sixty. (John Madden/UK/2012/124min/Cert 12A)

Preceded by short film: Lochgelly Old Age Pensioners Drive to Crook O’ Devon
An early outing - complete with charabancs! - offers an old-fashioned vision of old age. (1928/UK/6min/b&w/silent)

Eden Court, Bishop’s Road, Inverness, IV3 5SA • Tickets £6/£5 • 01463 234234 • www.eden-court.co.uk

This is Martin Bonner

20 October / 1.30pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Sundance. (Chad Hartigan/USA/2013/83min/Cert 12A)

Preceded by short film: Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)

Eden Court, Bishop’s Road, Inverness, IV3 5SA • Tickets £6/£5 • 01463 234234 • www.eden-court.co.uk

Angus - Weaver of Grass

12 October / 7pm
Raised on South Uist, Angus MacPhee’s life is a tale of lost traditions, mental illness, and magical hats made of grass that were “stunning like sunbursts”. Featuring beautiful Gaelic singing and grass replicas by Joanne B Kaar.

One Touch Theatre, Eden Court, Bishop’s Road, Inverness, IV3 5SA • 01463 234234 • www.eden-court.co.uk

Translunar Paradise

20 October / 7.30pm
After his wife’s death, William escapes to a paradise of memories. From beyond the grave, Rose performs one last act of love: to help him let her go. Using a live accordion accompaniment, this exquisite piece of mask and movement theatre was a multi-award winning sellout at the Edinburgh Festival Fringe 2011. Suitable for ages 12+.

Eden Court, Bishop’s Road, Inverness, IV3 5SA • Tickets £12/£10 Eden Court Friends receive £2 discount • 01463 234234 • www.eden-court.co.uk

Presented by Theatre Ad Infinitum
Howard Doris Centre Mini Arts Festival  
23 - 25 October/ 1.30pm daily
A three day festival of creative activities for the Harold Doris Centre and the wider community. Featuring:

23 October:
The Lochcarron Session Musicians

24 October:
The National Centre of Excellence in Traditional Music

25 October:
Members of the Skye and Lochalsh Orchestra

Refreshments will be served after each concert and an exhibition of local crafts will be on display.

Howard Doris Centre, Millbrae, Strathcarron, IV54 8YQ • 01520 722541

Couldn’t Care Less  
23 October / 4.30pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.

Spectrum Centre, 1 Margaret Street, Inverness, IV11LS • Booking essential info@highlandmhfestival.com
www.highlandmhfestival.com

Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Presented by Strange Theatre and Plutôt La Vie

The Big Lament  
30 October / 11am - 3.30pm
A day long workshop as part of The Big Lament symposium featuring two film screenings Caora Mor – The Big Sheep (1966) by the renowned filmmaker Margaret Tait, and Air Sgàrth – For the sake of Margaret Tait (2013) by Oliver Mezger; including live music performances of highland bagpipe laments – the Pibroch. Call or go online for more details about the symposium.

Helmsdale Community Centre, Lillieshall Street, Helmsdale, KW8 6JF • Tickets £5 • 01431 821327 • www.timespan.org.uk

Funded by Creative Scotland, Foundation Scotland and Age Scotland
Presented by Timespan

luminatescotland.org
The Caledonian Pottery: Talk and Object Handling Session

2 October / 1.30pm - 3.30pm
The Caledonian Pottery was in operation in Rutherglen from 1872 until 1929 and is now considered of national significance due its quality, range and worldwide popularity. The site of the factory was recently excavated as part of the M74 Completion project, revealing pottery production on a massive scale. This is a unique opportunity to discover the history of the factory and investigate and handle the objects it produced.

Low Parks Museum, 129 Muir Street, Hamilton, ML3 6BJ • Tickets £2, booking essential • 01698 476165
www.slleisureandculture.co.uk

Talking Heads: Drama Workshops with NL Studio

3, 10, 17, 24 and 31 October / 7pm - 9pm
Do you love hearing and telling good stories? Are you interested in people? How about combining the two by joining North Lanarkshire’s mixed ability drama group and our award winning tutor who will guide you through a light hearted creative process that will help you create some brilliant characters. If you have an ear for the patter or the gift of the gab, these workshops might be for you!

Workshops are suitable for anyone with an interest in drama or creative writing. No experience necessary.

Belshill Academy, Main Street, Belshill, ML4 1AR • £4 per session • 01236 812200
www.northlanarkshire.gov.uk/artsinaction
Presented by Culture NL Ltd and North Lanarkshire Council
Angus - Weaver of Grass

4 October / 6.30pm
Raised on South Uist, Angus MacPhee’s life is a tale of lost traditions, mental illness, and magical hats made of grass that were “stunning like sunbursts.” Featuring beautiful Gaelic singing and grass replicas by Joanne B Kaar. “Physical, emotional and aural beauty... their collective artistry is awesome” (The Stage).

Belshill Cultural Centre, John Street, Belshill, ML4 1RJ • Tickets £5
01236 812200
Presented by Horse + Bamboo

Linwood No More

12 October / 8pm
New Year’s Day 2000, almost 20 years since the Chrysler car factory closed, devastating the village of Linwood. One of the 9000 jobless - now a homeless alcoholic - awakens to the new millennium and reflects on the events that changed his life. He takes us on a nostalgic, humorous and often harrowing journey through his life in the town of Linwood and the factory that is no more. Starring Vincent Friell.

East Kilbride Arts Centre, 51 Old Coach Road, G74 4DU • Tickets £9/£7 • 01355 261 000 • www.sllcboxoffice.co.uk
Presented by White Stag Theatre Company

Past the Post: Life at the Sunday Post

9 October / 2pm
Join former Sunday Post journalists Bill Hicks and Jill Scott for a trip down memory lane as they reminisce on a combined career of 75 years at Scotland’s best-loved Sunday newspaper. Part of Culture NL’s annual Encounters festival, this is a unique opportunity to hear and share memories of the paper, from coverage of major Scottish news, to life with The Broons and Oor Wullie.

Reigart Suite, Summerlee Museum of Scottish Industrial Life, Heritage Way, Coatbridge, ML5 1QD • Booking advised 01236 638460 • Tea and coffee available at a small charge

Couldn’t Care Less

15 - 16 October / 8pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.

East Kilbride Arts Centre, 51 Old Coach Road, G74 4DU
Tickets £7 • 01355 261 000 • www.sllcboxoffice.co.uk
Presented by Strange Theatre and Plutôt La Vie

Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Also part of the Scottish Mental Health Arts and Film Festival
Presented by Strange Theatre and Plutôt La Vie
Treasures of Hamilton Town House Library

17 October / 2.30pm
Discover the stories behind Hamilton Town House Library’s most interesting books and objects, including a map of Lanarkshire from 1769 and the Annan Album of rare photographs of Hamilton Palace.

Hamilton Town House Library, 102 Cadzow Street, Hamilton, ML3 6HH
Tickets £2 • 01698 452122
www.sleisureandculture.co.uk

Harry Lauder: Scotland’s Greatest Entertainer?

22 October / 2pm - 3pm
24 October / 2pm - 3pm
Discover the ground-breaking life and career of Harry Lauder, the world’s first superstar, and learn more about his close connections with South Lanarkshire.

22 October: Lanark Library, 16 Hope Street, ML11 7LZ
Tickets £2 • 01555 661144
24 October: Rutherglen Library, 163 Main Street, G73 2HB
Tickets £2 • 0141 613 5380
www.sleisureandculture.co.uk

Scrapbook of Memories

23 October / 1pm - 4pm
Enjoy some reminiscence about life in days gone by. You’ll find everyday objects from the 1940s, 50s and 60s as well as photographs of South Lanarkshire in previous decades. Choose your favourite photograph and turn it into a scrapbook page for a memories book to be displayed in the Museum. For scrapbookers from beginner to experienced, or those who just want to enjoy a little bit of nostalgia.

Low Parks Museum, 129 Muir Street, Hamilton, ML3 6BJ
Tickets £2, booking advised
www.sleisureandculture.co.uk
01698 476165
**Stronger: An Art Competition Celebrating Ageing**

1 October / 1pm - 3pm
3 - 31 October / 9am - 5pm Mon - Sat
A mixed media art competition around the theme of ‘Stronger’, open to West Lothian residents of all ages who have never exhibited their work before. Artworks from painting and photography to crochet and carving have been selected to be part of this touring exhibition that celebrates ageing and marks UK Older People’s Day on 1 October.

1 October: Strathbrook Community Centre, 189a West Main Street, Broxburn, EH52 6HR
3 - 16 October: Broxburn Age Scotland Shop, 45 East Main Street, EH52 5AB
17 - 31 October: Bathgate Age Scotland Shop, 4a George Street, EH48 1NP

[www.westlothian.gov.uk](http://www.westlothian.gov.uk)
Organised by West Lothian Council in partnership with Age Scotland

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**Linwood No More**

6 October / 7.30pm
New Year’s Day 2000, almost 20 years since the Chrysler car factory closed, devastating the village of Linwood. One of the 9000 jobless - now a homeless alcoholic - awakens to the new millennium and reflects on the events that changed his life. He takes us on a nostalgic, humorous and often harrowing journey through his life in the town of Linwood and the factory that is no more. Starring Vincent Friell.

Regal Theatre, 24-34 North Bridge Street, Bathgate, EH48 4PS
Tickets £10/£8 • 01506 630085
[www.bathgateregal.org](http://www.bathgateregal.org)

Presented by the White Stag Theatre Company

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[luminatescotland.org](http://luminatescotland.org)
Drake Music Scotland: Rhythm for Life

7 October / 1pm - 3pm
An afternoon of music workshops and presentations by Drake Music Scotland, celebrating the creativity of older people. Take part in friendly, interactive workshops to experience amazing technology that allows anyone to play music. There will be plenty of opportunities to sing and play music and enjoy well-loved songs.

Howden Park Centre, Livingston, EH54 5AE • www.howdenparkcentre.co.uk
Booking essential • 01506 777666

Funded by the West Lothian Challenge Fund

Old Skool

21 - 25 October / Public launch 25 October, 2pm
Graffiti is not vandalism and graffiti is not just for the young. In fact, many of the graffiti artists who famously worked in New York in the 1970s would now be considered part of the ‘Third Age’. Artist TrenchOne will work with community groups on an intergenerational project to challenge their preconceptions and design, create and paint a permanent mural that will launch during Luminate and help regenerate an urban setting.

Howden Park Centre, Livingston, EH54 5AE • Workshops are delivered to targeted community groups
Project launch is a free drop-in event
www.howdenparkcentre.co.uk
01506 773870

"...many of the graffiti artists who famously worked in New York in the 1970s would now be considered part of the ‘Third Age’.”
Old Skool
**Up (3D)**

9 October / 5.30pm
Animated intergenerational comedy adventure in which retired balloon salesman Carl Fredriksen and eight year old Russell fly towards adventure as they seek the famed Paradise Falls.
(Pete Docter/USA/2009/96min/Cert U)
An Lanntair Arts Centre, Kenneth Street, Stornoway, Isle of Lewis, HS1 2DS
Tickets £7.50/£6 • 01851 708480
www.lanntair.com

**This is Martin Bonner**

9 October/ 8.15pm
24 October/ 2pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford's Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A)

**Preceded by short film:**
Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)

9 October : An Lanntair Arts Centre, Kenneth Street, Stornoway, Isle of Lewis, HS1 2DS • Tickets £6 / £4.50
01851 708480 • www.lanntair.com

24 October: Screen Machine, Lochmaddy, North Uist • Tickets £7 / £5.50 • 0871 902 5750
www.screenmachine.co.uk

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**Solus-Geur**

30 October / 12pm - 8pm
An open invitation to see the craft and creativity of the community’s older generation and learn a new skill yourself. Local over 60s groups will showcase poetry, rope making, scarecrows, crook making, knitting and sewing. Tea and cakes available all day.
Chi sibh ealain agus lamhcharachd daoine nas sine agus ionnsaichidh sibh rudan ura. Bidh daoine as gach sgire ri deanamh obair laimh le fiodh, snath agus rop. Bidh an coire a’ goil fada an latha.
Breasclete Community Centre, Isle of Lewis, HS2 9DU • Drop-in event
www.cabraich.org

With the support of Bord na Gaidhlig and CNES
Linwood No More

13 October / 7.30pm
New Year’s Day 2000, almost 20 years since the Chrysler car factory closed, devastating the village of Linwood. One of the 9000 jobless - now a homeless alcoholic - awakens to the new millennium and reflects on the events that changed his life. He takes us on a nostalgic, humorous and often harrowing journey through his life in the town of Linwood and the factory that is no more. Starring Vincent Friell.

Eastwood Park Theatre, Rouken Glen Road, Giffnock, G46 6UG
Tickets: £13 / £11 concession / £9 student
www.eastwoodparktheatre.co.uk
0141 577 4956

Presented by the White Stag Theatre Company

Angus - Weaver of Grass

17 - 18 October / 7.30pm
19 October / 2pm
Raised on South Uist, Angus MacPhee’s life is a tale of lost traditions, mental illness, and magical hats made of grass that were “stunning like sunbursts”. Featuring beautiful Gaelic singing and grass replicas by Joanne B Kaar.

A double bill from Weaving Musical Threads with Nick Higgins’ documentary film Hidden Gifts: The Mystery of Angus MacPhee.

Paisley Arts Centre,
15 New Street, Paisley PA11EZ
Tickets £5 • 0300 300 1210
www.weavingmusicalthreads.com

Presented by Horse + Bamboo
Translunar Paradise

23 October / 7pm
After his wife’s death, William escapes to a paradise of memories. From beyond the grave, Rose performs one last act of love: to help him let her go. Using a live accordion accompaniment, this exquisite piece of mask and movement theatre was a multi-award winning sellout at the Edinburgh Festival Fringe 2011. Stage Award winners 2009, Total Theatre Award Nominees 2008/10. Suitable for ages 12+.
The Beacon, Custom House Quay, Greenock, PA15 1HJ • 01475 723723
Tickets £10/£8/£5 seniors
www.beaconartscentre.co.uk
Presented by Theatre Ad Infinitum

Couldn’t Care Less

31 October / 7pm
When her mum develops Alzheimer’s, Lilly embarks on a journey of frustration, humour and ultimately love as she learns to dance with the person who is, not the mother who was. Inspired by the experiences of carers, Couldn’t Care Less is a dark, surreal, funny and moving story of two women whose lives are disappearing.
Eastwood Park Theatre, Rouken Glen Road, Giffnock, G46 6UG • Tickets £13/£11/£9 student • 0141 577 4956
www.eastwoodparktheatre.co.uk
Developed with the support of Creative Scotland, Luminate, the Scottish Mental Health Arts and Film Festival, North Edinburgh Arts and Age Scotland
Also part of the Scottish Mental Health Arts and Film Festival
Presented by Strange Theatre and Plutôt La Vie

WOOPI Do For All

28 October / 12am - 3pm
Inverclyde Council's Wider Opportunities for Older People in Inverclyde invite you to their sustainable community groups’ WOOPI Do For All Day. Singers, dancers, musicians and artists, to name but a few, will showcase their groups’ activities and give you the chance to have a go yourself with taster sessions running throughout the day.
Greenock Town Hall, Municipal Buildings, Clyde Square, Greenock, PA15 1LX • 01475 715450 • www.woopi.org.uk
Presented by Strange Theatre and Plutôt La Vie
The Persistence of Age and Memory: Poetry and Short Story Workshops

Short Stories: 15 & 17 October / 2.30 - 4.30pm
Poetry: 22 & 23 October / 5.30 - 7.30pm

One of life’s principle impulses, our memories shape the people we are and influence what we aspire to become, regardless of age, past triumphs and failures. Join writers Julian Colton and Iona McGregor for these innovative creative writing workshops and work with your unique personal memory to produce short stories or poems.

Short stories: 15 October, Galashiels Library, TD1 3JQ / 17 October, Peebles Library, High Street, EH45 8AG
Poetry: 22 October, Hawick Library, North Bridge Street, TD9 9QT / 23 October, Duns Library Contact Centre, 49 Newtown Street, TD11 3AU

Booking essential • 01750 726400
libadmin@scotborders.gov.uk

The Best Exotic Marigold Hotel

15 October / 6pm
This colourful, life-affirming comedy about seven cash-strapped Brits seeking happiness in a retirement resort in India was a huge success. With an all-star cast including Judi Dench and Maggie Smith, it split film critics over its warm but honest representation of life after sixty. A chance to discover, rediscover or share with friends. (John Madden/UK/2012/124min/Cert 12A)

Preceded by short film: Lochgelly Old Age Pensioners Drive to Crook O’ Devon
An early outing - complete with charabancs! - offers an old-fashioned vision of old age. (1928/UK/6min/b&w/silent)

Heart of Hawick - Tower Mill, Kirkstile, Hawick, TD9 0AE
Tickets £6/£4.50 • 01450 360688
www.heartofhawick.co.uk

Supported by Scottish Borders Council: The Eildon Tree Magazine, Arts Development and Libraries Service
This is Martin Bonner

18 October / 7pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Sundance. (Chad Hartigan/USA/2013/83min/Cert 12A)

Preceded by short film: Friend Request Pending (Chris Foggin/2012/UK/12min)
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating.
Heart of Hawick - Tower Mill, Kirkstile, Hawick, TD9 0AE
Tickets £6/£4.50 • 01450 360688
www.heartofhawick.co.uk

Meet and Make Merry!

22 October - 10 November /
Normally 10am - 5pm, check before you visit
As part of an Eastgate Theatre Outreach project, residents of Dovecot Court Extra Care Housing Development have been learning to felt with local artist Poppy Browne, creating a sense of community in residential care. See wall hangings created for communal spaces as well as brooches, flowers and birds.
Eastgate Theatre and Arts Centre, Peebles, EH45 8AD • Please call 01721 725777 before your visit
www.eastgatearts.com
Supported by Scottish Borders Council Community Capacity Building Project and The Red Cross

Stellar Quines Rehearsal

Room: Knit 2 Together

29 October / 7pm
Stellar Quines has been awarded a Heritage Lottery All Our Stories grant to run Knit Two Together, a project championing the female stories behind the Borders’ knitting and textiles industries. As part of this project playwright Sylvia Dow has created Threads, a new play inspired by research, oral history and local knitting circles. Tonight Stellar Quines presents Threads as a script in hand performance for the first time. For more information on Knit Two Together, and to read some of the personal stories knitters across the UK have sent in, visit www.knit2.co.uk.
Heart of Hawick - Tower Mill, Kirkstile, Hawick, TD9 0AE • Tickets £5
www.heartofhawick.co.uk
Supported by the Heritage Lottery Fund
During the Cold War, Shetland played an important role in NATO’s Early Warning System. In common with the rest of the UK, Shetland also hosted Royal Observer Corps bunkers which would have served as monitoring stations in the event of nuclear attack. Recount, a collaborative artwork commissioned by Luminate and led by Shetland-based artists Roxane Permar and Susan Timmins, focuses on Shetland’s ROC bunkers and memories associated with them. They will explore Shetlanders’ cultural relics and recollections of this unique conflict, gathering stories and embedding them in site specific artwork incorporating text, sound and luminescent textiles.

**Recount: Focus Display**
1 - 31 October / 10am - 5pm, Mon - Sat / 12 - 4pm / Sun
Shetland Museum and Archives, Hay’s Dock, Lerwick, ZE1 OWP
www.shetland-museum.org.uk

**Recount: Artworks**
7 - 31 October / Open all day
Please call or email for directions to the bunkers.

**Recount: Bunker Stories**
A chance to share and hear stories of Shetlanders’ experiences of the Cold War.

12 October / 7pm - 9pm
Dunrossness Public Hall, ZE2 9JB

13 October / 2pm - 4pm
Walls Public Hall, Lower Springfield, ZE2 9RF

19 October / 2pm - 4pm
Voe Public Hall, Bankhaven, ZE2 9PT

20 October / 1.30pm - 3.30pm
Shetland Museum and Archives, Hay’s Dock, Lerwick, ZE1 OWP
www.shetland-museum.org.uk

Various locations
01595 859621 or 07711 157 451
coldwarprojects@gmail.com

luminatescotland.org
This is Martin Bonner

16 October / 1.30pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford’s Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A)

Preceded by short film: Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)

Shetland Arts, Mareel, Lerwick, ZE1 0WQ • Senior Screening: tickets £3 including tea or coffee 01595 745555 • www.mareel.org
www.shetlandarts.com

A Red Hat That Doesn’t Go

16 October / 7.30pm - 9.30pm
An open mic poetry night on the theme of ageing... creatively! Inspired by Wendy Joseph’s famous poem ‘Warning’. Come along and share your favourite poems, or just listen and enjoy.

Shetland Library, Lower Hillhead, Lerwick, ZE1 OEL • 01595 743868
www.shetland-library.gov.uk
Super Vivere

1 - 10 October /
Mon - Fri: 10am - 7.45pm
Sat & Sun: 10am - 8.15pm
A selection of portraits from the photographic series by Susie Rea exploring the lives of brothers and sisters in the UK and Europe who are over the age of 90. Through a combination of images and text and audiovisual narrative, the artist examines how these remarkable individuals understand and experience their survival into very old age.

Gallery Talk / 1 October, 3.30pm
Susie and Maeve Rea will celebrate the exhibition’s opening and the first day of Luminate with an introduction to the project, a short reading from Super Vivere: Reflections on Long Life and Ageing Well, the book that accompanies the exhibition and an artist’s talk.

macrobert, University of Stirling, FK9 4LA • Booking essential 01786 466666 • www.macrobert.org

Created in collaboration with Dr Maeve Rea of Queen’s University Belfast and the EU funded Genetics of Healthy Ageing Study
Thanks to Street Level Photoworks

Seasoned: This is Me

2 - 19 October /
10.30am - 4.30pm, Mon - Sat
Artlink Central’s Seasoned programme’s This is Me project engages and encourages people with dementia to express and describe themselves through the arts. Working with artists, this collaborative practice has given patients new ways to communicate, creating memory walls, sensory hangings, illustrated conversations and personalised life maps and books.

The exhibition also includes work by Callander’s Town Break day club which provides services for people with dementia who are living in their own homes.

Dunblane Museum, The Cross, Dunblane, FK15 0AQ
www.dunblanemuseum.org.uk
01786 825691
In association with NHS Forth Valley Endowments and Town Break Stirling
“Since discovering contemporary dance through Dance House in Glasgow, and experiencing unique opportunities to perform with professional choreographers, what have I learned? That the little voice in my head that says that I can’t can be proved wrong. Through every activity we engage in we learn more about ourselves; and it’s never too late to do that.” 

Irene Kelso

Irene recommends...
Angus - Weaver of Grass, across Scotland
The Way We Wear

7 - 31 October / Open all day
An exhibition of Artlink Central’s current participatory arts programme for older people in hospital. The work produced echoes the skills of the ‘make do and mend’ generation of the 1940s and 50s, blending them with the upcycling skills of the Artlink Central artists working through the current recession.
Atrium, Forth Valley Royal Hospital, Larbert, FK5 4WR
www.artlinkcentral.org
Funded by NHS Forth Valley Endowments

This is Martin Bonner

24 October / 2pm & 7.30pm
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford’s Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommended Cert 12A)
Preceded by short film:
Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)
macrobert, University of Stirling, FK9 4LA • Afternoon screening: midweek matinee, tickets £3 including tea or coffee • Evening screening: tickets £6/£5.50/£4.50 students or Friends of macrobert • 01786 466666
www.macrobert.org

97 Years by Jo Hellier
see opposite page
Exploring Arts and Dementia

25 October / Programme starts at 12pm
Building on macrobert’s work in this area, including the Dementia Friendly Arts symposium at Luminate 2012, this event includes a Creative Exchange session, performances and film screenings:

97 Years by Jo Hellier
12pm and 3.30pm
This interactive installation works through a series of conversations between one performer and her grandfather. Whilst she celebrates and maps his ageing process a confused world is built around her. Live audio and video manipulation creates a complex, beautifully-composed environment born out of simple conversation.
Tickets £7/£5
Presented by Buzzcut

Creative Exchange: Arts and Dementia
2pm
macrobert’s Creative Exchange is a new programming strand that aims to bring people with shared interests together to discuss their practice and find connections, with conversation stimulated by a programme of live art and film. This first event, open to anyone with an interest in this field, will include contributions from macrobert, Artlink Central and the Dementia Services Development Centre.

Play Reading: Mind Away by Jackie Kay
1pm
Mind Away follows Nora, an elderly woman, who is convinced that someone else has access to her thoughts. Mary, her devoted daughter, struggles to keep her in the present, wishing for better days. Funny, sad and thoughtful, Mind Away is a moving portrayal of dementia, investigating what it means to literally lose the mind you thought was your own.
Tickets £7/£5

The Savages
7.30pm
Also showing 27 October / 5pm
Jon (Philip Seymour Hoffman) and Wendy (Laura Linney) are two siblings who haven’t spoken to their abusive father Lenny (Philip Bosco) for twenty years. Lenny has dementia, and when his girlfriend dies brother and sister come to terms with the new and painful responsibilities their father now brings and struggle with the personal demons he helped create. Contains strong language and sexual references. (Tamara Jenkins/USA/2007/113min/Cert 15)
Tickets £6/£5.50/£4.50 students or Friends of macrobert

All at macrobert, University of Stirling, FK9 4LA • 01786 466666 • www.macrobert.org

luminatescotland.org
A Mini Festival About Family

26 October / Programme starts at 10.30am
macrobot’s Mini Festival About Family is a day for people of all ages to come together and share everything that makes a modern family. Unforgettable stories, common threads, big laughs… and a lot of tea and cake.
All at macrobot, University of Stirling, FK9 4LA
01786 466 666 • www.macrobot.org

Room on the Broom and Other Bewitching Tales
10.30am
From Julia Donaldson, creator of the Gruffalo, comes Room on the Broom, a bewitching story of a rather grumpy witch’s cat who learns to get along with a dog, a bird and a frog before they band together to defeat a fire-breathing dragon. Suitable for ages 3+. (Various directors/Various countries/2012/40min)
Tickets £3

Storytelling with Andy Cannon: Tales of a Grandson, Chapter 1: It Came Wi’ a Lass…
11am
Hear the story of the most powerful family in Scotland – so powerful they became kings and queens of England, Ireland and Wales too! This new piece of storytelling theatre will explain who the Stuarts were, how they rose to power and why so many members of this famous dynasty met a violent end. Suitable for ages 5+.
Tickets £7/£5

Creative Tea Party
11.30am - 2.30pm
Join us in the macrobot foyer for tea and cake and free hands-on arts and crafts activities for all ages.

29/92 (Phyllis) by Laura Bradshaw
12pm
In her 92nd year, Phyllis’ body is slowing, ailing. Eyes lose sight, ears lose sound. There are black and white photographs in Roses tin, swollen feet in slippers. Memory upon memory of lived experience. Is this the dance of ageing? In her 29th year, Laura sits in her grandmother’s sitting room and listens. Suitable for ages 10+.
Tickets £7/£5
Presented by Buzzcut

luminatescotland.org
Shorts for Wee Ones
12pm
Frogs, dogs, grandfathers and some very strange underwater creatures all feature in this collection of short animated films. Part of Dundee Contemporary Arts’ Discovery Film Festival tour, these colourful stories are specially chosen, providing a magical introduction to the cinema. Suitable for ages 3+. (Various directors/Various countries/2010-2013/45 min)
Tickets £3

Memories of Suburbia by Will Dickie
1pm
Over the last years of her life, Nan and I spoke about our town, Hampton, in deepest darkest suburbia. I imagined a threshold and danced in shadows cast by the orange streetlights, searching for something beneath the suburb’s comfort and shelter. As I drifted outside, Nan was indoors, drifting through her thoughts.
Tickets £7/£5
Presented by Buzzcut

Up
2pm
Also showing Sunday 27 October / 11am
Animated intergenerational comedy adventure in which retired balloon salesman Carl Fredriksen and eight year old Russell fly towards adventure as they seek the famed Paradise Falls. (Pete Docter/USA/2009/96 min/Cert U)
Tickets £3

Bunty and Doris
2.30pm
Following the success of Ultra Violet at last year’s Luminate, Barrowland Ballet and macrobert’s latest community dance project presents a heart-warming and humorous dance theatre piece, with an intergenerational community and professional cast. Led by acclaimed choreographer Natasha Gilmore, Bunty and Doris take a surreal and comical look at their life over a cup of tea or two.
Tickets £7/£5
Presented by Barrowland Ballet and macrobert

Stories We Tell
5pm
Oscar-nominated filmmaker Sarah Polley investigates some of her own family’s secrets. By interrogating a cast of family members and acquaintances, of varying reliability, Sarah gets to the bottom of her family’s mythology surrounding her late mother and in so doing, unravels the essence of family and how its narrative can shape our individual lives. (Sarah Polley/USA/2013/109 min/Cert 12A)
Tickets £3

What Maisie Knew
8pm
A modern retelling of Henry James 1897 novel, What Maisie Knew tells the story of a little girl caught in the middle of a bitter custody battle. As it becomes clear she is merely a pawn in the war that rages between her parents, the young heroine finds the love of a family from an alternate source. (Scott McGehee, David Siegel/USA/2013/99 min)
Tickets £3
Live Music Now Tour

Live Music Now is a UK-wide charity which provides performing and training opportunities to outstanding young professional musicians who take their performances to a wide range of community settings, including those for older people. Following the success of the Live Music Now Scotland tour at Luminate 2012, the Bill Fleming Quartet (jazz ensemble), Sirius (Scottish traditional trio), mezzo soprano Laura Margaret Smith and accompanist Juliette Philogene, Know and Ion (guitar duo) and Flutes en Route (flute quartet) will bring the festival into the heart of communities across the country.

Ashlea Care Home, Callander
William Simpson Care Home, Stirling

www.livemusicnow.org.uk

Supported by the Gannochy Trust and the Dunard Fund
This is Martin Bonner

3 October / 10.30am
Martin Bonner is finding it tough starting a new life in Reno, Nevada but an unexpected friendship unfolds to offer hope. This beautifully paced new drama won an audience award at Robert Redford’s Sundance Film Festival this year. (Chad Hartigan/USA/2013/83min/Recommend Cert 12A)

Preceded by short film: Friend Request Pending
Comedy drama starring Judi Dench as a silver surfer who knows a thing or two about online dating. (Chris Foggin/2012/UK/12min)

Dundee Contemporary Arts,
152 Nethergate, Dundee, DD1 4DY
Senior Citizen Kane Screening:
tickets £4.50 including tea / coffee
01382 909 900 • www.dca.org.uk

Time for the Arts Exhibition

5 October / 10am - 4pm
An exhibition of paintings in various medias, photographs and craft works produced by members of Perth University of the Third Age (U3A). Many of these works will be for sale. The exhibition is open to all members of the public and will include painting workshops for younger children. Tea, coffee and biscuits will be available.

St Matthew’s Church, Tay St Perth, PH1 5TF • www.perthu3a.org.uk
www.stmatts.org.uk

The Man Who Planted Trees
see page 76
THREAD

11 October / 7.30pm

THREAD, a Fringe First winner by award-winning theatre company Nutshell, written by acclaimed Scots writer Jules Horne, is a darkly funny play exploring friendship and who we become when our memories start to fade. Share Joan, William and Izzy’s tangled lives; friends since primary school and closer-than-close ever since in the secure but suffocating embrace of a 1950s Scottish seaside community.

Stracathro Hall, Inchbare, Nr Edzell, DD9 7QJ • Tickets £8/£5 • 01674 850842 or Angus Arts 01356 648669/01356 670304 • www.neatshows.org.uk www.angusarts.org

Re-Writing Your Life

17, 24 & 31 October, 7 November /
10am - 12pm

A four week creative writing class in Maggie’s Cancer Caring Centres in Glasgow, Inverness and Dundee. During October, Maggie’s well-established creative writing programme will celebrate Luminate by offering a course following three themes: past, present and future, sharing work in the final week. Older people and their friends and family with cancer stories are invited, and new visitors to Maggie’s are very welcome. No experience necessary.

Maggie’s Dundee, Ninewells Hospital, Tom McDonald Avenue, Dundee, DD2 1NH • Booking essential • Contact Kathryn Lamont at kathryn.lamont@maggiescentres.org for further information and to reserve your place

www.maggiescentres.org www.luminatescotland.org
The Best Exotic Marigold Hotel
17 October / 10.30am
This colourful, life-affirming comedy about seven cash-strapped Brits seeking happiness in a retirement resort in India was a huge success. With an all-star cast including Judi Dench and Maggie Smith, it split film critics over its warm but honest representation of life after sixty. (John Madden/UK/2012/124min/Cert 12A)
Preceded by short film: Lochgelly Old Age Pensioners Drive to Crook O’ Devon
An early outing - complete with charabancs! - offers an old-fashioned vision of old age. (1928/UK/6min/b&w/silent)
Dundee Contemporary Arts,
152 Nethergate, Dundee, DD1 4DY
Senior Citizen Kane Screening: tickets £4.50 including tea / coffee 01382 909 900 • www.dca.org.uk

The Steamie
24 October - 17 November / 7.30pm, Wed - Sat, 2pm, Wed - Fri & Sat - Sun
A classic comedy which gives an unashamedly nostalgic view of Glasgow’s past, The Steamie is an all time favourite with Scottish audiences.
Pitlochry Festival Theatre, Port Na Craig, PH16 5DR • Tickets from £15, concessions available • 01796 484626 www.pitlochryfestivaltheatre.com

An Introduction to Blow and Blast
26 October / 2pm - 3pm
Think you’ve left it too late to learn to play a musical instrument? Think again. Be inspired by the players from the Horsecross Blow and Blast woodwind workshops and tutors Tricia and Trona as they explain, and demonstrate, the joys of making music, whatever your age. Not only does music keep the brain and fingers active, it has social and psychological benefits too. You won’t want to wait another day to get started.
Perth Concert Hall, Mill Street, PH1 5HZ
Booking advised • 01738 621031 www.horsecross.co.uk

Lumen at the Great Big Dance Show
29 October / 7.30pm
Lumen - formed under the umbrella of Scottish Dance Theatre - is a new company of mature dancers. With choreographer Sally Owen, they have conjured up No Matter the Season, a playful and passionate world where the poised and purposeful jostle for power... or maybe just the last available chair.
Pitlochry Festival Theatre, Port Na Craig, PH16 5DR • Tickets from £15, concessions available • 01796 484626 www.pitlochryfestivaltheatre.com

luminatescotland.org
The Man Who Planted Trees

Puppet State Theatre Company’s multi-sensory adaptation of Jean Giono’s environmental classic tells the inspiring story of a shepherd who plants a forest, acorn by acorn, transforming a barren wasteland. As much a touching tale as it is a hilarious puppet show, *The Man Who Planted Trees* shows us the difference one man (and his dog!) can make to the world.

**Oaklands Day Centre, Dundee**
**Seaton Grove Care Centre, Arbroath**
**Parkdale, Auchterarder**
www.puppetstate.com

Live Music Now Tour

Live Music Now is a UK-wide charity which provides performing and training opportunities to outstanding young professional musicians who take their performances to a wide range of community settings, including those for older people. Following the success of the Live Music Now Scotland tour at Luminate 2012, the Bill Fleming Quartet (jazz ensemble), Sirius (Scottish traditional trio), mezzo soprano Laura Margaret Smith and accompanist Juliette Philogene, Know and Ion (guitar duo) and Flutes en Route (flute quartet) will bring the festival into the heart of communities across the country.

**North Inch House, Perth**
**Viewlands House, Perth**
www.livemusicnow.org.uk

Supported by the Gannochy Trust and the Dunard Fund

THAT’s Musicality Workshop: Discover Creative Engagement with The Arts

THAT provides creative engagement projects for people with long term conditions across Tayside. This event will introduce our approach and hold a participatory musicality workshop opportunity for people with Dementia, Chronic Obstructive Pulmonary Disease, and Parkinson’s, and their Carers, friends, family and staff. This unique opportunity will provide a platform to discover more about THAT’s participatory arts projects and develop future project partnerships throughout the region.

**Caird Hall, Dundee**
www.nhslothian.scot.nhs.uk

Supported by NHS Tayside, Leisure and Culture Dundee, and Creative Scotland
Live Music Now: The Luminate Suite

A brand new Live Music Now initiative designed especially for Luminate 2013 working with older people on the islands of Mull, Skye, Tiree, Iona and Islay to create a suite of songs inspired by shared experiences and memories of island heritage and culture. Following workshops with Live Music Now musicians in summer 2013, recordings and memories and composer Bill Sweeney has used as the creative springboard for this new piece which will premier during Luminate in the communities which are the source of inspiration.

Gortanvogie Residential Home, Islay
Dunaross Care Home, Isle of Mull
Tigh-a-Rudha Care Home, Isle of Tiree
Budhmor House, Portree, Isle of Skye
An Acardsaid Care Home, Broadford, Isle of Skye
Taigh na Greine (Sunshine House)
Lunch Club, Islay
Aros Hall Lunch Club, Mull
Iona Lunch Club
Tiree Lunch Club
Portree Lunch Club, Isle of Skye

www.livemusicnow.org.uk
Couldn’t Care Less: Watch Online

18 October / 8pm
Watch Couldn’t Care Less live at Edinburgh’s Traverse Theatre from anywhere in the world! You can even add comments to the chatroom and take part in a post-show discussion. Login to the address below for more information and to watch.

www.couldntcarelesstheplay.wordpress.com/watch-online
Luminate would like to thank:

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Jane Ferguson  Fiona Miller

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160 Causewayside,
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