Luminate Festival ’19

Celebrating creativity as we age

1st – 31st May 2019
Thank you!

Principal Supporters:

Creative Scot
The Baring Foundation
age Scotland
Hugh Fraser Foundation
Nimar Trust

Luminate gratefully acknowledges support from:

Life Changes Trust
Unforgotten Forces
Esmée Fairbairn Foundation
Baillie Gifford
The Robertson Trust
Scottish Care

Hugh Fraser Foundation
Nimar Trust

Big thanks to our Festival Faces
David Greig, Naomi O’Kelly, Mary Michie, Ron Coleman, and Abbie.

If you would like to find out more about supporting Luminate’s work, please contact us on 0131 668 8066 or email info@luminatescotland.org
How to use this brochure

All the events in this brochure are listed by region and then by date, so you can easily find what’s on in your area and plan your festival.

Many of our events are completely free with no booking required – just turn up on the day. For those that do require a booking, you’ll find all the details you need underneath each listing.

Please note events listed in the outreach sections of the brochure are not open to the public.

To help you find things quickly we’ve included the following symbols:

- Exhibition
- Film
- Insight
- Online
- Performance
- Take Part
- Talk

We have also included the following symbols to highlight accessible events:

- Audio Description
- Sign Language Interpretation
- Sound Enhancing Systems
- Wheelchair Access
- Captioning

Every care has been taken to ensure the accuracy of information at the time of going to print, however all information contained within the brochure is subject to change.

Please visit www.luminatescotland.org for the latest information or contact the venues directly.
Welcome to Luminate Festival 2019

I am delighted to welcome you to the Luminate Festival 2019, which once again explores creative ageing in its many guises across Scotland – telling stories, sharing experiences across the generations, and offering opportunities to try something new whatever your age. As always, the programme extends the length and breadth of the country, reaching people of all ages and proving time and again that our creativity doesn’t reduce with age.

Our organisation has seen many changes since the last Festival in October 2017. We have introduced an exciting – and growing - programme of creative ageing activities all year-round. As a result, we have also made some changes to our Festival, which has moved from October to May and now takes place every 2 years. May 2019 sees our first biennial Festival, and I hope you are as pleased as I am to see it return!

This year you can take part in a dance workshop in Macduff or a theatre workshop in Edinburgh or Dundee, attend an intergenerational Screen Awards Ceremony in Falkirk, help create a 3-dimensional textile installation in Ullapool, and see the innovative work of older professional artists in Easterhouse. There are performances, exhibitions and screenings across the country, including an array of activities in care homes, day centres and lunch clubs.

The programme features many events that are dementia friendly, and I am delighted that it includes the launch in Aberdeen of a new dementia inclusive choirs network for Scotland.

I would like to thank all the communities, artists and cultural organisations who have come together once again this year to take part in Luminate. Creativity has no age, and I hope you will join us this May to discover a wealth of exciting creative experiences.

Anne Gallagher – Director, Luminate
A festival for everyone

We want the Luminate Festival to be as accessible as possible to everyone.

Where audio description, captioning, sign language interpretation and sound enhancing systems are available they are clearly marked on each listing.

Please contact venues directly for more access information and to discuss your access requirements. Contact information is provided with each listing.

Connect with us

Use our hashtag #LuminateFestival19

By phone 0131 668 8066
By email info@luminatescotland.org
How to get to Luminate Festival events

Public transport information is available from Traveline Scotland at www.travelinescotland.com or phone 0871 200 223.

The Artlink Edinburgh Arts Access service helps people in the Edinburgh area who may otherwise have difficulty getting out and about to arts events, connecting service members and volunteers who enjoy the arts and providing a door-to-door service. Visit www.artlinkedinburgh.co.uk or phone 0131 229 3555 for further information.

The Luminate Festival is proud to feature a variety of creative events in different venues ranging from theatres and galleries to community halls and care homes. Event organisers – including artists, cultural organisations and community groups – are at the centre of the festival and it is this collaboration that makes the Luminate Festival unique. Each local event organiser is responsible for all aspects of managing their event, so please note that any queries in relation to a specific event in your local area can be answered by your local event organiser who will be happy to speak to you about timing, programmes, the facilities provided and health and safety matters.
CAN Pop-Ups
Wed 1st, 8th, 15th & 29th May, 10am – 2pm
Free

Aberdeen CAN (Creative Ageing Network), will be at Aberdeen Community Health and Care Village on four Wednesdays during the Luminate Festival with information and activities to release your creativity and improve your wellbeing.

Aberdeen Community Health and Care Village
50 Frederick Street
Aberdeen AB24 5HY
01224 611 161

Keeping Alive
Crafts from the Past
Wed 1st – Fri 31st May, various times*
Free

The Kemnay Knit and Natter group have a display in the Library for all to see and comment on during Library opening times. This includes many items which have been knitted or crocheted for charity. We are a friendly group who meet regularly to knit, sew and more. Help is on hand for anyone who needs it.

New members always welcome.

*Kemnay Library opening hours
Mon 3pm – 7.30pm
Tue 10am – 12.30pm
Wed 3pm – 7.30pm
Thu Closed
Fri 3pm – 7.30pm
Sat 10am – 12.30pm
Sun Closed

Kemnay Library
Kendal Road
Kemnay
Inverurie AB51 5RN
01467 642 711
wj.michie1@tiscali.co.uk
Way Through: A Journey of Hope and Inspiration

Launch: Fri 3rd May, 6pm  
Session 1: Sat 4th May, 11am – 2.30pm  
Session 2: Sun 26th May, 2pm – 4pm  
Free

Join us to experience an art exhibition that invites you to walk with Alison Chandler through her personal journey as she creates art for the first time in her life, as a therapeutic tool to find her way through cancer and subsequently, following a full recovery, opening a new chapter for herself as an artist.

Due to the Grade A listing of the building and its current condition, wheelchair access is not provided. Please contact the event organisers in advance to discuss access requirements.

St.Margaret’s Braemer  
Glenshee Road  
Braemar AB35 5YQ  
07780 433 302  
www.stmargaretsbraemar.org.uk  
www.waythroughart.com

Mi-Tech

Fri 3rd May, 7pm  
Free

Mi-Tech is an intergenerational theatre piece created by the Diddly Dahz and The Grammies, exploring digital technology and how this affects our everyday social interactions.

Join us on this virtual journey to reflect on our own tech usage.

With thanks to the Creative Learning Team at Aberdeen City Council, the Creative Learning Team at Aberdeen Performing Arts, Aberdeen Performing Arts staff and technical support, Grammar School Drama Department and Shire Audio Vision.

The Lemon Tree  
5 West North Street  
Aberdeen AB24 5AT  
www.aberdeenperformingarts.com  
01224 611 161  
alwatson@aberdeencity.gov.uk  
Booking essential
**Come and Sing!**  
(Dementia friendly)  
Sat 11th May, 3pm – 4.30pm  
Free

Join us in a fun, massed-voice intergenerational singing event open to people of all ages; individuals, singing groups and community choirs, and featuring classic songs in lots of styles.

Hosted by the 90-strong Music Hall Community Choir, this event launches Luminate’s new nationwide Dementia Inclusive Choirs Network which aims to widen singing opportunities for people living with dementia across Scotland.

Conductor: Stephen Deazley.

Network supported by the Life Changes Trust and Baring Foundation, in partnership with Age Scotland, Scottish Care and Making Music. Event in partnership with Aberdeen Performing Arts.

Music Hall  
Union Street  
Aberdeen AB10 1QS  
www.aberdeenperformingarts.com  
01224 641 122

**Booking essential**

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**Chance to Dance**  
Thu 16th May, 10.45am – 3.30pm  
Free

A dance workshop day for older people in Aberdeenshire. Come and try something new in a relaxed and friendly environment. This event offers a chance to work with a guest choreographer and to create a short piece of dance during the day. No previous experience required! Choreographers: Ruth Kent and Sheena Byrne.

Admission free but booking in advance essential. Lunch will be provided.

With thanks to Live Life Aberdeenshire and Luminate.

Macduff Community and Sports Centre  
Duff Street, Macduff  
Aberdeenshire AB44 1AA  
01467 537 476  
leslie.murison@aberdeenshire.gov.uk

**Booking essential**
Meet Me At... The Lemon Tree
Tue 21st May, 11.30am – 1pm
Free

This event is open only to groups from care homes.

Meet Me At... The Lemon Tree is an event for residents of Aberdeen care homes and their carers. A lunchtime session with light entertainment and a simple lunch in a relaxed environment.

For more information and to book contact Alison Black, Creative Learning Aberdeen City Council, on 01224 611 161.

Booking essential
Textile Crafts and Art Groups Exhibition
Thu 9th & Fri 10th May, 10am – 4pm Free

Textile Crafts, Art & SWI groups showcase their work! Come and join us for this one-off event celebrating our arts and crafts achievements. We like to meet in our groups to share skills, try out new things and practise techniques.

We’ll welcome you with tea, coffee and home-baking and piano music on both afternoons, your requests are welcome.

Cove Burgh Hall
Shore Road
Cove G84 0LY
www.coveburghhall.org.uk
01436 842 722

Bookends Soufflé
Fri 17th May, 11am – 6.30pm Free

Chill out and join in with our “slow” event. Bookends pop-ups take place once a month in Benderloch and this May we want to slow things down. So instead of a pop-up we’re having a soufflé! We’ll do what we do but just a little slower...

At Bookends we have filled our 100-year-old, wood-lined village hall with hundreds of pre-loved books, comfy sofas, armchairs and cups of tea.

Reading Room
Victory Hall
Benderloch
Oban
Argyll PA37 1QP
01631 720 247
Making a Mystery: Write, Record and Perform a Radio Play

Thu 23rd & Fri 24th May, 1pm – 3pm,
Sat 25 May, 11am – 1pm
Free

Inspired by a love of radio plays (especially murder mysteries and ghost stories), storyteller and theatre-maker Naomi O’Kelly will lead three sessions at Cove Park, bringing together a group of local older adults to listen, brainstorm, write, perform and audio-record a thrilling tale. The audio play will be available as a recording after the sessions.

All creative contributions will be appreciated! Participants can expect tea, melodrama, conversation, laughter and biscuits. Participants are welcome to attend one, two, or three workshops. Booking is required.

Cove Park
Peaton Hill
Near Cove
Argyll and Bute G84 0PE
www.covepark.org
01436 850 500

Booking essential
Dementia Friendly Collage Workshops
Thu 9th, 16th & 23rd May, 10am – 12pm, 2pm – 4pm
Free

An accessible dementia-friendly workshop inspired by the Eduardo Paolozzi exhibition on display at Rozelle House. Enjoy arranging different pieces of paper, photographs and other ephemera to create a piece of collage art.

Suitable for individuals, community groups and care homes. Booking essential via email to Pamela.McIntyre@south-ayrshire.gov.uk or contact Rozelle House on 01292 445 447

Rozelle House Museum & Gallery
Monument Road
Ayr KA7 4NQ
www.south-ayrshire.gov.uk/galleries

Booking essential

The Old Man and The Gun
Fri 10th May, 7.30pm – 9pm
£6 (£4 for 60+ for this screening only)

Come and see Robert Redford in his last ever performance, a Golden Globe-nominated, highly acclaimed true story. Redford is a 70-year-old career criminal who escaped from prison and engages in a succession of heists which grabs the attention of both the public and the detective who is pursuing him.

This engaging film harkens back to previous Redford roles and is a fitting farewell to a legend.

Dunlop Village Hall
48 Main Street
Dunlop
Ayrshire KA3 4AG
www.dunlopvillagehall.org.uk
01560 480 391
dunlophall@gmail.com
Talent on Tour: Broomlands & Bourtreehill Community Singers
Tue 21st May, 2pm – 3.30pm
Free

Once again, the Broomlands & Bourtreehill Community Singers are performing at the Harbour Arts Centre, Irvine, as part of their Talent on Tour Showcase and you are warmly invited! The lads and lassies who are all over 60 are looking forward to sharing their repertoire of many popular old and new songs. Why not join in?

Harbour Arts Centre
Harbour Street
Irvine KA12 8PZ
01294 274 059
harbourarts@north-ayrshire.gov.uk

Booking essential
Metamorphosis
Wed 1st – Fri 31st May
Free

Dumfries and Galloway’s Southlight magazine celebrates creative changing with an online publication as part of the Luminate Festival. Writers everywhere and of all genres are invited to submit short prose, poetry, book and film reviews, photographs and art work.

With thanks to Wigtown Festival Company.

To take part or find out more, visit www.southlight.ukwriters.net. Enquiries: 01988 403 222 or email the Editor: carolynanne57@gmail.com

www.wigtownbookfestival.com/contact
01988 403 222
mail@wigtownbookfestival.com

Give Voice, Give Stories: Storytelling with Jean Edmiston and Susie Howie
Sat 4th May, 2pm – 3pm
Free

For the past five years, storytellers Jean Edmiston and Susie Howie have been working in care homes in Dumfries & Galloway as part of Wigtown Festival Company’s Give Voice project. Come and join them to hear some favourite stories and experiences gathered over the years through Give Voice, including folklore, fairy tales, poems, songs and stories of place.

Part of Wigtown’s Spring Book Weekend.

The Print Room
8 New Road
Wigtown DG8 9HN
01988 402 036

Booking essential
Legacy Letters with Renita Boyle: Leaving Behind What Matters Most
Sat 4th May, 5pm – 6.30pm
Free

Never mind the family china! Pass on a legacy letter. Share your signature stories, wisdom, values, blessings, lessons, hopes, dreams, love and forgiveness with your family, friends, community and future generations. This workshop provides an understanding and framework for writing legacy letters as well as the tools and support you need to get started, including exercises, prompts and examples.

Part of Wigtown’s Spring Book Weekend.

The Print Room
8 New Road
Wigtown DG8 9HN
01988 402 036

Booking essential
Body Image and the Older Woman

Sun 12th, Thu 16th and Fri 17th May, 7pm – 8.30pm
Free

Photographer Kim Ayres introduces his Women Over 50 project: creating bold, engaging nude portraits that seek to overturn the dominant narrative of women’s bodies being tied to a narrow paradigm of youth, impossible physical attributes and perceived sexual availability. Join Maggie Broadley in conversation with fellow creative practitioners about these striking images and the issues they raise.

Includes nudity.

With thanks to Wigtown Festival Company, Thomas Tosh, The Stove and DG Unlimited.

DATES & LOCATIONS
12th May, Thomas Tosh
19 East Morton Street, Thornhill DG3 5LZ
01848 331 553
Please note admittance to Thomas Tosh is at 6.45pm and only drinks will be on sale.

16th May, The Stove
100 High Street, Dumfries DG1 2BJ
01387 252 435, info@thestove.org

17th May, The Print Room
Wigtown Festival Company
11 North Main Street, Wigtown DG8 9HN
01988 403 222
mail@wigtownbookfestival.com

Contact Carolyn Yates:
carolynanne57@gmail.com
01556 503 739 or 07773 797 495

Ága

Wed 15th May, 7.30pm
£7 (£5.30)

In this visually spectacular love story, set in the Arctic, an isolated couple must deal with a changing way of life while yearning for their estranged daughter.

Lazarov and his superb cinematographer Kaloyan Bozhilov take full advantage of the dramatic snowy landscape in this captivating tale of a disappearing way of life, generational conflict and an enduring love.

Dir: Milko Lazarov.
Recommended age 15.

Robert Burns Centre Film Theatre
Mill Road
Dumfries DG2 7BE
www.rbct.co.uk
01387 264 808
The Blairs of Borgue: A Performed Reading
Sat 25th May, 6.30pm – 8pm
£8 (£6)

Citadel Arts Group presents a historical drama by John Lamb based on real events in 18th century Kirkcudbright and directed by Liz Hare. Citadel Arts Group works with people of all ages to create theatre and collect living memories of older people. We produce plays and nurture new playwrights of all ages, especially mature writers.

Lady Blair struggles with her family and the estate: her elder son has mental health issues while her ambitious younger son seems bent on following his late father’s footsteps and slipping into alcohol dependency. How can the ageing mother keep the family together?

Broughton House
12 High Street
Kirkcudbright DG6 4JX
www.nts.org.uk/visit/places/broughton-house
07770 623 924
lizhare@blueyonder.co.uk
### The Beautiful People: Workshop

**Wed 1st, 8th, 15th, 22nd, 29th May, 1.30pm – 3pm**  
**Free**

The Beautiful People, Dundee Rep Theatre’s group for people aged 55 and older, will be exploring what it means to ‘live your second childhood’. Inspired by the amazing New Zealand based Hip Operation Crew, the group will be participating in workshops ranging from hip-hop to performance poetry. New members always welcome

Funded by the Rank Foundation.

Dundee Rep Theatre  
Tay Square  
Dundee DD1 1PB  
[www.dundeerep.co.uk](http://www.dundeerep.co.uk)  
01382 342 660

**Booking essential**

### Ága

**Sun 5th May, 3pm, £5**  
**Sun 12th May, 3.45pm, £6.50**

In this visually spectacular love story, set in the Arctic, an isolated couple must deal with a changing way of life while yearning for their estranged daughter.

Lazarov and his superb cinematographer Kaloyan Bozhilov take full advantage of the dramatic snowy landscape in this captivating tale of a disappearing way of life, generational conflict and an enduring love.

Dir. Milko Lazarov.  
Recommended age 15.

**Fri 5th May 3pm, £5**  
**Fri 12th May 3.45pm, £6.50**

Dundee Contemporary Arts  
152 Nethergate  
Dundee DD1 4DY  
[www.dca.org.uk](http://www.dca.org.uk)  
01382 432 444
Luminate Shorts
Thu 9th May, 10.30am
£6 (Senior Citizen Kane Club: includes complimentary tea or coffee)

Luminate Shorts will delve into a range of issues which affect us all as we age: challenging topics like loneliness and living with grief to uplifting tales of new beginnings and finding unexpected joy.

Small but perfectly formed, this collection will be sure to inspire audiences to think differently about the challenges and opportunities of growing older.

Dir: Various.
Recommended age 12.

Dundee Contemporary Arts
152 Nethergate
Dundee DD1 4DY
www.dca.org.uk
01382 432 444

In the Ink Dark
Tue 21st – 30th May
Times vary
Free

In the Ink Dark is a project from Luke Pell and collaborators, a dance and a poem made from memory and conversation. Throughout May 2019 a series of conversations and encounters with different people in Glasgow and Dundee will lead to two weeks of live dance performances in unique spaces in the cities.

Visit www.intheinkdark.com to listen to Some Words to Wander With, a series of podcasts that accompany In the Ink Dark.

Tue 21st May, 11am, Thu 23rd May, 1pm & 7pm, Mon 27th May, 7pm
Dundee Rep Theatre
Tay Square
Dundee DD1 1PB
www.dundeerep.co.uk
01382 223 530

Wed 29th & Thurs 30th May, 6.30pm
Dundee Central Library, Wellgate
Dundee DD1 1DB
www.leisureandculturedundee.com
01382 431 500
central.library@leisureandculturedundee.com

In the Ink Dark is also being presented at Platform, Glasgow (see page 53).

Booking essential
The Beautiful People: Open Event
Wed 22nd May, 1.30pm – 3pm
Free

You’re invited to a special session of The Beautiful People, Dundee Rep’s theatre group for older people. Coinciding with performances of Birds of Paradise and National Theatre of Scotland’s award-winning My Left / Right Foot – The Musical, reminisce with creator of the amdram themed show Robert Softley Gale, about your experiences over a cup of tea and a biscuit.

You can watch My Left / Right Foot – The Musical (fully captioned) after this event, but tickets must be booked separately.

Dundee Rep Theatre
Tay Square
Dundee DD1 1PB
www.dundeerep.co.uk
01382 223 530

Booking essential

Who’s Who in Uniform
Wed 22nd & Thu 23rd May, 2pm – 3.30pm
£5 (£3)

Join the team at HMS Unicorn and discover more about our collection of naval uniforms from the early 20th century by participating in our Who’s Who game – Uniforms!

Play our mystery-solving guessing game entirely based on our collection of naval uniforms from the early 20th century, where you will have the opportunity to inspect them closely with the help of our Collections team.

This event involves a cross-generational audience, namely children between 10-15 years old and seniors.

HMS Unicorn
Victoria Dock
Dundee DD1 3BP
www.frigateunicorn.org
www.gammabookings.com/FrigateUnicorn
01382 200 900
learning@frigateunicorn.org

Booking essential
Summer Holiday – The Musical
Fri 24th – Thu 30th May, various times, check with Box Office
£18 – £38*

One of the most popular movies of the 60s, immortalised by Cliff Richard and The Shadows, in the happiest, hit-filled, feel-good musical and including well-loved songs Summer Holiday, The Young Ones, Do You Wanna Dance, Bachelor Boy, Living Doll.

*Luminate website visitors and brochure readers will get an exclusive 20% discount for the opening week of Summer Holiday, 24-31 May, applicable to all price bands except Saver Seats. When booking please quote “LUMINATE”. See website for terms and conditions.

The Straight Story
Sun 26th May, 1pm
£6.50

Based on the true story of Alvin Straight, a 73-year-old man who drove 240 miles across Iowa and Wisconsin on a lawnmower to visit his ailing estranged brother, *The Straight Story* offers a genuinely charming and quirky variation on the formula of the great American road movie. An extraordinary portrait of older age.

Dir: David Lynch.

Pitlochry Festival Theatre
Port Na Craig
Pitlochry
Perthshire PH16 5DR
www.pitlochryfestivaltheatre.com
01796 484 626
BoxOffice@PitlochryFestivalTheatre.com
Outreach:
A Guid Yarn

The Beautiful People, Dundee Rep Theatre’s group for people aged 55 and older, will be using theatre, song and dance to explore the stories we know, don’t know and love from across Dundee care homes throughout May. The project will culminate with theatre trips to Dundee Rep Ensemble’s community tour A – Z of Dundee, a brand new anarchic, fast-paced (and mostly true) history of Dundee.

Funded through The Rank Foundation.

St Ronan’s Care Home, St Columba’s Care Home, Menzieshill House and Craigie House.

Outreach:
Live Music Now Scotland performance

Live Music Now Scotland musicians, Abigail Young (violin) and Nic Lauener (piano) will perform for residents, families and staff.

Both performances are generously supported by The Gannochy Trust.

Kincarrathie House and Rivendell House in Dunkeld
Festival Faces

Naomi O’Kelly, 34, Artist

If I could try one new thing...

I would ask if I could design the window displays for a shop. In my mind’s eye, I can see myself brainstorming, surrounded by mountains of bright pink, beautiful fabric... I’m not sure if I’d do a very good job, and I’d be way out of my comfort zone, but hopefully I’d have fun?!
Facets: an exploration of moods and emotions in dance
Fri 3rd May, 2pm
Free

24 Carat Gold are a group of dancers who meet at Dance Base to share the pleasure of dancing. Aged from 60 to 85 they share their talents and experiences to explore the ways that moods and emotions can be expressed in dance. Join us for this special performance of our work.

With thanks to Steinvor Palsson, Chris Stuart Wilson, Alan Greig, Corrie de Koster Wolve, Morag Deyes and the staff at Dance Base.

Dance Base
16 Grassmarket
Edinburgh EH1 2JU
www.dancebase.co.uk
0131 225 5525
dance@dancebase.co.uk

Creative Digital Photography
Mon 6th, 13th, 20th & 27th May, 11am – 1pm
£60

Digital Photography for the analogue generation.

Learn how to use your digital camera in a fun and relaxed environment. In a small group you will learn basic camera controls under the expert guidance of a practising photographic artist. The course will be taught at a pace that suits over four weeks.

Equipment can be provided if you don’t have your own. This course is run in small groups by a professional freelance photographer.

Stills Centre for Photography
23 Cockburn Street
Edinburgh EH1 1BP
www.stills.org
0131 622 6200
info@stills.org

Booking essential
Tour and Tea with Stills Director Ben Harman
Tue 7th May, 11am
Free

Join us at Stills for an informal tour of our current exhibition *Ambit*, a group exhibition of photographic work being made in Scotland today.

The tour will be followed by a cup of tea and slice of cake in our comfortable library area.

Stills Centre for Photography
23 Cockburn Street
Edinburgh EH1 1BP
www.stills.org
0131 622 6200
info@stills.org
Berlioz Symphonie Fantastique and Faure Requiem
Thu 9th May, from 6.30pm
£16*

6.30pm Connect Insights
Join storyteller Claire Hewitt and SCO Clarinet William Stafford for a pre-concert chat where you can enjoy the company of others as we conjure up Berlioz’s world.

7.30pm SCO Season Finale Concert
We warmly invite you to come together for Scottish Chamber Orchestra’s Season Finale Concert! Conductor Emmanuel Krivine brings an abundance of French panache in Berlioz’s Symphonie Fantastique, and Fauré’s Requiem is gloriously delivered by the sublime SCO Chorus and the soothing baritone of Rudolf Rosen.

*Luminate bookers can get tickets for £16 using the code ‘Luminate2019’ when booking

A Creative Century
Fri 10th May – Sun 30th Jun, various times*
Free

Finding a creative outlet can enrich our lives in so many ways, at every age and stage. This exhibition of photos, testimonials and short films captures ten creative people – from a child under ten to a person in their 90s and every decade in between – to celebrate the many ways we can be creative throughout our lives.

*Dance Base opening hours
Mon – Fri 8.30am – 9.30pm
Sat 9.30am – 5pm

Funded by Creative Scotland as part of the Voluntary Arts Scotland My Time project.

Dance Base
14-16 Grassmarket
Edinburgh EH1 2JU
www.dancebase.co.uk
0131 225 5525

Presented in collaboration with TRACS (Traditional Arts and Culture Scotland).

Usher Hall
Lothian Road
Edinburgh EH1 2EA
www.usherhall.co.uk 0131 228 1155
boxoffice.admin@usherhall.co.uk

Booking essential
Celtic Queens with Jan Bee Brown

Sat 11th May, 11am – 12pm
£5

Join Jan Bee Brown for an evocative celebration of Celtic women with tales of their wisdom, witchcraft, beauty and battles. The stories are gathered in response to Dovecot’s exhibition *Orla Kiely A Life in Pattern*. Ticket price includes entry to the exhibition on the day of the event.

Dovecot Studios
10 Infirmary Street
Edinburgh EH1 1LT
www.dovecotstudios.com
0131 550 3660
info@dovecotstudios.com

Booking essential

Coming of Age

Sat 11th May, 7.30pm – 9.30pm, Free

The Professors of Logic, a five-piece band fronted by singer-songwriter Anna Durkacz, will perform a show called *Coming of Age*, comprising songs about growing older. These songs are presented as a wry and humorous vignette of stories from life. The genre might be described as Post-Menopausal-Post-Folk. Not for nothing has she been called “the Beryl Cooke of song-writing”.

Bellfield
16b Bellfield Street
Portobello EH15 2BP
www.bellfield.scot
0131 281 2942 (venue) or 07882 866 284 (producer)
annadurkacz@gmail.com
The Big Brain
Storm: Social Isolation
Sun 12th May, 9am – 5pm
Free

An immersive, interactive art piece
highlighting the detrimental impact of social
isolation. This piece includes a combination
of collaborative animations designed and
voiced by older people.

Whiffle Pig aims to reduce mental illness
caused by social isolation. Find out more at
whifflepig.com

Stop-Motion Animation Workshop
Whiffle Pig are also running an animation
workshop for the whole family throughout
the day. Everyone aged 1 – 100 will have the
chance to work together to find their voice.

Ága
Sun 12th May, 3.45pm
£11 (£9)

In this visually spectacular love story, set
in the Arctic, an isolated couple must deal
with a changing way of life while yearning
for their estranged daughter.

Lazarov and his superb cinematographer
Kaloyan Bozhilov take full advantage of
the dramatic snowy landscape in this
captivating tale of a disappearing way of life,
generational conflict and an enduring love.

Dir: Milko Lazarov.
Recommended age 15.

Filmhouse
88 Lothian Road
Edinburgh EH3 9BZ
www.filmhousecinema.com
0131 228 2688

Dynamic Earth
the Biosphere
Holyrood Road
Edinburgh EH8 8AS
www.dynamicearth.co.uk
0131 550 7800
or 07539 022 897 for event organisers

Booking essential
Dementia Friendly Sculpture Workshops
Mon 13th – Thur 16th May, 10:30am – 12pm or 2pm – 3:30pm
Free

Join us at the Gallery of Modern Art (Modern Two) for friendly and accessible dementia friendly workshops inspired by the exhibition Andy Warhol and Eduardo Paolozzi | I want to be a machine.

Over a cup of tea and cake, enjoy exploring tactile materials and create a piece of abstract sculpture.

Suitable for community groups and care homes. Maximum eight participants and any number of staff.

There is free disabled parking at the Gallery of Modern Art and there is a full, open-access Changing Places toilet in the car park of Modern One.

Scottish National Gallery of Modern Art
Modern Two
75 Belford Road
Edinburgh EH4 3DR
www.nationalgalleries.org
0131 624 6560
informationdesk@nationalgalleries.org

Gala Week Stories and Memories
Mon 13th – Thu 16th May, 2pm – 3.30pm
£5 (Carers Free)

Elderwise Storytellers are hosting gala week at the Scottish Storytelling Centre, where each day will feature stories, songs and reminiscences about these special celebrations, with a fun craft activity over tea and cake. Come to one, or all!

Scottish Storytelling Centre
43-45 High Street
Edinburgh EH1 1SR
0131 556 9579
reception@scottishstorytellingcentre.com

Booking essential
Exploring and Creating Visual Stories with the Travelling Gallery

Tue 14th May, 10am – 6pm
Free

Come inside the much-loved Travelling Gallery this Spring at Inch House and discover the poignant visual stories in *Displaced*, exploring five artists’ responses to migration and the global refugee crisis.

After an informal tour of this thought-provoking exhibition; what better way to express your own reflections than by joining an artist and creating your own simple artwork or story inspired by the exhibition?

Refreshments provided throughout the day. Travelling Gallery invites visitors with access requirements to get in touch in advance on 0131 529 3949 to ensure that the exhibition can meet their needs.

Inch Community Education Centre
Inch House
225 Gilmerton Road
Edinburgh EH16 5UF
www.inchhouse.co.uk
www.travellinggallery.com
0131 529 3949

Spring in Your Step

Tue 14th May, 7.15pm
£3

Appalachian dance group, Kick the Cat, invites you to join us at a workshop. As well as watching (and finding out “Why Kick the Cat?”) you will learn some steps that you can use to take part in a fun social dance. Hard shoes are useful, or rake out those old tap shoes.

There are steps to the front door and a ramp leading from the front to a back entrance. Parking available on South Clerk Street. Disabled parking on West Crosscauseway leading to Quarry Close. The venue has accessible toilets.

Southside Community Centre
117 Nicholson Street
Edinburgh EH8 9ER
0131 665 4793
0131 229 3389
Knit & Natter Extraordinaire

Wed 15th May, 10am – 12pm
Free

Join us to knit, enjoy banter and share stories along with Eleanor Thom from the Edinburgh International Book Festival, who will create a story from the day. We’ll be knitting 5” (12.5cm) squares in shades of purple to create a comfort blanket or two which will be donated to St Columba’s Hospice.

Time to chill and enjoy a knit with a great cuppa! All welcome.

North Edinburgh Arts
15a Pennywell Court
Edinburgh EH4 4TZ
www.northeredinburgharts.co.uk
0131 315 2151

Craft Café Experience: Open Day

Wed 15th May,
Morning Session: 10am – 12.30pm,
Afternoon Session: 1.30pm – 4pm
Free

Join us at Craft Café Edinburgh for a creative session on the theme of colour! We’ll delve into the magic of colour theory, using paints and mixed media to explore different elements of this fascinating subject. Each participant will have the opportunity to create their own canvas during the session and materials – including tea, coffee and biscuits – will be provided.

A great chance to enjoy Craft Café, which is normally open only to residents of Viewpoint Housing Association.

With thanks to Viewpoint Housing Association. An Impact Arts event.

St. Raphael’s Care Home
6 South Oswald Road
Edinburgh EH9 2HG

Very limited spaces. Please book by contacting Sarah Derron on 07813 340 846 or emailing sderron@impactarts.co.uk

Booking essential
Art in the City: at the People’s Story
Thu 16th May, 10.30am – 12pm
Free

Art in the City provides an opportunity for people with dementia and their friends, family and carers to share a gallery visit and discuss art (and other things) in a friendly and supportive environment.

People who are not part of the core group are welcome to join for this trip down memory lane. Meet us at the Museum of Edinburgh first for a cup of tea or coffee and a chat.

Please note that there are some steps in the building and the initial tea and coffee will be served at the Museum of Edinburgh. The tour will be specially adapted to meet the needs of the group.

People’s Story Museum
163 Canongate
Royal Mile
Edinburgh EH8 8BN
www.edinburghmuseums.org.uk
0131 529 6365

Book your space by contacting diana.morton@edinburgh.gov.uk

Booking essential

Harbour
Thu 16th May, 8pm
£7 (£5)

A beautiful Scottish village. A peaceful community. Idyllic lives. Until rumours, distrust and suspicion start to spread. We see a community challenged by change in the place they know to be home. Inspired by David Greig’s adaptation of Local Hero, Lyceum Original Sixty will explore the idea of community, love, communication in search of their own local hero.

With thanks to the Royal Lyceum Theatre.

Traverse Theatre
10 Cambridge Street
Edinburgh EH1 2ED
www.traverse.co.uk
0131 228 1404
boxoffice@traverse.co.uk

Booking essential
An Audience with...
Sat 18th & 25th May, 2pm – 5pm
£10 (£5, carers are Free)*

An entertaining personal encounter with
dancers from the Variety Era. Doreen Leighton-Ward (87), Marie Duthie (96), June Don Parker (92) and Betty Clarkson (98) will ignite your imaginations and regale you with stories, insights, photos and memorabilia from their fascinating, prolific and sparkling careers. A special event, a rare opportunity, a convivial afternoon... and of course there will be dancing!

*TICKETS
£10 (£5) including a hard-back copy of

Janice Parker Projects in collaboration with Capital Theatres.

Please meet in the main foyer next to the box office. Max 4 tickets per person.

Festival Theatre
13-29 Nicolson Street
Edinburgh EH8 9FT
www.capitaltheatres.com
www.janiceparker.co.uk
0131 529 6000
box@capitaltheatres.com

Booking essential

PRIME TIME!
Sat 18th May, various times*
Free / £5

We open our beautiful studios and invite you to join PRIME for inspiring fun. Have a gentle, enjoyable class designed for mature bodies, or join a mat class of easy Pilates exercises. Then an informal gathering, to chat about how moving makes the ageing process progress with ease and joy.

Later, PRIME perform from their repertoire, inviting special friends to join them. Plus, a silent auction throughout the day!

PRIME are Scotland’s first semi-professional dance company for dancers over 60. If you would like to donate for their future, there will be opportunities but NO obligation.

TIMES
1.30pm – 2.30pm, Pilates, Free
2.45pm – 3.45pm, Contemporary, Free
7pm – 8pm, Performance, £5

All parts of the day are bookable separately.

Dance Base
16 Grassmarket
Edinburgh EH1 2JU
www.dancebase.co.uk
0131 225 5525
dance@dancebase.co.uk

Booking is essential
The L.A.B. – Laboratory Art Binge @ CRM
Mon 20th May, 10am – 12pm, 1pm – 3pm & 3pm – 5pm
Free

Join us for a creative feast inside the laboratory!

Have you ever wondered what happens behind the scenes of The University of Edinburgh MRC Centre for Regenerative Medicine? Come and enjoy two hours of drawing and exploring the laboratory with Artist Emily Fong, getting up close and personal with one of the most exciting medical research centres in the UK in a fun and friendly way.

This fully funded event has been created for older people. For further information search ‘Laboratory Art Binge’ on Eventbrite.

MRC Centre for Regenerative Medicine
The University of Edinburgh
Edinburgh BioQuarter
5 Little France Drive
Edinburgh EH16 4UU
www.crm.ed.ac.uk/Laboratory-Art-Binge
0131 651 9500
scrm.admin@ed.ac.uk

Booking essential

Spring Fling – Dementia Friendly Tea Party for all the Family
Mon 20th May, 2pm – 3.30pm
£2 (Carers Free)

Celebrate Victoria Day! Inspired by Queen Victoria’s love of Scotland, bring the whole family along to our dementia friendly tea party. Enjoy traditional music and dance from Scotland, with Phelan School of Dance and Aonach Mòr featuring BBC Young Traditional Musician of The Year 2015, Claire Hastings (voice), Ron Jappy (fiddle) and Grant McFarlane (accordion). An afternoon guaranteed to ‘fling us all into Spring!’

A Capital Theatres and Live Music Now Scotland project.

Festival Theatre
13-29 Nicolson Street
Edinburgh EH8 9FT
www.capitaltheatres.com
0131 529 6000
bxo@capitaltheatres.com

Booking essential
The Royal Lyceum Theatre
30b Grindlay Street
Edinburgh EH3 9AX
www.lyceum.org.uk
0131 248 4848
boxoffice@lyceum.org.uk

Art Adventures in Nature
Erskine Edinburgh Care Home
468 Gilmerton Road
Edinburgh EH17 7SA
0131 672 2558
www.erskine.org.uk
Escaped Alone by Caryl Churchill

Sun 26th May, 2pm, 4pm & 7pm
£6 (£3)

Royal Lyceum Theatre Edinburgh and Luminate present a rehearsed reading of Escaped Alone by Caryl Churchill.

‘I’m walking down the street and there’s a door in the fence open and inside there are three women I’ve seen before.’

Three old friends and a neighbour. A summer of afternoons in the backyard. Tea and catastrophe.

Script in hand reading directed by Finn den Hertog with a cast including Anne Kidd and Angela Wynter. In between the performances join us for Talk Show where invited guests will share their response to the themes of the play.
Write to Remember
Wed 29th May, 2pm – 4pm
Free

Everyone has a story to tell. Write to Remember is a memoir-writing workshop (with break) using object prompts to begin the empowering process of writing your life.

All you need to bring is notepad and pen, an object which prompts a memory and an optional willingness to share.

The workshop will be led by writer Sarah Howells who is also a Library Advisor specialising in creative reading and writing workshops. For further information search ‘Edinburgh Reads’ on Eventbrite.

George Washington Browne Room
Mezzanine level
Edinburgh Central Library
George IV Bridge
Edinburgh EH1 1EG
Sarah.Howells@edinburgh.gov.uk

Bookings can also be made by calling 0131 242 8070

Booking essential

Beyond Discovery, Creativity and Expression
Tue 28th May, 2pm – 4pm
Free

Join us for a celebration of creativity, expression and social connectivity in later life. Delivered by the University of the Third Age, in partnership with Edinburgh Napier University, the event includes musical performances, dancing demonstrations, creative writing recitals as well as a pop-up exhibition of art and photography.

Discover what University of the Third Age can offer with regards to promoting learning, creativity and social connectivity in later life.

Edinburgh Napier University
Craiglockhart Campus
219 Colinton Road
Edinburgh EH14 1DJ
www.napier.ac.uk
0131 455 3214
g.seath@napier.ac.uk

Booking essential
ENCOUNTERS: A Dementia Inclusive Art Book – Book Launch and Exhibition

Thu 30th May, 2pm – 5pm
(opening with book launch),
Fri 31st May, 10am – 1pm,
(exhibition concludes)
Free

ENCOUNTERS is a new dementia inclusive art book designed to stimulate communication, spark the imagination and provide a focus for conversation and being creative. This event will launch the book and present some of the original work it features in the book. Art in Healthcare has a collection of art for loan to healthcare venues around Scotland.

Out of the Blue Drill Hall
32-36 Dalmeny Street
Edinburgh EH6 8RG
www.outoftheblue.org.uk
0131 555 7638
moconnor@artinhealthcare.org.uk

The BIG Project: On Ageing

Fri 31st May, 7pm – 8pm, £3 (£1)

The BIG Project youth and children’s charity presents a devised short play focused on young people’s attitudes towards ageing, written by the BIG Drama group with original songs on the theme of ‘getting older’ from the intergenerational YMI funded Make Music Club. Refreshments will be served.

The Make Music Club is funded by Creative Scotland’s Youth Music Initiative.

St. David’s Broomhouse Church Hall
79-89 Broomhouse Crescent
Edinburgh EH11 3RH
0131 622 7784
info@thebigproject.org.uk

Booking essential

Outreach: Live Music Now Scotland performances

Live Music Now Scotland musicians, Aves O’May duo; Beccy Amphlett (fiddle) and Lucie Hendry (clarsach) perform for the Murrayfield House Care Home audience.

Generously supported by the William Syson Charitable Trust.

With thanks to Murrayfield House Care Home.
Festival Faces

Ron Coleman, 60, Participant at An Lanntair

If I could try one new thing...

I would love to draw or sketch... as a child at school in Dundee you could either draw or you could not. There was no learning to draw once you were in the can’t draw group – you were there forever. The main reason was your confidence had gone. Mine is still gone but I am ready to learn.
**Falkirk**

**Bo’ness ACADEMY Awards 2019**

Mon 20th May, 11am, doors open 10.15am, from £4.30 – subject to change*

Recapture cinema’s golden era at Scotland’s original picture palace (aka ‘Dicksons’). Join us for a star-studded Bo’ness ACADEMY Awards celebration of cinema classics, film goddesses and matinee idols!

In partnership with Screen Memories Scotland, pupils of Bo’ness Academy have been gathering stories from older Bo’ness residents of going to the pictures, to compile a glittering programme featuring memorable newsreel stories, treasured trailers and iconic movie scenes. Presented by Michael White (Screen Memories Scotland) and Bo’ness Academy pupils.

**TICKETS**

£4.30 film only
£6.60 including refreshments.

With thanks to Falkirk Community Trust, Screen Memories Scotland, Bo’ness Academy, National Library of Scotland and the Moving Image Archive.

The Hippodrome
10 Hope Street
Bo’ness EH51 0AA
www.falkirkcommunitytrust.org
01324 506 850
bookings@falkirkcommunitytrust.org

*subject to change

Curious Shoes is a joyful performance for people living with dementia and their loved ones to share. This funny, entertaining and beautifully simple work tells the story of four curious characters on a journey from here to there and comes to life through live music, movement and very few words. Created by Magdalena Schamberger, former Artistic Director of Hearts and Minds.

Rothes Halls
Kingdom Shopping Centre
Glenrothes KY7 5NX
www.onfife.com/venues/rothes-halls
01592 611 101

Booking essential

Nae Pasaran
Thu 16th May, 10.30am, £6
(Film Club, including complimentary tea, coffee and a scone)

In 1974, a group of workers at the Rolls Royce factory in East Kilbride showed their support for the people of Chile by refusing to carry out the vital repairs of engines for Hawker Hunter planes, which had been used during the brutal military coup in September 1973.

Director Bustos Sierra – himself the Scotland-based son of a Chilean exile – reunites inspirational figures Bob Fulton, Robert Somerville, Stuart Barrie and John Keenan to hear their story.

Dir: Felipe Bustos Sierra.
Recommended age PG.

The Byre Theatre
Abbey Street
St Andrews KY16 9LA
www.byretheatre.com
01334 475 000
**Cupalele in Concert**

Fri 17th May, 7.30pm
Free

Come along for an evening of joyful playing from the Cupalele ukulele ensemble. Our members, all retired or semi-retired, will provide you with an evening of musical entertainment. We cover a wide range of songs both old and new and for many the audience is invited to sing along with us!

Tea, coffee and biscuits will be provided. Donations to St James the Great are welcome.

St. James the Great
Scottish Episcopal Church
St. Catherine Street
Cupar KY15 4HH
07522 909 885

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**The Wife**

Thu 23rd May, 10.30am,
(Film Club includes complimentary tea, coffee and a scone)
£6

The age-old saying, ‘Behind every great man is a woman’ is explored in fascinating detail in *The Wife*. Adapted from Meg Wolitzer’s book, this engrossing story follows a charismatic world-famous writer and his long-suffering wife whose marriage is thrown into turmoil when he is awarded the prize they have long been hoping for.

Dir: Björn Runge.
Recommended age 15.

The Byre Theatre
Abbey Street
St Andrews KY16 9LA
www.byretheatre.com
01334 475 000
Edie

Thu 30th May, 10.30am,
(Film Club including complimentary tea, coffee and a scone)
£6

At 84 years old, Edie (the wonderful Sheila Hancock) has spent most of her life looking after others. When her husband passes away after a long illness, she is forced for the first time to think about what she wants and the options aren’t very appealing.

When her daughter suggests a care home, Edie decides on a whim to head to Scotland, fuelled by memories of a hillwalking trip her father promised her as a little girl.

Dir: Simon Hunter.
Recommended age 12A.

The Byre Theatre
Abbey Street
St Andrews KY16 9LA
www.byretheatre.com
01334 475 000
Glasgow & Greater Glasgow

Timefield

Sat 27th April – Sat 25th May, Mon – Sat only, 10am – 5pm
Free

Timefield is a cross-art collaborative installation from five older artists, drawing together photographs, soundscapes and large-scale paintings showing the impact of time on the body. The Timefield artists are Ian Cameron, Kate Clayton, Frank McElhinney, Annie Peel and Lesley Wilson.

Artist Talk and Tour Sat 4th May
Since 2017, Luminate has supported the development of older artists. Join us to hear about two of these exciting projects.

11am Talk Barbara Rowell
Earlier this year Barbara Rowell was awarded a Bursary by Luminate and the Saltire Society. Barbara will discuss her work and experience as an older emerging artist with Nicholas Bone, Artistic Director, Magnetic North.

12pm Tour with Frank McElhinney
Afterwards please join us for a guided tour of Timefield by photographer Frank McElhinney.

Return to the Closet?

Wed 1st May, 7pm
£4

Since November 2018 older members of the LGBTI+ community have been working with film artist Glenda Rome, exploring what it means to be older, to be part of the community and what ‘care’ means to them.

Join us for this screening of their film, followed by a Q&A with the filmmakers.

LGBT Health and Wellbeing have a limited supply of reduced-price tickets. If you are unable to attend due to cost, please contact lynda@lgbthealth.org.uk

Centre for Contemporary Arts
350 Sauchiehall Street
Glasgow G2 3JD
www.cca-glasgow.com
0141 352 4900
gen@cca-glasgow.com

Booking essential
Archaeological Housework

Exhibition: Wed 1st May – Sun 15th Dec
weekdays only, 8am – 9pm
Talk: Wed 22nd May, 12pm – 2pm
Free but booking essential

This original photographic exhibition and art installation celebrates one woman’s creative engagement with found objects and the prehistoric past at home. Celebrate the work of Fiona Gorman – artist, teacher, carer and person living with dementia.

With thanks to the School of Humanities, The University of Glasgow, NHS Greater Glasgow and Clyde, and the Royal Society of Edinburgh.

Exhibition
New Victoria Hospital
52 Grange Road
Glasgow G42 9LF
www.nhsggc.org.uk
0141 330 6873
Nyree.Finlay@glasgow.ac.uk
Please be aware that The New Victoria is a day care hospital. Core hours 8.30am-5pm.

Talk
The University of Glasgow
Main Lecture Theatre (Room 109)
The Gregory Building
Lilybank Gardens
Glasgow G12 8QQ
www.gla.ac.uk/schools
0141 330 3538
Christelle.LeRiguer@glasgow.ac.uk

Booking essential

Mapping Merrylee

Thu 2nd – Fri 31st May,
9am – 12pm (Mon – Fri excluding Wed)
Free

Merrylee Residents & Tenants Organisation presents an exhibition of Mapping Merrylee, a collage created by a group of local older women who are regular attenders at our weekly coffee morning. It will be exhibited in the local housing office throughout May.

We hope it will spark locals to recall memories, or to share stories of Merrylee with us and to share ideas for the future.

Community artist: Amelia Roe.
Merrylee Residents & Tenants Organisation.

Merrylee Housing Office
53 Ashmore Road
Merrylee
Glasgow G43 2LS
0141 636 3668
**Fridays at One:**

**Eric Sammut**

Fri 3rd May, 1pm  
£5 – £10.50*

Featuring the renowned percussionist and composer Eric Sammut and RCS Percussion Students. Join our students with International Fellow and First Percussionist Eric Sammut at l’Opera de Lyon for a marimba extravaganza!

*50% off for Luminate Festival bookers. Quote promo code “Luminate19”.

Royal Conservatoire of Scotland  
100 Renfrew Street  
Glasgow G2 3DB  
[www.rcs.ac.uk/boxoffice](http://www.rcs.ac.uk/boxoffice)  
0141 332 5057  
boxoffice@rcs.ac.uk

Booking essential

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**Sharing Stories:**  
**Glasgow 1955 through the Lens**

Tue 7th May, 12pm – 1pm  
Free

The 1955 photographic survey provides a unique snapshot of post-war Glasgow, a city on the brink of change. Taken by local camera clubs, the photographs captured the sights and sounds of the city’s streets, parks and workplaces. Join us for a digital slideshow of some of the photographs and have a chat about the stories and memories they evoke. Refreshments provided.

Please book your place in advance.

Kelvin Hall  
Argyle Street  
Glasgow G3 8AW  
[www.kelvinhall.org.uk](http://www.kelvinhall.org.uk)  
0141 276 1450  
kelvinhalltours@glasgowlife.org.uk

Booking essential
Kelvin Hall Memories
Wed 8th & 22nd May, 1.30pm – 3pm
Free

What are your memories of the Kelvin Hall? Come along, learn more and reminisce about this iconic building with a special tour and the opportunity to handle real artefacts from our collections.

The session concludes with a visit to the National Library of Scotland where we’ll be viewing archive film footage relating to the history of the Kelvin Hall, including the circus and carnival.

Please book your place in advance.

Kelvin Hall
Argyle Street
Glasgow G3 8AW
www.kelvinhall.org.uk
0141 276 1450
kelvinhalltours@glasgowlife.org.uk

Booking essential

Fridays at One: Plug 8 – The Brodick Quartet
Fri 10th May, 1pm
£5 – £10.50*

New works by Filip Holacky, Aileen Sweeney & Max Welton.

The Brodick Quartet comprises four of Scotland’s most promising young string players, who are rapidly making a name for themselves in Scotland and beyond.

*50% off for Luminate Festival bookers. Quote promo code “Luminate19”.

Royal Conservatoire of Scotland
100 Renfrew Street
Glasgow G2 3DB
www.rcs.ac.uk/boxoffice
0141 332 5057
boxoffice@rcs.ac.uk

Booking essential
The Museum of Hope in the Dark
Sat 11th – Mon 20th May, various times*
Free

The Museum of Hope in the Dark is a library of texts from local older women and those from across the globe, each reflecting on the idea of hope in a darkening world. These texts have been translated into Morse code and are presented as a series of flickering lights, apparently faulty but actually working just as they need to.

Presented by Luminate and Take Me Somewhere.

Please contact the venue in advance with any access requirements.

*TIMES
Mon Closed
Tue – Thu 10am – 5pm
Fri – Sat 10am – 7pm
Sun 12pm – 6pm

The Hidden Gardens
Tramway
25 Albert Drive
Glasgow G41 2PE
0141 276 0950
karl@takemesomewhere.co.uk

The Flames by Tricky Hat Productions
Sat 11th May, 3pm & 7pm
£7 (£5.50)

The Flames will reignite to combine a striking mix of film, music and performance presenting a fresh look at how we approach ageing in Scotland and Japan.

Join us for a unique performance of devised work, taking inspiration from everyday life, to challenge pre-conceived ideas of how older people think and what they aspire to.


Centre for Contemporary Arts
350 Sauchiehall Street
Glasgow G2 3JD
www.cca-glasgow.com
0141 352 4900
boxoffice@cca-glasgow.com

Booking essential
Ága
Sun 12th May, 3pm
£10.50 (£7.50 / £5.50)

In this visually spectacular love story, set in the Arctic, an isolated couple must deal with a changing way of life while yearning for their estranged daughter.

Lazarov and his superb cinematographer Kaloyan Bozhilov take full advantage of the dramatic snowy landscape in this captivating tale of a disappearing way of life, generational conflict and an enduring love.

Dir: Milko Lazarov.
Recommended age 15.

Craft Café Govan: Colour Workshop
Tue 14th May, 10am – 4pm
Free

You are welcome to join the Craft Café Govan for a one-day workshop exploring the theme of COLOUR. This creative workshop will explore the positive effects of colour, including colour mixing and colour theory. All older people are welcome, whatever your skills or experience.

All materials will be provided, as will tea, fruit and biscuits.

With thanks to Elderpark Housing Association, Glasgow Housing Association and the Lintel Trust.

Craft Café
Elderpark Centre
82 Elderpark Street
Glasgow G51 3SS
0141 575 3001

Every Voice Community Choir – Open Rehearsal
Wed 15th May, 1:30pm – 3pm
Free

Dementia friendly, open to all and run in conjunction with Alzheimer Scotland. We are holding an Open Rehearsal for anyone who is interested in attending. Join in, sing or just listen and enjoy a cup of tea and break time! You don’t need to bring anything, just yourself!

With thanks to Alzheimer Scotland and Bryan Marshall Music.

St Augustine’s Scottish Episcopal Church
High Street, Dumbarton G82 1LL
0141 410 5300
Movie Memories presents Rebecca (dementia friendly)

Thursday 16th May, 11am – 1.30pm
£3

Celebrate GFT’s 80th birthday with Hitchcock’s academy award winning gothic thriller. A newly married woman discovers that Rebecca - her husband’s first wife - exerts a sinister grasp over the family.

Interval plus live music with refreshments included.

Wheelchair access must be pre-booked before the event day. Contact access@glasgowfilm.org or call 0141 332 6535 to book.

This work is supported with funding from the Life Changes Trust. The Trust is funded by The National Lottery Community Fund.

Glasgow Film Theatre
12 Rose Street
Glasgow G3 6RB
www.glasgowfilm.org
0141 352 6535

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Fridays at One: RCS Chamber Orchestra

Fri 17th May, 1pm
£5 – £10.50*

Join us for Mozart Symphony No.40 in G-Minor & Baez L’Arlessiene Fantasy Concerto.

In this performance we will hear Mozart’s iconic work, Symphony No.40 conducted by Head of Strings David Watkin, as well as a Santiago Baez work for saxophone and orchestra, L’Arlésienne Fantasy, based on Bizet’s L’Arlésienne Suite, performed by RCS alumnus, Lewis Banks and conducted by Leverhulme Conducting Fellow June-Sung Park.

*50% off for Luminate Festival bookers. Quote promo code “Luminate19”.

Royal Conservatoire of Scotland
100 Renfrew Street
Glasgow G2 3DB
www.rcs.ac.uk/boxoffice
0141 332 5057
boxoffice@rcs.ac.uk

Booking essential

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Moving Memories: A Celebration of Working Life in Glasgow

Sat 18th May, 2pm
Free

A movement piece celebrating memories of working life in Glasgow. From machinists and milk testers to printmakers and sausage factory workers, Loop Theatre’s integrated cast of performers have collected embodied memories of the everyday actions and movements that were part of working life for many Glaswegians in various industries over the decades, bringing you an inclusive performance honouring this vital heritage.

Supported by Awards for All, Foundation Scotland and the Centre for Contemporary Arts, Glasgow Museums and The Open Museum.

CCA, Centre for Contemporary Arts
350 Sauchiehall Street
Glasgow G2 3JD
www.cca-glasgow.com
07786 221 246
laura@looptheatre.org

The LGBTI+ Elders Social Dance Club

Sun 19th May, 2pm – 4pm
Free

The LGBTI+ Elders Social Dance Club is a fabulous, free event for Lesbian, Gay, Bisexual, Trans and Gender Diverse and Intersex elders and allies.

Join us for this informal get together where you can hear all about our plans for The Coming Back Out Ball, a spectacular, social event happening in Spring 2020, where the broader community can sit alongside LGBTI+ elders to eat, drink, dance, reminisce and dream together into the future.

At The LGBTI+ Elders Social Dance Club there will be refreshments, music, lots of folk to chat to, a chance to meet new people, connect with the LGBTI+ communities and if you fancy it – have a wee boogie.

National Theatre of Scotland and All The Queens Men co-production, in partnership with Eden Court Theatre and Luminate.

The Tron Bar & Kitchen
63 Chisholm Street, Glasgow G1 5HB
Individuals and groups welcome.
Book your place via thecomingbackoutball@nationaltheatrescotland.com or 0141 221 0970.

Visit nationaltheatrescotland.com/cbob
Ageing, The Great Adventure
Tue 21st May, 2pm to 5pm
Free

“As one door closes another opens…”

Join Larry Butler, Robin Lloyd Jones and Sheila Templeton for an afternoon to consider the joys of getting older through slides, readings and discussion.

Open to all ages! Even the so-called young are getting older...

A Lapidus Scotland project, with thanks to Creative Scotland.

Centre for Contemporary Arts
350 Sauchiehall Street
Glasgow G2 3JD
www.cca-glasgow.com
0141 352 4900
boxoffice@cca-glasgow.com

The Straight Story
Tue 21st May 6pm
(Tue Treat £6)

Based on the true story of Alvin Straight, a 73-year-old man who drove 240 miles across Iowa and Wisconsin on a lawnmower to visit his ailing estranged brother, The Straight Story offers a genuinely charming and quirky variation on the formula of the great American road movie. An extraordinary portrait of older age.

Dir: David Lynch.

Glasgow Film Theatre
12 Rose Street
Glasgow G3 6RB
www.glasgowfilm.org
0141 352 6535

~
Fridays at One: Clara and Robert Schumann

Fri 24th May, 1pm
£5 – £10.50*

For our last Fridays at One performance of the year, Professor Jeffrey Sharkey invites visiting professor Joseph Swensen to join him for a programme of Schumann Piano Quintet in E-flat.

*50% off for Luminate Festival bookers. Quote promo code “Luminate19”.

Royal Conservatoire of Scotland
100 Renfrew Street
Glasgow G2 3DB
www.rcs.ac.uk/boxoffice
0141 332 5057
boxoffice@rcs.ac.uk

Booking essential

In the Ink Dark

Fri 24th May, 5.30pm, Sun 26th May, 3pm
Free

In the Ink Dark is a project from Luke Pell and collaborators, a dance and a poem made from memory and conversation. Throughout May 2019 a series of conversations and encounters with different people in Glasgow and Dundee will lead to two weeks of live dance performances in unique spaces in the cities.

Visit www.intheinkdark.com to listen to Some Words to Wander With, a series of podcasts that accompany In the Ink Dark.

In the Ink Dark is also being presented at Dundee Rep Theatre and Dundee Library (see page 22).

Platform,
1000 Westerhouse Road,
Glasgow G34 9JW
www.platform-online.co.uk
0141 276 9696
info@platform-online.co.uk

Booking essential
Drawing Workshop
led by artist Marion Gardyne
Sun 26th May, 12 – 3pm
Free

Learn about the Gallery of Modern Art’s current exhibitions and join artist Marion Gardyne in this workshop that will explore drawing, mark making and composition. Part of GoMA’s exhibition Mark-making: Perspectives on Drawing, 19th April – 20th October 2019.

Workshop is free but please book a space by emailing GoMAbookings@glasgowlife.org.uk or call 0141 287 3050

Glasgow Film Theatre
12 Rose Street
Glasgow G3 6RB
www.glasgowfilm.org
0141 352 6535

Edie
Mon 27th May, 6pm
£6

At 84 years old, Edie (the wonderful Sheila Hancock) has spent most of her life looking after others. When her husband passes away after a long illness, she is forced for the first time to think about what she wants and the options aren’t very appealing.

When her daughter suggests a care home, Edie decides on a whim to head to Scotland, fuelled by memories of a hillwalking trip her father promised her as a little girl.

Dir: Simon Hunter.
Recommended age 12A.
Taking Tea with a Trailblazer
Wed 29 May, 2pm – 3.30pm,
Thur 30th May, 10.15am – 11.45am
Free

Join storytellers Jan Bee Brown and Beverley Casebow for a relaxed afternoon celebrating the life and travels of Scottish explorer and botanist Isobel Wylie Hutchison (1889-1982).

Tea, coffee and cake will be provided.

Natural Patterns
Tue 28th & Wed 29th May, 1.30pm – 4pm
Free

Join us to look at the fascinating natural history collections at Glasgow Museums Resource Centre. Then use a variety of materials to design your own creative artworks inspired by the colours, shapes and textures of the objects. No experience needed and all art materials provided. This workshop has been designed specifically for older people.

Glasgow Museums Resource Centre
200 Woodhead Road
Nitshill
Glasgow G53 7NN
www.glasgowlife.org.uk
0141 276 9300
GMRCbookings@glasgowlife.org.uk

Booking essential
Memory Spinners
Fri 31st May, 6.30pm
Free

Scottish Opera’s Memory Spinners group meet weekly in Glasgow. Using music, storytelling, movement and the visual arts, the programme helps people with dementia and their carers relax, get creative and form new support networks.

Throughout each term, they share memories that are then incorporated into a relaxed performance for friends and family. Join us for this chilled-out performance where group members will share their favourite memories.

Scottish Opera Production Studios
40 Edington Street
Glasgow G4 9RD
0141 332 9559
audrey.blake@scottishopera.org.uk

Booking essential

Outreach:
CrossReach Heart for Art

CrossReach Heart for Art promotes creativity, self-worth and achievements for people with dementia in Scotland. Our creative art sessions stimulate conversation, aid concentration and even improve memory retention. In the company of professional artists, volunteers and others with dementia, our participants find friendship, purpose and acceptance.

With thanks to CrossReach Heart for Art, Bankfoot Church Centre, Broughty Ferry New Kirk, Charteris Centre, Garelochhead Medical & Resource Centre, Broomhill Church, Stamperland, Kirkcudbright Parish Church, Northesk Parish Church and Fetteresso Parish Church.
Look out for the Bo’ness ACADEMY Awards on page 42

Festival Faces

Abbie, 15, Filmmaker for the Bo’ness ACADEMY Awards

If I could try one new thing...

I’d like to try fashion design. My favourite type of fashion design would be Runway Fashion because it is iconic and is how mainstream fashion trends begin.

It would be amazing to be able to showcase your work to large audiences and allow creativity to naturally flow.
Blooming with Dementia

Thu 2nd, 9th, 16th, 23rd & 30th May, 2pm – 4pm
Free

Blooming with Dementia, a month of intergenerational and community flower making, inspired by Botanical, an exhibition of botanical drawings and paintings at the An Talla Solais Gallery. Two-dimensional drawings and paintings will be developed into a three-dimensional stitched and felted textile installation which will ultimately be displayed in the centre of the village.

Harbour Community Workshop
Ullapool Harbour
Shore Road
Ullapool IV26 2UH
07999 424 973
dolphin@antallasolais.org

Luminate Shorts

Fri 3rd May, 2.15pm
Prices vary*

Luminate Shorts will delve into a range of issues which affect us all as we age: challenging topics like loneliness and living with grief to uplifting tales of new beginnings and finding unexpected joy. Small but perfectly formed, this collection will be sure to inspire audiences to think differently about the challenges and opportunities of growing older.

Dir: Various.
Recommended age 12.

Fri 3rd May 2.15pm, £5
Aros Community Theatre
Viewfield Road, Portree
Isle of Skye IV51 9EU
www.aros.co.uk
01478 613 750

Thu 9th May 6.15pm, £3
(Free if customer has purchased a ticket for Ága at Eden Court)
Eden Court, Bishop’s Road
Inverness IV3 5SA
www.eden-court.co.uk
01463 234 234
Ága

Tue 7th May, 2.15pm & 7.15pm
Prices vary

In this visually spectacular love story, set in the Arctic, an isolated couple must deal with a changing way of life while yearning for their estranged daughter.

Lazarov and his superb cinematographer Kaloyan Bozhilov take full advantage of the dramatic snowy landscape in this captivating tale of a disappearing way of life, generational conflict and an enduring love.

Dir: Milko Lazarov.
Recommended age 15.

Tue 7th May 2.15pm, £8.45 (£7.95)
Aros Community Theatre, Viewfield Road
Portree, Isle of Skye IV51 9EU
www.aros.co.uk
01478 613 750

Tue 7th May 7.15pm, £5 (£4)
Eden Court
Bishop’s Road
Inverness IV3 5SA
www.eden-court.co.uk
01463 234 234
Eileanach / Feamainn and Film

Mon 20th, Tue 21st, Wed 22nd & Fri 24th May, various times
Free

A week-long programme of events for older people living in the Isle of Sky exploring local history and cuisine. Includes cookery demonstrations and conversation, where you’re invited to share your memories of the island, accompanied by a programme of archive short films made about the Isle of Skye and Outer Hebrides.

An ATLAS Arts project. With thanks to Creative Scotland.

Screen-It / Eileanach
Mon 20th May, 1.15pm – 2.45pm
Archive film programme showing works made in Skye followed by conversations and sharing experiences. Followed by a participatory singing performance by Morag Henriksen.

Cook / Eileanach
Tue 21st May, 11am – 12.30pm
Cookery workshop making seaweed soda bread and seaweed pesto for lunch. A fantastic opportunity to make a really quick seaweed-based bread and pesto using locally sourced seaweeds.

Venue:
Tigh na Drochaid Resource Centre
Lisigarry Court, Portree IV51 9EZ

Box office:
ATLAS Arts
Basement
Skye Gathering Hall
Portree
Isle of Skye IV51 9BZ
01478 611 143
suzy@atlasarts.org.uk

Booking essential
The LGBTI+ Elders Social Dance Club
Sun 26th May, 2pm – 4pm
Free

The LGBTI+ Elders Social Dance Club is a fabulous, free event for Lesbian, Gay, Bisexual, Trans and Gender Diverse and Intersex elders and allies.

Join us for this informal get together where you can hear all about our plans for The Coming Back Out Ball, a spectacular, social event happening in Spring 2020, where the broader community can sit alongside LGBTI+ elders to eat, drink, dance, reminisce and dream together into the future.

At The LGBTI+ Elders Social Dance Club there will be refreshments, music, lots of folk to chat to, a chance to meet new people, connect with the LGBTI+ communities and if you fancy it – have a wee boogie.

National Theatre of Scotland and All The Queens Men co-production, in partnership with Eden Court Theatre and Luminate.

Eden Court
Bishop’s Road
Inverness IV3 5SA
www.eden-court.co.uk
01463 234 234
awatt@eden-court.co.uk

An Lanntair will be hosting the International artist duo Riitta Ikonen and Karoline Hjorth.

Riitta and Karoline will be making a new series of portraits in the Outer Hebrides using the landscapes, materials and older people from the islands.

Look out for the Artist’s Talk on 4th June – find out more at www.lanntair.com

With thanks to: Riitta Ikonen and Karoline Hjorth, Eyes as Big as Plates www.eyesasbigasplates.com
An Lanntair and the ‘Cianalas’ project at An Lanntair.

An Lanntair
Kenneth Street
Stornoway
Isle of Lewis
Outer Hebrides HS1 2DS
www.lanntair.com
01851 703 307
jonmactobaidh@msn.com
Is e seo mo sgeul: My object, my story
Fri 31st May, 2.30pm
Free

Participants in this Luminate and Tha Seo Math Dhuibh – Good for You project have been working with visual artist Kate McMorrine and performance artist Helen Scott Danter.

The group used various art techniques over six workshops to inspire connections and dialogue, culminating in the creation of a collaborative memory sculpture. See the work and hear the stories behind it at this inclusive and informal sharing event.

The final work will be displayed in the exhibition area at Aros Community Theatre from Mon 27th – Fri 31st May.

Aros Community Theatre
Viewfield Road
Portree
Isle of Skye IV51 9EU
www.aroscommunitytheatre.co.uk
01478 613 750
bookings@aros.co.uk

Outreach: Blooming with Dementia

Blooming with Dementia, a month of intergenerational and community flower making, inspired by Botanical, an exhibition of botanical drawings and paintings at the An Talla Solais Gallery. Two-dimensional drawings and paintings will be developed into a three-dimensional stitched and felted textile installation which will ultimately be displayed in the centre of the village.

An Talla Solais are leading workshops at Mo Dhachaidh and the Loch Broom Care Homes, Ullapool Nursery, Primary and High Schools and the Macphail Centre.
Festival Faces

David Greig, 50, Artistic Director of the Royal Lyceum Theatre, Edinburgh

If I could try one new thing...

I would love to go on an archaeological dig on a Pictish hill fort. I love imagining how people lived hundreds of years ago. I like thinking about how daily life would have been like ours, and how it would be different. Also, I'd love to discover a gold coin, or a sword or a shield or something.
Introduction to Silk Painting
Thu 2nd & 16th May, 1pm – 3pm
£2*

This practical workshop will introduce basic silk painting techniques and is suitable for complete beginners to painting. It will explore different paint effects and work towards creating a small picture which can be framed or used to make a greetings card.

*£2 charge is a donation towards materials.

Forth Community Resource Centre
57 Hawkwood Terrace
Forth
South Lanarkshire ML11 8AT
01555 811 002
fcrc@btconnect.com

Booking essential

Up the Dancin':
Afternoon Tea Dance
Fri 10th May, 1.30pm – 3.30pm
£5 (Carers Free)

Enjoy an afternoon of music, dancing and reminiscence at our informal tea dance. Reminisce about the good old days, browse some photos and objects relating to dancehalls and discos and maybe put on your dancing shoes and hit the dance floor? Refreshments will be served.

North Lanarkshire Heritage Centre
High Road
Motherwell ML1 3HU
www.culturenl.co.uk
01698 274 590
museums@culturenl.co.uk

Booking essential
Now and Then
14th – 17th May, various times
Free

Join us to explore music and movement in the community with a unique digital twist. The Culture NL dance and singing groups meet weekly, but rarely get a chance to connect with each other.

This May, the members of the Strictly Stretch and Mind Music Soul classes invite you to join them for Now and Then, a fun and nostalgic exploration of music past and present using digital platforms. Participants will create digital playlists to share their favourite songs between the groups and use social media to give feedback, thoughts and make connections for the first time.

Mind Music Soul
Tue 14th May, 2pm – 3.30pm
Airdrie Town Hall
Stirling Street
Airdrie ML6 0AS

Strictly Stretch
Wed 15th May, 10.30am – 11.30am
Airdrie Town Hall
Stirling Street
Airdrie ML6 0AS

Mind Music Soul
Thu 16th May, 2pm – 3.30pm
Musicworks
Houldsworth Centre
Kenilworth Avenue
Wishaw ML2 7LP

Strictly Stretch
Fri 17th May, 10.30am – 11.30am
Chryston Community Centre
Lindsaybeg Road
Chryston G69 9DL

Mind Music Soul
Fri 17th May, 12.30pm – 2pm
Cumbernauld New Town Hall
Bron Way
Cumbernauld G67 1DZ

With thanks to Culture NL and North Lanarkshire Council.

Enquiries: 01236 856 246

Remember to wear comfortable clothing and bring a bottle of water.
Archive, Paper, Glue: create a history-inspired collage  
Thu 30th May, 1.30pm – 4pm  
£5 (£3)

This creative heritage workshop starts with a behind-the-scenes tour of North Lanarkshire Archives and the chance to view a selection of letters, photographs, charters and ephemera. Participants will then respond creatively to these materials by creating their own personal collage.

No prior experience is necessary. Materials will be provided but please bring any items you would like to add from your own history as well as your own ideas.

With thanks to Culture NL.

North Lanarkshire Heritage Centre  
High Road  
Motherwell ML1 3HU  
www.culturenl.co.uk  
01698 274 590  
HeritageCentre@culturenl.co.uk  

Booking essential

In the Mood Sing-A-Long  
Fri 31st May, 1.30pm – 3pm  
£2.50 (Carers Free)

If you like a good old-fashioned sing-along, then why not join us for some informal community singing? Enjoy a selection of songs from the 1950s and 60s, some old Scots favourites and more. Everyone is welcome and refreshments will be served.

North Lanarkshire Heritage Centre  
High Road  
Motherwell ML1 3HU  
www.culturenl.co.uk  
01698 275 590  
museums@culturenl.co.uk  

Booking essential
Festival Faces

Mary Michie, 85, Member of the Kemnay Knit & Natter group

If I could try one new thing...

I would like to try to draw and paint as it is a craft that I admire when I see what others have done. When I am out and about and see the lovely sights that only come along when we have snow or sunshine or other dramatic weather, and I would love to be able to put it on paper for all to see.
Newbattle Memories, Old and Young
Fri 3rd, 10th, 17th & 24th May, 10.30 – 12.00, Free

Enjoy memories of yesteryear in the state-of-the-art Newbattle Community campus. Join our special events, run in conjunction with pupils of Newbattle High School. Test your knowledge with brain-teasers and quizzes. Partake in poetry and enjoy a sing-song! Sample some digital skills and even some gentle exercise, all in the company of the lovely young people of Newbattle!

With thanks to Newbattle Library, Newbattle Community Campus, Newbattle High school and Midlothian Council.

Newbattle Library
Newbattle Community Campus
Easthouses Way
Easthouses
Dalkeith
Midlothian EH22 4SX
www.midlothian.gov.uk/libraries
0131 561 6745
newbattle.library@midlothian.gov.uk

Play Maps:
Let's Play Together!
Sat 4th & 25th May, 10.30am – 12pm Free

Let’s play together! Grandparents and grandchildren are invited to a family event – starting with a talk about past and present places close to our heart in Haddington and the surrounding area. Next step will be to design and print every family a map of the town.

More information can be found on www.artpointscotland.org

Play Map is a local project-map of the town with family-friendly walks and guide, informed by local grandparents sharing memories of play with their grandchildren.

Wee Red Upcycles
9-12 Church Street
Haddington
East Lothian EH41 3EX
07878 013 226
Room to Grow – A Celebration of The Garden
Sun 12th May, 2pm – 3.30pm
£3.50 (including light refreshments in The Willow Room)

Join Catching the Past, starting in The Willow Room, as we celebrate ‘The Garden’. Bring your memories to share and add to ours in The Willow Room. Try your hand at making a bee ‘hotel’ or join us on our walks in the gardens which are planned for all abilities. Hear the stories of the gardens and learn of its past and future.

Cockenzie House & Gardens
22 Edinburgh Road
Cockenzie
East Lothian EH32 0HY
www.cockenziehouseandgardens.co.uk
01875 818 684

Languages
Shaping Our Lives
Sat 18th May, 10.30am – 12pm
Free

Join Bilingualism Matters and Art Point Scotland for a great day of fun learning new languages, composing a song and painting. You will also have a chance to listen to Dr Tomas Bak and find out how important it is for all of us to be bilingual. Come talk together about the history of beautiful East Coast port towns – we want to hear from grandparents who remember how the new arriving people shaped community life.

Part of Arpoint’s Languages of Art project where we work with the day centre and nursery to encourage younger and older people to learn languages.

With thanks to Edinburgh University - Bilingualism Matters

The Town House
57 High Street
Haddington
East Lothian EH41 3ED
07878 013 226
Bathgate: Generation Arts
Sun 19th May, 2pm – 4pm
£3

Celebrate talent of all ages from Bathgate and its environs. Young and old come together to present a wonderfully uplifting and happy afternoon of performances as people aged 13 to 75 sing, dance and play for your enjoyment. Are you hiding your music, dance or instrumental talent from the world? Many of the groups performing this afternoon are open to new members.

Book online (preferred)
www.reconnectregaltheatre.com or call 01506 639 000

Produced by Generation Arts. Funded by Big Lottery.

Bathgate Regal Community Theatre
23 North Bridge Street
Bathgate
West Lothian EH48 4PJ
07521 358 239
generationarts.coordinator@gmail.com

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R ye dancin?
Thu 23rd May, 10.30am – 5pm
£2

R ye dancin? is a day of dance to celebrate the different kinds of dance available in Midlothian. Participants will be able to have a go and hopefully fall in love with the activity and continue to keep dancing on a more regular basis. Sessions include ballroom, ballet, circle dancing, Scottish country dancing and line dancing. Coffee, tea and a chat too.

Fee is for entry only: participants may book as many sessions as they wish.

Dalkeith Art Centre
2 White Hart Street
Dalkeith
Midlothian EH22 1AE
0131 561 6506
vivian.wallace@midlothian.gov.uk

Booking essential
Stay Mobile Stay Connected: Older and Bolder
Tue 7th May, 1.30pm – 3.30pm
Free

Roar – Connections for Life are leading a campaign aimed at reducing loneliness and isolation among older people. As part of this campaign, they’re launching four animated films made by older people.

Join these Champion Animators for a showcase of their films and a welcoming workshop to learn about animation and create your own collage.

Celebrate what makes life about more than just hospital appointments!

Roar – Connections for Life
59 Glasgow Road
Paisley PA1 3PD
www.roarforlife.org
info@roarforlife.org

Booking essential

Craft Café Experience
Fri 10th May, 10am – 12pm
Free

We invite you to join the Craft Café for a two-hour workshop exploring the technique of Felt Making. This creative and tactile workshop will explore the positive effects of working in colour and form.

All materials will be provided, as will tea, fruit and biscuits.

All older people are welcomed, no matter skills and experience. Limited spaces available so please book by contacting daniella.rossi@impactarts.co.uk or calling 07813 341 074

Farrier Court Sheltered Housing
7 Farrier Court
Johnstone PA5 8AQ
07813 341 074
daniella.rossi@impactarts.co.uk
Ága
Tue 21st May, 7pm
£7 (£5.50)

In this visually spectacular love story, set in the Arctic, an isolated couple must deal with a changing way of life while yearning for their estranged daughter.

Lazarov and his superb cinematographer Kaloyan Bozhilov take full advantage of the dramatic snowy landscape in this captivating tale of a disappearing way of life, generational conflict and an enduring love.

Dir: Milko Lazarov.
Recommended age 15.
Online

Metamorphosis
Wed 1st – Fri 31st May
Free

Dumfries and Galloway’s Southlight magazine celebrates creative changing with an online publication as part of the Luminate Festival. Writers everywhere and of all genres are invited to submit short prose, poetry, book and film reviews, photographs and art work.

With thanks to Wigtown Festival Company.

To take part or find out more, visit www.southlight.ukwriters.net
Enquiries: 01988 403 222 or email the Editor: carolynanne57@gmail.com

Some Words to Wander With (part of In the Ink Dark)

Invited voices provide a collection of musings that offer different perspectives on the themes that run through In the Ink Dark, a project of memory, materiality, landscape and loss.

Visit www.intheinkdark.com to listen to Some Words to Wander With, a series of podcasts that accompany In the Ink Dark.

In the Ink Dark is a project from Luke Pell and collaborators. A series of conversations and encounters with different people in Glasgow and Dundee will lead to two weeks of live dance performances in unique spaces in the cities.

In the Ink Dark is also appearing in Glasgow (see page 55) and Dundee (see page 21).