luminate
scotland’s creative ageing festival

October 2014
luminatescotland.org
A Festival for Everyone:

We want Luminate to be accessible to everyone. Where audio description, sign language interpretation, captioning and assistive listening systems are available they will be clearly marked with each listing.

For detailed access information and to discuss your requirements please contact venues directly. Contact information is provided with each listing.

**Getting to Luminate events**

Public transport information is available from Traveline: [www.travelinescotland.com](http://www.travelinescotland.com)
Or phone 0871 200 22 33.

The Artlink Edinburgh Arts Access service helps people in the Edinburgh area who may otherwise have difficulty get out and about to arts events, connecting service members and volunteers who enjoy the arts and providing a door to door service.

Visit [www.artlinkedinburgh.co.uk](http://www.artlinkedinburgh.co.uk) or call 0131 229 3555 for more information.

**Connect with Luminate**

You can contact us by email at info@luminatescotland.org or call us on 0131 668 8066.

Visit our website: [www.luminatescotland.org](http://www.luminatescotland.org) to sign up for our e-newsletter and be the first to receive updates from Luminate.

We're on Twitter & Facebook!

You can also find Luminate Scotland on Facebook and follow us on Twitter: [@LuminateScot](http://twitter.com/LuminateScot)
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Welcome to Luminate!

The festival explores creative ageing in its many guises, and you will find activities taking place every day in October that celebrate creativity, share stories, and explore what ageing means to all of us.

Why not take the opportunity to try something new: attend a play in Stranraer or Ullapool; see a film in Hawick, Bo’ness or Shetland; take part in a dance workshop in Glasgow or Skye or a writing workshop in Kiltarlity.

Take some time to read about the wealth of activities taking place in care homes and day centres too, and find out about our arts and care seminar in Perth which is being streamed online to ensure as many people as possible can join us.

I would like to thank all the communities, artists and cultural organisations who are taking part. Creativity has no age, and I hope you will find something to enjoy in our programme this October.

Anne Gallacher
Luminate Director

luminatescotland.org
How to use this Brochure

All the events in this brochure are listed by region and then by date, making it easy to plan your festival and find all the activities taking place in your area.

Many of our events are completely free with no ticket required – just turn up on the day. For those that do require a booking, you’ll find all the details you need underneath each listing.

To help you find what you’re interested in quickly we’ve included the following symbols:

- **E** Exhibition
- **F** Film
- **I** Insight
- **P** Performance
- **T** Take Part

- Audio Description
- Assistive Listening Systems
- Sign Language Interpretation
- Open Captioning

**Please note:** events marked as outreach are not open to the public.
On taking part in the *Old Skool* graffiti project during Luminate 2013...

"I’m not sure about the picture myself but the family all thought it was great. Bringing the younger people and the older people together was just a really really fun day."

Bunty Steedman, 81
In addition to individual events happening in local areas, the programme features projects that are touring across the country.

This year’s Luminate film programme explores what ageing means to all of us with some memorable titles. Two documentaries, screened in many venues as a double bill, offer different but equally engaging approaches to ageing. *Advanced Style* features spirited New York women aged 62 - 95, and *The Lady in Number 6: Music Saved My Life* shares 109-year-old pianist and holocaust survivor Alice Herz Sommer’s views on how to live a long and happy life.

Our third documentary, presented in partnership with the Scottish Mental Health Arts and Film Festival, is *Alive Inside*, the story of the charity Music & Memory, which won an Audience Award at this year’s Sundance Festival. Our Perth screening will be the film’s UK premiere, see page 68.

*Love is Strange* tells the story of Ben and George who tie the knot after 39 years together, but are forced to live separately, and their story echoes that of Leo McCarey’s 1937 moving masterpiece *Make Way For Tomorrow*, set in Depression-era America.

Performances touring the country include Uninvited Guests’ *Love Letters Straight From Your Heart*, a unique event in which audiences can dedicate a song to someone they love, and Company Chordelia’s *Dance Derby*, which brings the dance marathons of the American Depression to life. Both companies will offer workshops to local older people as part of their tours.

*Let Me Stay* is a tender exploration of Alzheimer’s in which Julie McNamara shares a celebration of life and love through the eyes of her mother, challenging the view that Alzheimer’s must always represent a withdrawal from the world.

We are also thrilled that Live Music Now Scotland will once again bring Luminate to care homes and day centres around Scotland in a series of concerts.

Check your regional pages to find the touring programme in a venue near you.
Hats & Chats

Workshops:
1, 8, 15 & 22 October / 3 - 5pm
Exhibition: 29 October / 3 - 5pm

Every Wednesday in October the Kemnay Knit and Natter Group will be concentrating on the theme of hats. We will be making fisherman’s hats, teenage beanies, premature baby bonnets and lady’s Shetland tammies. The final Wednesday will be a time to exhibit all the items made and work will be donated to charity.

Kemnay Library, Kendal Road, Kemnay, AB51 5RN • 01467 643906

Author’s Talk with John Killick

7 October / 11.30am - 1pm
Poet and author John Killick will speak about relationships and dementia, based on his extensive experience as writer in residence in a variety of settings, exploring communication with people with dementia through a wide variety of arts activities. This work has been funded through the Scottish Book Trust and Aberdeenshire Council’s Culture Team.

Inverurie Library, Town Hall, Market Place, Inverurie, AB51 3SN Booking advised • 01651 871226

Creative Writing Workshops with John Killick

Dates & times below
Poet and author John Killick will run a hands-on workshop for people living with dementia, offering an opportunity to work directly and expressively, with the aim of producing some new creative text. This work has been funded through the Scottish Book Trust and Aberdeenshire Council’s Culture Team.

7 October / 2 - 4pm:
Inverurie Library, Town Hall, Market Place, Inverurie, AB51 3SN
Booking advised • 01651 871226

9 October / 1.30 - 3.30pm
Forget Me Not Club, Roanheads Sheltered Housing Complex, Peterhead, AB42 1LL
Booking advised • 01779 491064
Liz Aggiss is The English Channel

17 October / 7pm
In this vibrant new solo performance by the grande-dame of anarchic dance, Liz Aggiss becomes a cultural carrier – a conduit to channel wilful women, and a cultural carrion – a vulture feeding off archives and resources. She is a witty commentator on life and death, and the pain, pleasure and paradox of the stage. Bringing together her significant experience and skills as a choreographer, dancer, writer and film-maker, this is Aggiss’ first live solo work for many years. Recommended age 15+: contains some flashing lights & strong language.

The Lemon Tree, 5 West North Street, Aberdeen, AB24 5AT • £11
01224 641122 • www.dancelive.org.uk
www.boxofficeaberdeen.com
Part of DanceLive

Make Way for Tomorrow

21 October / 11am & 6.30pm
A beautifully made, superbly acted, achingly funny, deliriously romantic and utterly heartbreaking film. This simple depression-era story, of an older couple who are forced to separate after they lose their house and find none of their children prepared to take them in, inspired Yasujiro Ozu’s masterpiece, Tokyo Story and was described by Orson Welles as a film that “could make a stone cry”. See it and weep!
(Leo McCarey/USA/1937/91min/U)
Belmont Filmhouse, 49 Belmont Street, Aberdeen, AB10 1JS • 11am: £3.50/£2 (members) • 6.30pm: £9/£7.50 (members) / £6 • 01224 343500
www.belmontfilmhouse.com
A Play, a Pie & a Pint: Flying With Swans by Jack Dickson

21 - 25 October:
6pm Tuesday - Friday / 1pm Saturday
Dolly, Jean and Mona are all 83 and grew up together on the Isle of Arran. They haven’t seen each other in over fifty years. Out of the blue, Dolly and Jean receive an invitation from Mona to take the ferry back to the island to watch the annual arrival of the whooper swans from Iceland at Catacol Bay. Like these migrating birds, the women are on a journey, guided by instinct and habit.

The Lemon Tree, 5 West North Street, Aberdeen, AB24 5AT
£11 • 01224 641122
www.aberdeenperformingarts.com
Produced by A Play, a Pie and a Pint in partnership with the Traverse Theatre, Edinburgh

"Like these migrating birds, the women are on a journey, guided by instinct and habit"
Flying With Swans
by Jack Dickson

Advanced Style + The Lady in Number 6: Music Saved My Life

23 October / 1pm & 6pm
Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.

(Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short.

(Malcolm Clarke/USA/2014/39min)
JOURNEY

23 October / 7pm
A man and a woman are on stage. Two dancers, two generations. Koen is a 31-year-old Belgian choreographer and performer, Alphea an 87-year-old dancer and pedagogue. In JOURNEY they probe the borders, push back boundaries. It is a performance about being here - no; about the strength of the human body. Together they bridge the gap between young and old, and 60 years of dance history, in a balancing act between wanting and being able to. These two people share a dream: to go on dancing to the end of their days.

Woodend Barn, Burn o’ Bennie, Banchory, AB31 5QA • £11/£9 in advance £12/£10 on the door • 01330 825431
www.woodendbarn.com
Choreographed by Koen De Preter
Performed by Alphea Pouget & Koen De Preter
Part of DanceLive

Company Chordelia presents Dance Derby

26 October / 7pm
The dance marathons of Depression-era America, with strict rules, extreme conditions and ferocious competition, were the reality shows of their day. Ten dancers, two actors and a six-piece jazz ensemble bring this drama to life to a soundtrack of songs from the 1930s, performed by soprano Nadine Livingstone.

The Lemon Tree, 5 West North Street, Aberdeen, AB24 5AT • £11
01224 641122 • www.dancelive.org.uk
www.boxofficeaberdeen.com
In association with Scottish Opera
Directed and choreographed by Kally Lloyd-Jones
Part of DanceLive

Dance Derby Luminate Workshops

26 October / 2.30 - 3.30pm
Company Chordelia’s Dance Derby tells the story of the dance marathons of 1930s Depression America. In this workshop aimed at older participants, the company will share the dances and music and give an insight into how they became part of the show.

His Majesty’s Theatre Studio, Union Street, Aberdeen, AB25 1GL (Enter by HMT stage door on Shoe Lane) £8 - Luminate workshop and ticket deal - includes ticket for Dance Derby performance at The Lemon Tree in the evening • 01224 611486
www.dancelive.org.uk
Part of DanceLive
Love is Strange

27 October / 6.15pm
After 39 years together, Ben and George take advantage of the new marriage laws and tie the knot. On return from their honeymoon, Ben gets fired and, with no real savings, the couple can no longer afford to live in their small Chelsea apartment. So, only days after their nuptials, their tight-knit community of family and friends must come together and figure out how to help them.
(Ira Sachs/USA/France/2014/98min)
Belmont Filmhouse, 49 Belmont Street, Aberdeen, AB10 1JS • £9/£6/£5 (under 15) Members £7.50/£4.50 • 01224 343500 • www.belmontfilmhouse.com

Making It Matters
MAKLab and Westhill Men’s Shed present a two-day workshop to design and make an installation, product, furniture, or something else for a group in the local community. MAKLab will bring some of the latest digital tools and, combining this with the knowledge of Men’s Shed members, create teams to design and produce some amazing things. The project will culminate in a show and tell session to showcase the designs.
Westhill Men’s Shed
www.maklab.co.uk

Creative Writing Workshops with John Killick
Poet and author John Killick will run a hands on workshop for people living with dementia in care settings, offering an opportunity to work directly and expressively, with the aim of producing some new creative text. This work has been funded through the Scottish Book Trust and Aberdeenshire Council’s Culture Team.
Pleyfauld House, Inverurie
Borrowmuirhills, Laurencekirk
Celebration of the Achievements of Older People
Free
1 - 10 October:
Monday - Friday / 9.30am - 5pm
Saturday / 10am - 5pm
(Closed from 1 - 2pm)
An exhibition showcasing a small selection of the art, crafts and photographic work produced by older people at workshops funded by the Reshaping Care Fund, as well as examples of intergenerational work with local schools.
North Ayrshire Heritage Centre,
Manse Street, Saltcoats, KA21 5AA
01294 464174
naheritage@northayrshire.gov.uk
A partnership between Community Development and the North Ayrshire Heritage Centre

Portraits of Experience
1 - 22 October / 10am - 5pm
The Scottish Maritime Museum presents an exhibition of photographs by award-winning artist Alex Boyd, capturing and celebrating the unique personalities, skills and backgrounds of its volunteers; including retired maritime, aerospace and manufacturing engineers, submariners, merchant seamen, archivists and experts in shipbuilding.
Scottish Maritime Museum,
The Linthouse, Gottries Road,
Irvine, KA12 8QE
£7/£5/children free • 01294 278283
www.scottishmaritimemuseum.org
The Organist Entertains: 2 Hands, 2 Feet and 27 Stops!

Every Monday in October / 12 - 1pm
Three seniors and a younger one play music from yesteryear on the 1904 Lewis pipe organ in Ayr Town Hall. The organ is one of the most outstanding instruments in Scotland, baby brother to the Lewis in Kelvingrove Art Gallery and Museum. Enjoy an hour of music for the whole community, as experienced organists, specially chosen for Luminate, bring this wonderful instrument to life.

6 October: Dr John Kitchen, Edinburgh City Organist
13 October: Gordon Cree, International Organist from Darvel, Ayrshire
20 October: Gordon Frier, Organist at Stow Brae Kirk, Paisley
27 October: Marie Mortimer, Organist at North Parish Church, Girvan and former accompanist to Ken Dodd

Ayr Town Hall, 29 New Bridge Street, Ayr, KA7 1JX • £2 • 01292 617660
www.south-ayrshire.gov.uk
Arranged by volunteers from Fort, Seafield and Wallacetoun Community Council

The Dalry Camera Club

10 - 31 October:
An exhibition of photographs by members of the Dalry Camera Club, formed in early 2013 having taken part in Reshaping Care lifelong learning opportunities.
Harbour Arts Centre, Harbour Street, Irvine, KA12 8PZ • 01294 274059
www.harbourartscentre.com

Sunday Jazz with the New Orleans Joymakers

12 October / 2pm
Enjoy a swinging afternoon of authentic New Orleans jazz music from one of Scotland’s finest traditional jazz bands.
Harbour Arts Centre, Harbour Street, Irvine, KA12 8PZ • 01294 274059 • £8/£6
www.harbourartscentre.com
Love Letters Straight From Your Heart Workshop

13 October / 3 - 5pm
Uninvited Guests will hold a workshop for older people, offering the chance to share joyful and moving words and music about their loved ones for the performance in early November.
Ayr Gaiety, Carrick Street, Ayr, KA7 1NU
£10 - includes a ticket for the performance of Love Letters Straight From Your Heart on 3 November
01292 288235 • www.ayrgaiety.co.uk

Love Letters Straight From Your Heart

3 November / 3pm
Let’s raise our glasses to long lost loves and current lovers, to mums, to dads and to absent friends. Uninvited Guests stage an event that is somewhere between a wedding reception, a wake and a radio dedication show. We speak of our own and others’ loves and dedicate songs to them. If you want to join us on this happy occasion, send a dedication to someone you love to info@uninvited-guests.net.
Ayr Gaiety, Carrick Street, Ayr, KA7 1NU • £10 (includes workshop admittance, see above)
01292 288235 • www.ayrgaiety.co.uk

SMOKIES

26 October / 7.30pm
A tasty tale of two lonely old spinsters who make a living catching and smoking fish on a remote shore. Neither of these strange sisters has much luck in capturing the hearts of the sailors nor fishermen who find themselves washed up there. Unable to escape the sisters’ romantic pursuits, the reluctant suitors come to a rather gruesome end. An extraordinary visual story told without words, this production is accessible to deaf and hard of hearing audiences.
Harbour Arts Centre, Harbour Street, Irvine, KA12 8PZ
£9/£7 • 01294 274059
www.harbourartscentre.com
Presented by Solar Bear Theatre Company

Talent on Tour

28 October / 2 - 3.30pm
Following last year’s successful tour, the ladies of the 24-strong Broomlands and Bourtreehill Community Singers are back at Harbour Arts Centre as part of their ‘Talent on Tour’ showcase. The group, who are all over 65, have been in great demand since forming two years ago.
Harbour Arts Centre, Harbour Street, Irvine, KA12 8PZ • Small charge for tea and coffee • 01294 274059
www.harbourartscentre.com

luminatescotland.org
Shuffling Off This Mortal Coil: Rants, Wisdom & Shoes

11 October / 12.30 - 4pm
A unique luncheon party for the discerning, quirky and exuberant. Three course lunch by Star catering, two distinguished guest speakers and a pop-up curated memory shoe exhibition in the delightful village of Twynholm.
Twynholm Village Hall,
7 Main Street, Twynholm, DG6 4NT
£15 • 01988 402036
carolyn@literaturedevelopment.org

Love Letters Straight From Your Heart

12 October / 3pm
Let’s raise our glasses to long lost loves and current lovers, to mums, to dads and to absent friends. Uninvited Guests stage an event that is somewhere between a wedding reception, a wake and a radio dedication show. We speak of our own and others’ loves – deep, passionate, ambivalent and unrequited – and dedicate songs to them.

If you want to join us on this happy occasion, send a dedication to someone you love to info@uninvited-guests.net. Your letters of love may become part of the show: romantic gestures or signs of friendship, shared publicly between us.

Ryan Centre, Fairhurst Road, Stranraer, DG9 7AP • £10/£7 • 01776 703535
www.stranraer.org/ryancentre

Supported by the National Lottery through Creative Scotland and Luminate. A BAC Scratch and Arnolfini We Live Here commission. Also commissioned by Leeds Met Studio Theatre. Originally funded by Arts Council England.
Absolute Classics: Lorraine McAslan, Violin & Victor Sangiorgio, Piano

16 October / 7.30pm
Two of the classical world’s finest soloists come together to perform works by Franck, Brahms, Beethoven and Debussy. Programme: Beethoven ‘Spring’ Sonata in F major Op. 24, Debussy Sonata for Violin and Piano, Brahms Sonatensatz Scherzo, Cesar Franck Sonata for Violin and Piano in A.

The Buccleuch Centre, Buccleuch Place, Langholm, DG13 0AW 01387 381196 • £12/£10/£5 (under 18) www.buccleuchcentre.com

Luminate, supported by Age Scotland, is also supporting older audiences in Dumfries and Galloway to attend this event as part of the festival’s Outreach programme.

Changing Room

Dates & times below
Rarely talked about openly, the menopause is one of society’s last taboos. This interactive installation explores experiences of this challenging and powerful time of transition. Female artists, including women from Dumfries & Galloway, have explored their own ageing processes, weaving stories and reflections through this work, ultimately revealing that this third stage of female life is more creative, outrageous, funny and profound than we ever imagined.

There will be open sessions running in Dumfries and Galloway in September for women to get involved in contributing to the installation. Email hotwomenart@gmail.com if you are interested in taking part.

Artists: Jo Hodges and Denise Zygdlo; Facilitator: Lee Seekings-Norman

17 October / 12 - 5 pm
18 - 19 October / 10am - 4pm:
The Catstrand, High Street, New Galloway, Castle Douglas, DG7 3RN 01644 420374 • www.catstrand.com

20 - 31 October:
Monday - Friday / 9am - 5pm
Saturday / 11am - 3pm
Electric Theatre Workshop, 28 Munches Street, Dumfries, DG1 1ET 01387 271820

Commissioned by Luminate
**Advanced Style + The Lady in Number 6: Music Saved My Life**

Dates & times below

**Advanced Style**
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.

*(Lina Plioplyte/USA/2014/72min/PG)*

**The Lady in Number 6**
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short.

*(Malcolm Clarke/USA/2014/39min)*

**Dates & Times**
- **Advanced Style**
  - 21 October / 7.30pm:
    - Robert Burns Centre Film Theatre,
      - Mill Road, Dumfries, DG2 7BE
    - £6.90/£5.15, Family £19.90,
      - Young Scot/School £4.20
    - 01387 264808 • www.rbcft.co.uk
  - 23 October / 2pm:
    - The Catstrand, High Street,
      - New Galloway, Castle Douglas, DG7 3RN
    - £2.50, includes tea or coffee
    - 01644 420374 • www.catstrand.com

**Three Score Years...**

**27 October - 2 November / 10am - 4pm**
**Storytelling: 28 October / 2 - 4.30pm**

An exhibition of work by professional older artists living in Dumfries and Galloway. On 28 October, renowned storyteller Jean Edmiston will lead an afternoon of stories, celebrating memories and exploring the power of stories to unlock imagination. An event for older people, their carers, friends and families, and storytellers.

*AD Livingston Antiques, Repairing & Restoring Workshop Gallery,*
*183 King Street, Castle Douglas, DG7 1DZ*
*carolyn@literaturedevelopment.org*
*01988 402036 • Please note: the gallery has three small steps at the entrance, please phone ahead for ramp access.*

*Supported by Dumfries and Galloway Council and AD Livingston & Sons.*
Celebrating its 30th anniversary in 2014/15, Live Music Now Scotland provides performance and training opportunities for outstanding emerging musicians who perform in a wide range of community settings, including those for older people.

Following successful tours at Luminate 2012 and 2013, Live Music Now musicians, including flute quartet Flutes en Route, will once again bring the festival into the heart of communities across Scotland.

Thorney Croft Care Home, Stranraer
www.livemusicnow.org.uk/scotland

Uninvited Guests will hold a workshop for older people, offering the chance to share joyful and moving words and music about their loved ones for the performance later in October.

Ryan Centre, Stranraer
www.uninvited-guests.net
www.fueltheatre.com
Advanced Style + The Lady in Number 6: Music Saved My Life

2 October / 10.30am

Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth. (Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short. (Malcolm Clarke/USA/2014/39min)

Dundee Contemporary Arts, 152 Nethergate, Dundee, DD1 4DY • £4.50, including tea or coffee and a biscuit
01382 909900 • www.dca.org.uk

Le Weekend at The Retreat: Food and a Film with Angus Arts

4 October / 7pm
An evening of food and film, with French cassoulet and French pastries, followed by Le Weekend, a bittersweet comedy about a British couple who return to Paris 30 years after their honeymoon in an attempt to rejuvenate their marriage. Starring Jim Broadbent, Lindsay Duncan and Jeff Goldblum. Certificate 15.

Angus Arts @ The Retreat, Glensk Retreat, Tarfside, Glensk, DD9 7YT • £10 including food & film
angus.arts@btinternet.com
www.gleneskretreat.co.uk
01561 298173

Thanks to NEAT Flicks for their support with this film

luminatescotland.org
Make Way for Tomorrow

5 October / 3pm
A beautifully made, superbly acted, achingly funny, deliriously romantic and utterly heartbreaking film. This simple depression-era story, of an older couple who are forced to separate after they lose their house and find none of their children prepared to take them in, inspired Yasujiro Ozu’s masterpiece, *Tokyo Story* and was described by Orson Welles as a film that “could make a stone cry”. See it and weep!
Leo McCarey/USA/1937/91min/U
Dundee Contemporary Arts, 152 Nethergate, Dundee, DD1 4DY
£7/£5 (student) • 01382 909900 • www.dca.org.uk

Lilting

9 October / 10.30am
A Cambodian Chinese mother mourns the untimely death of her son and her world is suddenly disrupted by the presence of a stranger. Through a translator, they piece together memories of a man they both loved dearly, and realise that while they may not share a language, they are connected in their grief.
Hong Khaou/UK/2014/86min/15
Dundee Contemporary Arts, 152 Nethergate, Dundee, DD1 4DY • £4.50, including tea or coffee and a biscuit
01382 909900 • www.dca.org.uk

Under a Spell Place: Voicing Dementia

11 October / 2.30 - 4pm
Join poet Paula Jennings as she reads from her forthcoming collection *Under a Spell Place* (HappenStance Press, 2015), a sequence of poems in the voice of a woman with Alzheimer’s that has grown out of seven years of conversations with residents in care settings. Interspersed between the poems will be a chaired discussion with time at the end for more talking over a cup of tea.
Dundee Central Library, Wellgate, Dundee, DD1 1DB
Booking essential 01337 842513 philippajohnston@btinternet.com
Presented by Lapidus Scotland as part of the ‘Writing Place’ project; Funded by Awards for All Scotland with support from Dundee Libraries

luminatescotland.org
Love is Strange

24 October / 8pm
After 39 years together, Ben and George take advantage of the new marriage laws and tie the knot. On return from their honeymoon, Ben gets fired and the couple can no longer afford to live in their small Chelsea apartment. So, only days after their nuptials, their tight-knit community of family and friends must figure out how to help them. (Ira Sachs/USA/France/2014/98min)
Dundee Contemporary Arts, 152 Nethergate, Dundee, DD1 4DY • £7 01382 909900 • www.dca.org.uk

A Guid Blether

28 October / 7.30pm
Women love a guid blether...some things never change! But the way we chat has changed a lot; from the strong spirit of the war years through to current days of social media. These stories become our history to pass on to the next generation. But how has it changed if you are deaf? Through storytelling and visual performance the Deaflinks Group will work with Solar Bear Theatre Company and playwright Sylvia Dow to devise a performance to share their memories.
Bonar Hall, Park Place, Dundee, DD1 4HN • £6/£4 • Box office: Dundee Rep Theatre, Tay Square, Dundee, DD1 1PB 01382 223530 • www.dundeerep.co.uk

Company Chordelia presents Dance Derby

29 October / 7.30pm
The dance marathons of Depression-era America, with strict rules, extreme conditions and ferocious competition, were the reality shows of their day. Attracting huge audiences, they could last for weeks on end. Ten dancers, two actors and a six-piece jazz ensemble bring this drama to life to a soundtrack of songs from the 1930s, performed by soprano Nadine Livingstone.
Dundee Rep, Tay Square, Dundee, DD1 1PB • £14/£12/£5 (student) 01382 223530 • www.dundeerep.co.uk
In association with Scottish Opera. Directed and choreographed by Kally Lloyd-Jones

Dance Derby Luminate Workshops

29 October / 2.30 - 3.30pm
Company Chordelia’s Dance Derby tells the story of the dance marathons of 1930s Depression America, and the social dances from that era form the basis for its choreography and soundtrack of original songs. In this workshop aimed at older participants, the company will share the dances and music and give an insight into how they became part of the show.
Scottish Dance Theatre Studio, Dundee Rep, Tay Square, Dundee, DD1 1PB • £6 – Luminate workshop and ticket deal (includes ticket for Dance Derby performance at Dundee Rep in the evening) 01382 223530 www.dundeerep.co.uk

A devised work by Solar Bear Theatre Company and Deaflinks in partnership with Dundee Rep Theatre and Luminate
Live Music Now Scotland Tour: Knox and Ion

Celebrating its 30th anniversary in 2014/15, Live Music Now Scotland provides performance and training opportunities for outstanding emerging musicians who perform in a wide range of community settings, including those for older people.

Following successful tours at Luminate 2012 and 2013, Live Music Now musicians, including jazz guitar duo Knox and Ion, will once again bring the festival into the heart of communities across Scotland.

Outreach

Oakland Day Centre, Dundee
Clement House, Dundee
Craigie House, Dundee
www.livemusicnow.org.uk/scotland

“Live Music Now Scotland provides performance and training opportunities for outstanding emerging musicians”
Edinburgh City

Colin Gray: a journey with his parents through love, life and death

1 October - 7 November: Monday - Saturday / 10am - 4pm
A selection of works documenting Colin Gray's 34-year collaborative journey with his parents. It includes work from The Parents series, which started in 1980; from In Sickness and in Health, photographs that explore his parents' older age and his mother's death; and a preview of new work from Do Us Part, his ongoing series of images of his father and daughter.

North Edinburgh Arts Centre, 15a Pennywell Road, EH4 4TZ • 0131 315 2151
www.northedinburgharts.co.uk

Part of: To Absent Friends, a people's festival of storytelling and remembrance

Colin Gray: Artist's Talk

Dates & times below
Colin Gray discusses the works that form part of his exhibition at North Edinburgh Arts Centre.

8 October / 6pm:
North Edinburgh Arts Centre (as above)
www.northedinburgharts.co.uk

16 October / 7pm:
Stills, 23 Cockburn Street, EH1 1BP
0131 622 6200 • www.stills.org

Produced for Luminate 2014 by Street Level Photoworks

Life Lines: Intergenerational LGBT+ Storytelling

4 October / 5 - 8pm
Wit and wisdom from voices across the generations! A welcoming evening of inspiring and moving performance poetry and storytelling from a diverse range of LGBT+ people, aiming to create increased understanding of lesbian, gay, bisexual, and transgender identities and communities. Organised by LGBT Health and Wellbeing and suitable for both the general public and professionals working in older people's services. For ages 13+ and people of all genders and sexualities are welcome.

Scottish Storytelling Centre, 43 - 45 High Street, EH1 1SR • £3/£2
Tickets: 0131 556 9579 • Information: 0131 652 3284 • www.tracscotland.org
www.lgbthealth.org.uk

Also part of the Scottish Mental Health Arts and Film Festival.
Inspired by Dutch Still Life

6 - 10 October / 10am - 12pm or 2 - 4pm daily
Come and explore the Scottish National Gallery, work with artists and create a beautiful art work inspired by Dutch still life. A practical workshop and tour that is suitable for community groups, including care homes and those with dementia. Wheelchair users are welcome; please note there will be some moving between gallery and workshop spaces during the session.
Scottish National Gallery, The Mound, EH2 2EL • Booking essential 0131 624 6560 • www.nationalgalleries.org

Intergenerational Animation Event

7 - 9 October / 10am - 12pm daily
Young people from Kaimes School, including students with autism, have been working on a two-year animation project with Red Kite Animation. They will share their knowledge and skills with a group of older learners, helping them create their own animated stories based on personal histories, memories and found objects from the past, alongside animators from Red Kite Animation. Participants must commit to all three sessions.
Leith Library, 28 – 30 Ferry Road, EH6 4AE • Booking essential 0131 529 5517 leith.library@edinburgh.gov.uk
Part of the Kaimes School Unsung Stories Project
Supported by the Living Memory Association

Ageless Animations

7 - 9 October / 1 - 3pm daily
Red Kite Animation is bringing grandparents and grandchildren together to make a short animation inspired by objects from the past. A Red Kite animator will be on hand to help you create your short film using 2-dimensional cut-out characters and backgrounds and there will be lots of tea and biscuits provided. All the films created will be screened at a special event, to which participants will be invited, later in the year. Only one session is required and the project can request a school leave of absence for grandchildren on your behalf.
Leith Library, 28 – 30 Ferry Road, EH6 4AE • Booking essential 0131 529 5517 leith.library@edinburgh.gov.uk
Part of the Kaimes School Unsung Stories Project
Supported by the Living Memory Association

Sing with the U3A Singers

7 October / 2.15 - 3.30pm
A chance to join the U3A Singers at their regular session, sing some favourite songs and meet U3A members. Sight-reading not essential.
Mayfield Salisbury Church, 18 West Mayfield, EH9 1TQ www.edinburghu3a.org.uk
Part of the Kaimes School Unsung Stories Project
Supported by the Living Memory Association
Still Life: An Audience with Henrietta Moraes

9 October / 7.30pm
10 October / 4pm (captioned)
Henrietta Moraes, the uncrowned Queen of 1950s Soho was model and muse for Francis Bacon, Lucian Freud and Maggi Hambling. She led an itinerant and rackety life, sustained by the tolerance of friends, oiled by alcohol and fuelled by an astonishing variety of drugs. Henrietta, with characteristic wit and candour, tells stories from her life and re-creates poses from her illustrious career. Audiences are welcomed and encouraged to engage with this intriguing woman as both audience member and artist. Drawing materials provided or bring your own. Age 16+. Contains nudity throughout.
Summerhall, 1 Summerhall, EH9 1PL
£10/£8 (65 minutes) • 0131 560 1581
www.summerhall.co.uk

Created and performed by Sue MacLaine

Boxes of Delight: Surrealism at 90

10 October / 2 - 4pm
Michael Eades (University of London) and Catriona McAra (University of Edinburgh) explore creative approaches to dementia care. From games, to the creation of personal memory boxes, the event highlights the role of surrealist art in understanding and living with dementia. It includes a demonstration on 'how to make a festival in a box' incorporating poetry, photography, ceramics and storytelling.
IASH, 2 Hope Park Square, University of Edinburgh, EH8 9NW
Refreshments provided • 0131 650 4671
www.iash.ed.ac.uk

Hosted by the Institute for Advanced Studies in the Humanities (IASH) at the University of Edinburgh
Thanks to the School of Advanced Study, University of London

Luminate Poetry Slam

12 October / 7.30pm
The Luminate Slam is back! Judges are Edinburgh’s Makar Christine de Luca, doyenne of Scots poetry Sheila Templeton and Miko Berry, the reigning Scottish Slam champion, who will also be our guest performer. Contestants should apply by email to poetryslam@luminatescotland.org by 22 September. There will be two Wild Card entries on the night and generous prizes!
Ghillie Dhu, 2 Rutland Place, EH1 2AD
£4/£3 • www.ghillie-duh.co.uk
Box office: Traverse Theatre, 10 Cambridge Street, EH1 2ED
0131 228 1404 • www.traverse.co.uk

Pop-up Exhibition: A Human Story

10 – 17 October
An exhibition of work, at a surprise location, by the internationally recognised Slovak photographer Jaro Sykora, including unique and moving portraits of older people. The work will be accompanied by a documentary by Slovak filmmaker Marek Kubos.
Look out for venue details on: senanose.blogspot.co.uk
U3A Open Meeting

15 October / 2 - 4pm
Edinburgh U3A’s monthly meeting will be open to the public in October as part of Luminate. Visiting speaker James McVeigh will take us ‘Behind the Scenes at the Edinburgh Festivals’ and there will be exhibitions of work by the Art Group, the Craft Group, and a display of photography by U3A members.  
St Cuthbert’s Church, Lothian Road, EH1 2EP • www.edinburghu3a.org.uk

Craft Café Open Day

16 October / 10am - 4pm
Craft Cafés in Glasgow and Edinburgh will open their doors in celebration of Luminate 2014. If you are 65+ and want to get involved in creative activity, pop along to our studios to meet artists in residence and Craft Café members and try out an activity for yourself.
St Raphael’s Care Home, 6 South Oswald Road, EH9 2HG • 0141 575 3001
www.impactarts.co.uk
Supported by Viewpoint Housing Association, Elderpark Housing Association, Whiteinch Community Association, Scottish Government and Community Health Partnership

Alive Inside

15 October / 6pm
Winner of the 2014 Sundance Film Festival Audience Award: US Documentary. Follow social worker Dan Cohen, founder of the not-for-profit organisation Music & Memory, as he fights against a broken healthcare system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those experiencing it. (Michael Rossato-Bennett USA/2014/78min)
Filmhouse, 88 Lothian Road, EH3 9BZ £8.20/£6 • 0131 228 2688 www.filmhousecinema.com
Presented by Luminate and the Scottish Mental Health Arts and Film Festival

It’s a Funny Old Story

16 October / 2 - 3pm
An enjoyable afternoon of stories and music in the relaxed setting of the Storytelling Court. Featuring contributions from the Life Stories storytelling group, who specialise in storytelling and reminiscence sessions for older people to help rekindle imagination, trigger memories and increase communication. Suitable for people with dementia, their friends, family and carers.
Scottish Storytelling Centre, 43 - 45 High Street, EH1 1SR • £3 0131 556 9579 • www.tracscotland.org
I have been an artist ever since I can remember and still am! Busier than ever - at 74 I work every day, seven days a week, from when I get up till I go to bed, mostly painting for the past while as I’ve had shows... I’ve also had a play-writing spell...

John Byrne, 74
Artist & Playwright
Late Ripeness: Poems About Memory & Ageing

16 October / 6.30pm
Poets Ken Cockburn and Lorna Irvine present a programme of the work of poets in older age and poetry that addresses the ageing process, including MacCaig, Milosz, Morgan, Symborska, Tennyson and Yeats. We’ll engage in conversation about experiences and perceptions of ageing – memory and memorialising – settling down or pushing on: “How can one square longing / for distance with settledness.” (Friederike Mayröcker).
Scottish Poetry Library, 5 Crichton’s Close, Canongate, EH8 8DT • £5/£4 • 0131 557 2876 www.scottishpoetrylibrary.org.uk

Make Way for Tomorrow

20 October / 3.30pm & 6.10pm
A beautifully made, superbly acted, achingly funny, deliriously romantic and utterly heartbreaking film. This simple depression-era story, of an older couple who are forced to separate after they lose their house and find none of their children prepared to take them in, inspired Yasujiro Ozu’s masterpiece, Tokyo Story and was described by Orson Welles as a film that “could make a stone cry”. See it and weep! (Leo McCarey/USA/1937/91min/U)
Filmhouse, 88 Lothian Road, EH3 9BZ • 3.30pm: £6.50/£4.50 6.10pm: £8.20/£6 • 0131 228 2688 www.filmhousecinema.com

Tuesday Tour & Tea

21 October / 11am - 12pm
Stills is a centre for photography which provides exhibitions, courses and open-access photography facilities all year round. Join staff for a relaxed, informal guided tour of the gallery, its creative facilities and the current exhibition, The King’s Peace: Realism and War. The tour will be followed by conversation, tea and cake in the library area, with the chance to learn more about Stills and ways to get involved.
Stills, 23 Cockburn Street, EH1 1BP 0131 622 6200 • www.stills.org
**Advanced Style + The Lady in Number 6: Music Saved My Life**

22 October / 3.30pm & 6pm

**Advanced Style**
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth. (Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short, the film features beautiful photographs and rare film footage that truly brings Alice’s inspirational and extraordinary story to life. (Malcolm Clarke/USA/2014/39min)

**Filmhouse, 88 Lothian Road, EH3 9BZ • 3.30pm: £6.50/£4.50 6pm: £8.20/£6 • 0131 228 2688 www.filmhousecinema.com**

**Writing Dementia: A New Narrative?**

23 October / 10am - 12pm

So many people are affected by dementia and, despite current media portrayals, there are people with dementia living well. This guided workshop will allow participants to write about their experiences whether as carers or as people living with dementia. Hanna Cherrie’s Teashop, 35 Hamilton Place, EH3 5BA • £5 including coffee or breakfast tea and cake • 0131 315 3634

**Utsavam**
‘Celebration’: Indian dance workshop for older people & their carers

23 October / 11am - 12.30pm & 1.30 - 3pm

Come and try an Indian dance workshop and enjoy a performance by Scotland’s Indian dance company, Dance Ihayami. The event is open to day care groups, older people, their carers and their families, and is accessible to people of all abilities. The workshop will bring together Indian rhythms with shared stories that will be brought together creatively to music.

Stockbridge House, 2 Cheyne Street, EH4 1JB
www.lifecare-edinburgh.org.uk

*Presented by Dance Ihayami in partnership with Lifecare Ltd*
U3A Greetings Card Exhibition

24 October / 2 - 4pm
An exhibition of handmade greetings cards by the Edinburgh U3A Craft Group, following a workshop with residents of the Castle Rock Edinvar Housing Association.

Castle Rock Edinvar Housing Association, 17 Lauriston Park, EH3 9JA
www.edinburghu3a.org.uk

Tales of a Grandson

25 - 26 October
Part 1: The Dig - 2.30pm
Part 2: The Feast - 3.45pm
Part 3: The Hooly - 5.30pm
This is one man’s re-telling of Scotland’s history, but this is no straight and dusty history lesson: Andy Cannon (previously of Wee Stories) takes us on a time-travelling adventure with his grandparents for all the family to enjoy, piecing together the myriad of Kings, Queens, friends and foes that make up our nation’s story. Told in three parts, you can stay all day for The Dig, The Feast and The Hooly, and help Andy in his quest to tell Scotland’s epic tale.

The Studio at the Festival Theatre, 22 Potterow, EH8 9BL • Early bird (before 21 September) £10, then £15/£10 • 0131 529 6000
www.edtheatres.com/grandson

Funded by Creative Scotland Traditional Arts Commissioning

Tea Dance at the Portrait Gallery

27 October / 2 - 4pm
Join us in the beautiful Great Hall for a spirited tea dance with a wartime theme, inspired by the exhibition Remembering the Great War. Sing and dance along with your hosts Flyright Dance Company and enjoy live music provided by That Swing Sensation! Suitable for community groups including care homes and those with dementia.

Scottish National Portrait Gallery, 1 Queen Street, EH2 1JD
Booking essential • 0131 624 6560
www.nationalgalleries.org

Luminate Week at Dance Base

27, 29 & 31 October / 3 - 4.30pm
Open classes, exclusive to Luminate, taught by Morag Deyes, Dance Base’s Artistic Director. The whole session lasts 90 minutes with a good warm up and a cool down. The moves are open and relaxed, based on contemporary dance but will have a few surprises from other dance styles thrown in too! Wear loose comfy clothing and footwear that’s flexible, non-slip socks or bare feet.

Dance Base, 14 – 16 Grassmarket, EH1 2JU • Booking advised
0131 225 5525 • www.dancebase.co.uk
Love is Strange

27 October / 6pm
After 39 years together, Ben and George take advantage of the new marriage laws and tie the knot. On return from their honeymoon, Ben gets fired and, the couple can no longer afford to live in their small Chelsea apartment. So, their tight-knit community of family and friends must come together and figure out how to help them.
(Ira Sachs/USA/France/2014/98min)
Filmhouse, 88 Lothian Road, EH3 9BZ £8.20/£6 • 0131 228 2688 www.filmhousecinema.com

Margaret’s Wardrobe

31 October / 2 - 3.30pm
Join Dr Chris Lee, curatorial consultant and researcher, as he tells the lively personal story of one ‘ordinary’ woman, Margaret and her amazing high-end fashion collection, a vital link to Margaret’s identity with the onset of dementia. Share your passion for fashion and enjoy our Jean Muir handling collection.
National Museum of Scotland Learning Centre, Level 4, Chambers Street, EH1 1JF • Booking advised www.eventbrite.com • www.nms.ac.uk
Also part of the Scottish Mental Health Arts and Film Festival

Flights of Fancy

31 October / 2pm
Fly with 24 Carat Gold, a spin-off group from Dance Base’s over-60s class Golden, as they smash the glass ceiling of people’s preconceptions of what dancers in their 60s, 70s and 80s can do. Join them for three routines, one choreographed by Vincent Hantam, on the theme of ‘Flight’ that will prove age is no barrier to the pleasure of dancing.
Dance Base, 14 – 16 Grassmarket, EH1 2JU • 0131 225 5525 www.dancebase.co.uk

SMOKIES

31 October / 7.30pm
A tasty tale of two lonely old spinsters who make a living catching and smoking fish on a remote shore. Neither has much luck in capturing the hearts of the sailors nor fishermen washed up there. Unable to escape the sisters’ romantic pursuits, the reluctant suitors come to a rather gruesome end. An extraordinary visual story told without words, this production is accessible to deaf and hard of hearing audiences.
The Studio at the Festival Theatre, 22 Potterow, EH8 9BL • £14/£10 0131 529 6000 • www.edtheatres.com
Presented by Solar Bear Theatre Company
This is Me

A workshop series for people with dementia, including early onset dementia, and their carers with Alzheimer Scotland's Day Care Services at the Prentice Centre. Working with a poet and visual artist and inspired by the collections of Art in Healthcare and the Scottish Poetry Library, workshop participants will create personal books of poetry and visual art reflecting their identity, interests and histories.

A partnership delivered by Scottish Poetry Library and Art in Healthcare.

Prentice Centre
www.scottishpoetrylibrary.org.uk

Live Music Now Scotland Tour: Kristan Harvey & Tina Rees

Celebrating its 30th anniversary in 2014/15, Live Music Now Scotland provides performance and training opportunities for outstanding emerging musicians who perform in a wide range of community settings, including those for older people.

This year Live Music Now musicians, including Kristan Harvey (fiddle) and Tina Rees (piano), will once again bring Luminate into the heart of communities across Scotland.

Granton Day Centre
Saughtonhall Church Over 60s Group
www.livemusicnow.org.uk/scotland

U3A: Jazz on an Autumn Afternoon

A performance of popular jazz numbers by the U3A Jazz Group for the residents and staff at Oaklands Care Home.

Oaklands Care Home

U3A Greetings Card Workshop

Members of U3A Craft Group will demonstrate card-making skills and help residents and visitors to make their own

Castle Rock Edinvar Housing Association
BraveheART

1 October / 10am - 3pm
An exhibition of visual art from Braveheart’s participants, volunteers and community members that will inspire you to enjoy our natural environment. You’ll also have the chance to try some activities, watch a film about the organisation, taste local food and enjoy a short walk with Braveheart volunteers.
Falkirk Community Hospital, Majors Loan, FK1 5SU
www.braveheart.uk.net

Monday Cuppas

6, 20 & 27 October/
Café opens 10.30am, Screening 11am
Monday morning Cuppa screenings offer a chance to relax with a film, hot drink, and scrumptious cake in the beautifully restored Art Deco surroundings of the Bo’ness Hippodrome. And Luminate audiences get their tickets at a specially discounted price. See right for details of the Luminate Film Programme screening on 20 October. Remaining titles will be announced by early September.
Hippodrome, Hope Street, Bo’ness, EH51 0AA • 01324 506850
www.falkirkcommunitytrust.org/venues/hippodrome

Advanced Style + The Lady in Number 6: Music Saved My Life

20 October / 11am

Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.
(Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short.
(Malcolm Clarke/USA/2014/39min)

Hippodrome, Hope Street, Bo’ness, EH51 0AA • Special offer: quote ‘Luminate’ for film and refreshments for £5, or film only £3 • 01324 506850
www.falkirkcommunitytrust.org/venues/hippodrome
Ballroom Dance

10 October / 8pm
Swish your way across the FTH dance floor to the live sounds of music maestro John Findlay. From waltzes to cha-chas there’s a dance for everyone at this fun and relaxing evening. And the café bar will be open serving drinks and snacks to keep you dancing into the night.

Falkirk Town Hall, West Bridge Street, FK1 5RS • Box office: Steeple Box Office, High Street, FK1 1NW • Special offer: quote ‘Luminate’ for £5 entry, usual price £6 • 01324 506850 www.falkirkcommunitytrust.org/venues/fth

Afternoon Tea Dance

15 October / 2pm
Grab a partner for a waltz or a foxtrot, or just relax and enjoy the music with friends. This is the perfect place to spend an enjoyable afternoon showing off your dance moves. Refreshments are also on offer from the café and the wonderful John Findlay will provide live music.

Falkirk Town Hall, West Bridge Street, FK1 5RS • Box office: Steeple Box Office, High Street, FK1 1NW • Special offer: quote ‘Luminate’ for £3 entry, usual price £4 • 01324 506850 www.falkirkcommunitytrust.org/venues/fth

Every Picture Tells My Story

20 - 24 October / 11am & 2pm
A fantastic opportunity to share with you my emotions, experiences and memories of my lives journey. We are all born and eventually we will all die. What we achieve throughout this process moulds and depicts who we are. Join me through pictures, voice and through those that have been a huge part of my ageing journey. See how alive my life has been and how it continues.

The Haining Care Home, Vellore Road, Maddiston, FK2 0BN
Booking essential • 01324 716755 lynn.haining@yahoo.co.uk

Presented by residents of The Haining Care Home

The Falkirk Cabaret

A brand new singing project for older people’s groups in Falkirk. Groups will work with inspirational choir leader Stephen Deazley to learn and rehearse old favourites and new songs, which will be performed in a sharing event with all the project’s participants and their friends and families at Falkirk Town Hall during Luminate.

Falkirk Town Hall
Delivered by Love Music and Luminate and supported by Falkirk Community Trust
Haydays in
the Garden

7 October / 10am - 3pm
Members of Haydays Fife, an Arts and Leisure organisation for the over 50s, will be spending the day at St Andrews Botanic Garden, working with local artist Adela Crone and stained glass artist Liz Rowley to create an installation that celebrates Luminate. Drop in and watch them work, and speak to members about the activities Haydays offer. Artworks created will also be on display at the Haydays Showcase on 28 October.
St Andrews Botanic Gardens, KY16 8RT
www.st-andrews-botanic.org

In The Kingdom That Danced

10 October / 7pm
11 October / 5pm & 8pm
12 October / 5pm
Once upon a time there were twelve princesses who slept all day and vanished every night to a secret place. Where did they go? Their father needs to know. He wants them married and out of the house. Is anyone brave enough to find out their secret and take them off his hands? An ancient tale for a modern world.
The Glen Pavilion, Pittencrieff Park, Dunfermline, KY12 8QH • £10/£6
01383 602302 • www.onfife.com
Live Music Now Scotland Tour: Emily Mitchell & Geoffrey Tanti

Celebrating its 30th anniversary in 2014/15, Live Music Now Scotland provides performance and training opportunities for outstanding emerging musicians who perform in a wide range of community settings, including those for older people.

Following successful tours at Luminate 2012 and 2013, Live Music Now musicians, including Emily Mitchell (soprano) and Geoffrey Tanti (piano), will once again bring the festival into the heart of communities across Scotland.

Age Concern Glenrothes Balfarg Care Home, Glenrothes www.livemusicnow.org.uk/scotland

Welcome to Wellderly

31 October / 10am - 12pm
Become part of Wellderly’s brand new design team to apply your knowledge, skills and creativity to the big issues our society faces. The group will explore and select an issue based on its interests, use creative approaches to discuss possible solutions and model their problem-solving ideas in hands-on group activities. This workshop is a unique and enjoyable way to make a difference!
Cosmos Community Centre, Abbey Walk, St Andrews, KY16 9LB Booking essential • 07515 252419 jenni@wellderly.org.uk

Haydays Showcase

28 October / 9.30am - 4pm
A chance to try half hour taster classes of some of the activities offered by Haydays, an Arts and Leisure organisation for the over 50s, have a cuppa and meet Haydays members. Classes include salsa, singing, painting, drawing, stained glass, bridge, card-making and literature. There will also be an exhibition of members’ work on display.
The Town Hall, St Andrews, KY16 9TA www.haydaysfife.co.uk

Outreach
Still Sounds:
The Great War

1 – 19 October
This documentary video by artist Margaret Moore investigates the effect of the Great War on Glaswegians whose families were involved in and affected by the global conflict and its aftermath. Screening during museum opening hours, phone ahead to check times.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
www.glasgfmuseums.com
0141 287 2564

Secret Cinema

1, 8, 15, 22 & 29 October / 2pm
See old film favourites at the Burrell Collection every Wednesday during Luminate. Phone ahead to check the programme. No need to book.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
www.glasgfmuseums.com
0141 287 2564

Scrapbooking at Maggie’s

2, 9, 16, 23 & 30 October / 11.30am - 1.30pm
Unique taster sessions offering the chance to begin the process of scrapbooking your life. Chart your history and open up new horizons for the future in this engaging creative process.
Maggie’s Centre, Gartnavel Hospital, 1053 Great Western Road, G12 0YN
0141 357 2269 • www.maggiescentre.org

A Quiet Riot

3 October / 2pm
Bob is getting a Community Care interview. Him and Isabel are getting along fine, in their own way. But daughter Sarah’s having none of it. Mind you, choice hasn’t been on the menu for a while now... Neither has thinking about it. A film about the predicaments faced by thousands of families affected by dementia. Funny, thoughtful, true to life – and about joy, happiness and love. Followed by a discussion and debate concerning our social, cultural and personal approach towards dementia. Anyone and everyone with an interest is cordially invited!
GMAC, 5th Floor, 103 Trongate, G1 5HD
Booking advised, spaces are limited
0141 553 5400 • www.quriot.com
Vanishing Point presents Tomorrow

3 (Preview) 4 & 7 - 11 October / 7.30pm
Tomorrow tells the story of a young man who suddenly finds himself in an alarmingly unfamiliar place. A place where everyone seems to know him and where strange rules apply. Where everyone seems to have his best interests at heart, but he is not at liberty to leave. Tomorrow is a subtle, delicate show about all our possible futures. “brutally beautiful and makes you shiver”**** The Guardian
Tramway, 25 Albert Drive, G41 2PE
£10 (Preview) £15 / £12
0845 330 3501 • www.tramway.org
A co-production between Vanishing Point, Brighton Festival, Tramway (Glasgow) and Cena Contemporânea (Brasilia), in association with Platform (Easterhouse) and National Theatre Studio (London)
Also part of the Scottish Mental Health Arts and Film Festival

Willow Weekend E P T Free

4 - 5 October /
Saturday: 10am - 5pm
Sunday: 11am - 5pm
A series of events in the Glasgow Style Gallery for generations to come together and celebrate Charles Rennie Mackintosh’s love of willow. There will be talks, performances and drop-in sessions where you can draw in willow charcoal, make a Mackintosh motif or try a creative writing workshop.

Programme: 11.30am - 12.30pm Willow Wood performance & creative writing session / 1 - 1.30pm Glasgow Style Gallery tour / 1.30-3.30pm Life drawing & willow weaving
Kelvingrove Art Gallery and Museum, Argyle Street, G3 8AG • 0141 276 9599
www.glasgowmuseums.com
Part of Silver Sunday and the Creative Mackintosh Festival

Kinning Park arty-archi-tea-cake

4 October / 1 - 4pm
Take a closer look at the architecture of Kinning Park on a short exploration of the complex and its surroundings with guided sketching activities. Then develop your sketches into artworks using a variety of materials (of course with time for tea and cake and chat about Kinning Park included!).
Kinning Park Complex, 43 Cornwall Street, G41 1BA • Booking essential via event organiser not venue
alison@crenellatedarts.com
07891 767916
Hands on History:
Tile-making for Grandparents & their Grandchildren

4 October / 2 - 4pm
Intergenerational fun in a practical workshop, where together you can explore the ancient craft of tile making, and make your own tile inspired by the Burrell Collection.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT • 0141 287 2564
www.glasgowmuseums.com

Animal, Vegetable or Mineral: The Ancient Art of Making Colour

5 October / 1 - 3.30pm
Explore the origin, use and history of natural pigments and dyes from the Ancient world to the present day; as seen in objects from Glasgow Museums’ world cultures, textile and art collections. Try your hand at the ancient craft of making colour from dye plants with artist Kathy Beckett and make a drawing with natural minerals, just like our ancient ancestors.
Glasgow Museums Resource Centre, 200 Woodhead Road, South Nitshill Industrial Estate, G53 7NN
Booking essential • 0141 276 9300
GMRCbookings@glasgowlife.org.uk
Part of Silver Sunday and Age Friendly Museums Day

Silver Sunday
Armouries Afternoon

5 October / 1 - 3pm, drop-in
Learn more about the fascinating Arms and Armour collection of Sir William Burrell during this drop-in interactive object handling session for older people and their families. Then have a go at creating your own shield or helmet out of card.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT • 0141 287 2564
www.glasgowmuseums.com
Part of Silver Sunday and Age Friendly Museums Day

Sketching Space & Place: An Introduction to Architectural Drawing

5 October / 1 - 4pm
Inspired by a sketch by Charles Rennie Mackintosh of the Provand’s Lordship, you will develop drawing skills and gain an understanding of architecture and interiors. Discover how environments are used and can be affected by human presence. Drawing will be used to explore line, form, shape, perspective and light and, using mixed media, you will produce observed and experimental drawings.
St Mungo Museum, 2 Castle Street, G2 0RH • Booking essential 0141 276 1625
mungobookings@glasgowlife.org.uk
Part of Silver Sunday and Age Friendly Museums Day
The Little Girl from 1945

5 October / 2 - 3pm

"He’s always here. He keeps looking at me and smiling. He keeps taking my hand. He goes and sits in the corner, crying. He looks lonely. He’s not my Granddad. I don’t know who he is."

Violet Black is from Yorkshire, 1945. In this free pop-up performance, she’s here to tell stories of her childhood and family - and of a mysterious old man who keeps showing up.

Check venue at: www.luminatescotland.org

Silver Swans Workshop

6 October / 10 - 11.30am & 1.30 - 3pm

Scottish Ballet is delighted to offer two Silver Swans workshops for older dancers with little or no ballet experience. Come along to our fabulous studio and enjoy an inspiring introduction to ballet based on steps from McMillan’s Elite Syncopations.

The class will be taught in a relaxed and informal atmosphere and a pianist will accompany the session.

Tramway, 25 Albert Drive, G41 2PE
Booking advised • 0141 331 2931
www.scottishballet.co.uk

Singing for the Heart

8 October / 12.30 - 2pm

Do you love to sing and want to sing in a group? Why not come along to The Village Storytelling Centre and try our Singing for the Heart taster session?

Featuring music from the fabulous 50s, the musicals and guid auld Scots sangs. This session is aimed at older adults and song sheets will be provided.

The Village Storytelling Centre, 183 Meiklerig Crescent, Pollok, G53 5NA
www.thevillageonline.co.uk

Linwood No More

9 - 11 October / 8pm

New Year’s Day 2000. A homeless alcoholic awakes to the new millennium and faces up to the realities of his life on the street. He reflects on his redundancy from the Linwood car plant and the happy family life he has lost. One man’s story of what became of his life after the Linwood plant was no more.

Tron Theatre Changing House, 63 Trongate, G1 5HB • £10/£7.50
0141 552 4267 • www.tron.co.uk

Written by Paul Coulter; Directed by Liz Carruthers;
Starring Vincent Friell; Produced by White Stag Theatre Company
Culture and Craft: Felting One-Day Workshop

12 October / 11.30am - 4.30pm
Explore the Burrell Collection and use it as your inspiration to create a felt item using the wet felt technique. No experience necessary and all materials provided. Bring a packed lunch.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT • £20, concessions available • Booking essential, fee non-refundable • 0141 287 2591
BurrellL&A@glasgowlife.org.uk
www.glasgowlife.org.uk

Craft Café Open Day

16 October / 10am - 4pm
Craft Cafés in Glasgow and Edinburgh will open their doors in celebration of Luminate 2014. If you are 65+ and want to get involved in creative activity, pop along to our studios to meet artists in residence and Craft Café members and try out an activity for yourself.
The Whiteinch Centre, 1 Northinch Street, G14 0UG
The Elderpark Community Centre, 82 Elderpark Street, Govan, G51 3SS
0141 575 3001
www.impactarts.co.uk

Suffragettes:
Our Mothers, Sisters, Aunts?

17 October / 3 - 5pm
Join the Glasgow Women’s Library for an introduction to their Suffragette play scripts and a conversation about these amazing Firebrand Women. A sharing of these famous and funny plays will be followed by a handling session of Suffragette artefacts and a discussion of the experiences of our mothers, daughters, aunts, cousins and friends.
#marchofwomen
Glasgow Women’s Library, 23 Landressy Street, Bridgeton, G40 1BP • 0141 550 2267 • www.womenslibrary.org.uk

Nothing Personal...

12 October / 7.30pm
Mrs Lees moves into sheltered housing and quickly discovers it’s not all it seems. Between guilt-tripping daughters, meddling neighbours, a multitude of carers and a warden that’s seen it all before, there are challenging times ahead! A comedy drama about residents, families and carers up against age, authority and each other!
Óran Mór, Top of Byres Road, G12 8QX • £10 • 0141 357 6200
www.oran-mor.co.uk

Supported by Viewpoint Housing Association, Elderpark Housing Association, Whiteinch Community Association, Scottish Government and Community Health Partnership

This is a Glasgow Women’s Library and Royal Conservatoire of Scotland partnership event
**Make Do, Mend & Makeover**

18 - 19 October / 1 - 5pm (last admission 4.30pm)
Get crafty at our drop-in workshop! Drawing inspiration from the campaign of WWII, use traditional techniques such as sewing, darning, patching and embroidery to mend and embellish pieces of clothing. The designs will appeal to adults and kids of all ages, so bring the grandchildren along too! Share your skills and memories and make something fun and creative to take home.

Tenement House, 145 Buccleuch Street, Garnethill, G3 6QN • Workshop included in admission fee • £6.50/£5 adult, Family 2 adults + up to 4 children £16.50, Family 1 adult + up to 4 children £11.50, visitors with disabilities full price but can bring a companion free of charge • 0844 493 2917

www.nts.org.uk/TenementHouse

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**Open Mic Night at The Glad Café**

19 October / 7.30pm
An opportunity for singers and songwriters of all styles aged 18 - 80+ to showcase their material to an audience of all ages, encouraging the shared enjoyment of music across the generations.

The Glad Café, 1006A Pollokshaws Road, G41 2HG • £5 • 0141 636 6119
www.thegladcafe.co.uk

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**Alive Inside**

19 October / 3.15pm
Winner of the 2014 Sundance Film Festival Audience Award: US Documentary. Follow social worker Dan Cohen, founder of the not-for-profit organisation Music & Memory, as he fights against a broken healthcare system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those experiencing it. (Michael Rossato-Bennett USA/2014/78min)

Glasgow Film Theatre, 12 Rose Street, G3 6RB • £8/£6.50 Cinecard holders £7/£5.50 • 0141 332 6535

www.glasgowfilm.org/theatre

*Presented by Luminate and the Scottish Mental Health Arts and Film Festival*
A Place to Sit

25 - 27 October
An exhibition of textiles by people with a diagnosis of dementia who use Alzheimer Scotland’s services at Oxford Street, Glasgow, following a residency by textile artist Deirdre Nelson. As well as showcasing the work, the exhibition offers visitors the chance to learn more about dementia and the support Alzheimer Scotland can offer. The exhibition will also be presented at the 24th Alzheimer Europe Conference, held in Glasgow this year.

25 - 27 October: 10am - 5pm
CCA, 350 Sauchiehall Street, G2 3JD
0141 352 4900 • www.cca-glasgow.com
Presented in partnership with Alzheimer Scotland

Bowling Club by Janie Nicoll

21 October / 7.30pm
Commissioned for the 2014 Commonwealth Games Cultural Programme at Kelvingrove Bandstand, this film by artist Janie Nicoll explores Glaswegians’ passion for lawn bowls. It was made in collaboration with players and enthusiasts of Willowbank and Burnbank Bowling Clubs, with accompanying creative workshops at Netherton as part of the Age Creative programme.

Netherton Community Centre, 358 Netherton Road, G13 1AX
0141 954 4250

Advanced Style + The Lady in Number 6: Music Saved My Life

21 October / 6pm
Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.

(Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary.

(Malcolm Clarke/USA/2014/39min)

Glasgow Film Theatre, 12 Rose Street, G3 6RB • £5 • 0141 332 6535
www.glasgowfilm.org/theatre
Culture and Craft: Carpet-making Taster

22 October / 10am - 12pm
A practical adult art class exploring the ancient craft of carpet-making, inspired by the beautiful Islamic carpets in the Burrell Collection.
The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Road, G43 1AT
Booking essential • 0141 287 2591
BurrellL&A@glasgowlife.org.uk
www.glasgowmuseums.com

Love is Strange

23 October / 6pm
After 39 years together, Ben and George take advantage of the new marriage laws and tie the knot. On return from their honeymoon, Ben gets fired and, with no real savings, the couple can no longer afford to live in their small Chelsea apartment. So, only days after their nuptials, their tight-knit community of family and friends must come together and figure out how to help them.
(Ira Sachs/USA/France/2014/98min)
Glasgow Film Theatre, 12 Rose Street, G3 6RB • £8/£6.50 Cinecard holders £7/£5.50 • 0141 332 6535
www.glasgowfilm.org/theatre

The Red Road: Our Flats

24 October / 3pm
25 October / 7pm
The iconic Red Road Flats will be demolished in 2014. Hear the Red Road Young Uns' Concert Party (average age 75) mark this event with a mixture of songs, stories and sketches to bring back memories of the Flats through the years.
Springburn Alive and Kicking Centre, 94 Red Road, G21 4PH
£5 • 0141 558 0329 / 0349

Make Way for Tomorrow

26 October / 1pm
A beautifully made, superbly acted, achingly funny, deliriously romantic and utterly heartbreaking film. This simple depression-era story, of an older couple who are forced to separate after they lose their house and find none of their children prepared to take them in, inspired Yasujiro Ozu's masterpiece, Tokyo Story and was described by Orson Welles as a film that "could make a stone cry". See it and weep! (Leo McCarey/USA/1937/91min/U)
Glasgow Film Theatre, 12 Rose Street, G3 6RB • £8/£6.50 Cinecard holders £7/£5.50 • 0141 332 6535
www.glasgowfilm.org/theatre
A Play, a Pie and a Pint: Flying With Swans by Jack Dickson

27 October - 1 November / 1pm
Dolly, Jean and Mona are all 83 and grew up together on the Isle of Arran. They haven’t seen each other in over fifty years. Out of the blue, Dolly and Jean receive an invitation from Mona to take the ferry back to the island to watch the annual arrival of the whooper swans from Iceland at Catacol Bay. Like these migrating birds, the women are on a journey, guided by instinct and habit. Óran Mór, Top of Byres Road, G12 8QX £10 Monday, Tuesday, Thursday £8 Wednesday • £12.50 Friday and Saturday • All including a pie and a drink 0844 477 1000 • www.playpiepint.com Produced by A Play, a Pie and a Pint in partnership with the Traverse Theatre, Edinburgh

Colquhoun & MacBryde by John Byrne, Directed by Andy Arnold, With Andy Clark & Stephen Clyde

29 October - 8 November / 8pm
Two painters swagger down to war-torn London to take the art world by storm, and are briefly revered by the city’s establishment. But these two Roberts, partners and lovers, are also hedonists, eventually shunned by the Capital’s chattering classes. John Byrne’s new two-handed version of his fast-moving play crackles with fine art and foul profanities. Tron Theatre Changing House, 63 Trongate, G1 5HB • Preview on Wednesday 29 October £6 • From 30 October £10/£7.50 • 0141 552 4267 www.tron.co.uk A Tron Theatre production in association with Glasgay!

Read, Relax, Recharge Special! Poetry, Song and the Female Tradition

30 October / 12.30 - 2.30pm
Bring your lunch and join acclaimed Gaelic singer Flora MacNeill and prize-winning Scottish poet, Magi Gibson as they chat about the Gaelic tradition of passing down song and poetry from mother to daughter. A great opportunity to celebrate the ancient traditions of storytelling. Glasgow Women’s Library, 23 Landressy Street, Bridgeton, G40 1BP • £2/Free • 0141 550 2267 www.womenslibrary.org.uk Supported by Awards for All Scotland
Live Music Now Scotland Tour: Jemma Brown & Maryam Sherhan

Celebrating its 30th anniversary in 2014/15, Live Music Now Scotland provides performance and training opportunities for outstanding emerging musicians who perform in a wide range of community settings, including those for older people.

Following successful tours at Luminate 2012 and 2013, Live Music Now musicians, including Jemma Brown (mezzo soprano) and Maryam Sherhan (piano), will once again bring the festival into the heart of communities across Scotland.

Dixon Centre
Crossmyloof Centre
www.livemusicnow.org.uk/scotland

Outreach

Light as a Feather

All or Nothing Aerial Dance Theatre will give a group of dancers from Scottish Ballet’s Regenerate the chance to fly! Aerial dance is an activity for everyone that builds strength and confidence, promoting positive health and wellbeing and challenging stereotypes about what older people can do. Aerialists will demonstrate their skills and lead workshops on aerial silks and harness, before participants take to the air.

Tramway
www.aerialdance.co.uk
As I get older I find I want to work more with older people, people of my own generation and beyond... it seems vital to me to contribute to a shift in attitudes, perceptions and stereotypes and to give voice, visibility and value to ‘the older generation’...

Janice Parker, 56
Dance Artist & Choreographer
Greater Glasgow & Argyll

SMOKIES

17 October, 23 October & 28 October
A tasty tale of two lonely old spinsters who make a living catching and smoking fish on a remote shore. Neither of these strange sisters has much luck in capturing the hearts of the sailors nor fishermen who find themselves washed up there. Unable to escape the sisters’ romantic pursuits, the reluctant suitors come to a rather gruesome end. An extraordinary visual story told without words, this production is accessible to deaf and hard of hearing audiences.

17 October / 7.30pm:
Eastwood Park Theatre, Rouken Glen Road, Giffnock, G46 6UG
£9/£7 • 0141 577 4956
www.eastwoodparktheatre.co.uk/
boxoffice

23 October / 7.30pm
Beacon Arts Centre, Custom House Quay, Greenock, PA15 1HJ
£10/£8 • 01475 723723
www.beaconartscentre.co.uk

28 October / 7.30pm
Paisley Arts Centre,
15 New Street, Paisley, PA1 1EZ
£10/£6 • 0300 300 1210
boxoffice.renfrewshire.gov.uk

Presented by Solar Bear Theatre Company

Love Letters Straight From Your Heart

17 October / 2.30pm
Let’s raise our glasses to long lost loves and current lovers, to mums, to dads and to absent friends. Uninvited Guests stage an event that is somewhere between a wedding reception, a wake and a radio dedication show. We speak of our own and others’ loves - deep, passionate, ambivalent and unrequited - and dedicate songs to them.

If you want to join us on this happy occasion, send a dedication to someone you love to info@uninvited-guests.net. Your letters of love may become part of the show: romantic gestures or signs of friendship, shared publicly between us.

Beacon Arts Centre, Custom House Quay, Greenock, PA15 1HJ
£10/£8 • 01475 723723
www.beaconartscentre.co.uk

Supported by the National Lottery through Creative Scotland and Luminate. A BAC Scratch and Arnolfini We Live Here commission. Also commissioned by Leeds Met Studio Theatre. Originally funded by Arts Council England.
Portraits of Experience

27 October - 22 November /10am - 4pm Monday - Saturday
The Scottish Maritime Museum presents an exhibition of photographs by award-winning artist Alex Boyd, capturing and celebrating the unique personalities, skills and backgrounds of its volunteers; including retired maritime, aerospace and manufacturing engineers, submariners, merchant seamen, archivists and experts in shipbuilding.

Scottish Maritime Museum
Denny Tank, Castle Street, Dumbarton, G82 1QS
£3/£2/children free • 01389 763444
www.scottishmaritimemuseum.org/sites/dumbarton

Let Me Stay

29 October / 8pm
A tender and unique exploration of the impact of Alzheimer’s on family relations. Julie McNamara shares a celebration of life and love as seen through the eyes of her mother. Alzheimer’s does not have to be a tragic withdrawal from life. Think of it as a shedding of all care, with two fingers at the world. A lifestyle choice for some... Suitable for ages 12+: contains infrequent swearing.

Cove Burgh Hall, Shore Road, Cove, G84 0LY • £10 • 01436 842177
www.coveburghhall.org.uk
Supported by Unlimited Impact, Luminate and the Scottish Mental Health Arts and Film Festival

Love Letters Straight From Your Heart Workshop

Uninvited Guests will hold a workshop for older people, offering the chance to share joyful and moving words and music about their loved ones for the public performance.

Beacon Arts Centre
www.uninvited-guests.net
www.fueltheatre.com
Wise Guys

1 - 31 October / 10am - 5pm Tuesday - Saturday
An exhibition of work by participants in the Highland Print Studio's Wise Guys project, a programme of printmaking classes for older men. The work features a range of printmaking techniques, including etching and relief printing.
Highland Print Studio, 20 Bank Street, Inverness, IV1 1QU Closed for lunch 1 - 2pm • 01463 718999 www.highlandprintstudio.co.uk
Project funded by High Life Highland

Make Way for Tomorrow

5 October / 1.30pm
A beautifully made, superbly acted, achingly funny, deliriously romantic and utterly heartbreaking film. This simple depression-era story, of an older couple who are forced to separate after they lose their house and find none of their children prepared to take them in, inspired Yasujiro Ozu’s masterpiece, Tokyo Story and was described by Orson Welles as a film that “could make a stone cry”. See it and weep!
(Leo McCarey/USA/1937/91min/U)
Eden Court, Bishop’s Road, Inverness, IV3 5SA • £5 • 01463 234234 www.eden-court.co.uk

Writing Your Life

4 October / 1 - 4pm
This creative writing workshop will explore ways of recording your life, whether through fiction or memoir. Led by prize winning author Cynthia Rogerson, the event will take place at Moniack Mhor Writers Centre, about three miles from Loch Ness, with the fire lit and a soup lunch provided. Transport from central Inverness will be provided.
Moniack Mhor Writers Centre, Teavarran, Kiltarlity, IV4 7HT • £5/£3 • Booking essential, places are limited 01463 741675 www.moniackmhor.org.uk
Advanced Style + The Lady in Number 6: Music Saved My Life

9 October / 6pm

Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth. (Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short. (Malcolm Clarke/USA/2014/39min)

Eden Court, Bishop’s Road, Inverness, IV3 5SA • £5 • 01463 234234 www.eden-court.co.uk

Presented by Luminate and the Scottish Mental Health Arts and Film Festival

Alive Inside

19 October / 1.30pm
Winner of the 2014 Sundance Film Festival Audience Award: US Documentary. Follow social worker Dan Cohen, founder of the not-for-profit organisation Music & Memory, as he fights against a broken healthcare system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those experiencing it. (Michael Rossato-Bennett USA/2014/78min)

Eden Court, Bishop’s Road, Inverness, IV3 5SA • £5 • 01463 234234 www.eden-court.co.uk

Presented by Luminate and the Scottish Mental Health Arts and Film Festival
Love Letters Straight From Your Heart

21 October, 24 October & 28 October

Let’s raise our glasses to long lost loves and current lovers, to mums, to dads and to absent friends. Uninvited Guests stage an event that is somewhere between a wedding reception, a wake and a radio dedication show. We speak of our own and others’ loves - deep, passionate, ambivalent and unrequited - and dedicate songs to them.

If you want to join us on this happy occasion, send a dedication to someone you love to info@uninvited-guests.net. Your letters of love may become part of the show: romantic gestures or signs of friendship, shared publicly between us.

21 October / 10.30am
MacPhail Centre, Mill Street, Ullapool, IV26 2UN • £8/£6 • 01854 613336
www.macphailcentre.co.uk

24 October / 8pm
Universal Hall, The Park, Findhorn, Forres, IV36 3TZ • £10/£8/£6 (under 16) 01309 690110 • www.findhorn.org

28 October / 7.30pm
One Touch Theatre, Eden Court, Bishop’s Road, Inverness, IV3 5SA • £12/£10 • 01463 234234
www.eden-court.co.uk

Let Me Stay

24 October / 4pm

A tender and unique exploration of the impact of Alzheimer's on family relations. Julie McNamara shares a celebration of life and love as seen through the eyes of her mother. Alzheimer’s does not have to be a tragic withdrawal from life. Think of it as a shedding of all care, with two fingers at the world. A lifestyle choice for some... Suitable for ages 12+: contains infrequent swearing

The Craigmone Centre, Glen Urquhart High School, Drumnadrochit, Inverness-shire, IV63 6XA
Check online for prices • 01456 459224
www.craigmonecentre.co.uk

Supported by Unlimited Impact, Luminate and the Scottish Mental Health Arts and Film Festival

Let Me Stay Workshop

24 October / 11am - 1pm

A workshop for older people with Julie McNamara, creator and performer of Let Me Stay. The production and workshop explore the impact of Alzheimer’s on family relationships, proving that it is not always a tragic and apologetic withdrawal from life.

The Craigmone Centre, Glen Urquhart High School, Drumnadrochit, Inverness-shire, IV63 6XA
Check online for prices • 01456 459224
www.craigmonecentre.co.uk

Supported by Unlimited Impact, Luminate and the Scottish Mental Health Arts and Film Festival

Supported by the National Lottery through Creative Scotland and Luminate. A BAC Scratch and Arnolfini We Live Here commission. Also commissioned by Leeds Met Studio Theatre. Originally funded by Arts Council England.
Company Chordelia presents
Dance Derby

30 October / 8pm
The dance marathons of Depression-era America, with strict rules, extreme conditions and ferocious competition, were the reality shows of their day. Attracting huge audiences, they could last for weeks on end. Ten dancers, two actors and a six-piece jazz ensemble bring this drama to life to a soundtrack of songs from the 1930s, performed by soprano Nadine Livingstone. 

Eden Court, Bishop’s Road, Inverness, IV3 5SA • £13.50/£10 • 01463 234234 www.eden-court.co.uk
In association with Scottish Opera. Directed and choreographed by Kally Lloyd-Jones

Feed the Spirit

Luminate event: 31 October, 7.30pm
Three generations have come together to share their favourite recipes and tell the stories behind the food in a special Luminate programme as part of the Third Annual Portskerra International Storytelling Festival. Over two evenings, hosted by storyteller Alexandria Patience and on Friday 31st with Luminate special guest "storyteller, piper and pensioner" James MacDonald Reid, participants will make and share the food that inspires them. The Portskerra International Storytelling Festival runs from 30 October - 2 November.

Melvich Village Hall, Sutherland, KW14 7YL • The village hall is an old building, please phone ahead for assistance with access • Festival admission: £7/£5/£3 (under 16) • 01641 531355 • portskerrastorytellingfestival.weebly.com

Produced by apatienceart project and supported by Luminate; Festival supported by Scottish Storytelling Centre, Highland Council and Melvich Village Hall

Dance Derby

Luminate Workshops

30 October / 2.30 - 3.30pm
Company Chordelia's Dance Derby tells the story of the dance marathons of 1930s Depression America, and the social dances from that era form the basis for its choreography and soundtrack of original songs. In this workshop aimed at older participants, the company will share the dances and music and give an insight into how they became part of the show.

Jim Love Studio, Eden Court, Bishop’s Road, Inverness, IV3 5SA
Booking essential • 01463 234234 www.eden-court.co.uk

LET ME STAY
Love Letters Straight From Your Heart Workshops

Uninvited Guests will hold a workshop for older people, offering the chance to share joyful and moving words and music about their loved ones for the performances around the Highlands and Moray later in October.

Eden Court
MacPhail Centre
Universal Hall

www.uninvited-guests.net
www.fueltheatre.com

“Thank you for making me cry. I was moved - something as simple as a song has something so moving attached. I thought of many who are close to me. My spirit was lifted. It was beautiful. Thank you.”
Love Letters Straight From Your Heart

8 October / 7pm
Let’s raise our glasses to long lost loves and current lovers, to mums, to dads and to absent friends. Uninvited Guests stage an event that is somewhere between a wedding reception, a wake and a radio dedication show. We speak of our own and others’ loves - deep, passionate, ambivalent and unrequited - and dedicate songs to them.

If you want to join us on this happy occasion, send a dedication to someone you love to info@uninvited-guests.net. Your letters of love may become part of the show: romantic gestures or signs of friendship, shared publicly between us. The Grianan Centre, Westview Terrace, Stornoway, Isle of Lewis, HS1 2LD £10/£8 • Box Office: An Lanntair, Kenneth Street, Stornoway, HS1 2DS 01851 708480 • www.lanntair.com • Supported by the National Lottery through Creative Scotland and Luminate. A BAC Scratch and Arnolfini We Live Here commission. Also commissioned by Leeds Met Studio Theatre. Originally funded by Arts Council England.

Advanced Style + The Lady in Number 6: Music Saved My Life

13 October / 2pm & 7.30pm
Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth. (Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short. (Malcolm Clarke/USA/2014/39min)

An Lanntair, Kenneth Street, Stornoway, Isle of Lewis, HS1 2DS • £5 01851 708480 • www.lanntair.com
**Skye Sexagenarian Dance Group**

24 October / 10.30 - 11.30am
A free open workshop welcoming all dancers between the ages of 60 and 70 years old. The session will include a gentle warm up followed by a creative dance session. No experience necessary, just bring your enthusiasm and curiosity!

Aros Centre, Viewfield Road, Portree, Isle of Skye, IV51 9EU • 01478 613750
www.aros.co.uk

**Advanced Style**

24 October / 1pm
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.

(Lina Plioplyte/USA/2014/72min/PG)

Aros Centre, Viewfield Road, Portree, Isle of Skye, IV51 9EU • 01478 613750 • www.aros.co.uk

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**Feis an Linn gu Linn: (Generations): A Gaelic & English Poetry and Storytelling Festival**

25 October / From 11am
This mini-literature festival celebrates the ways in which the young and the not-always-so-young have worked together on the island, through bi-lingual storytelling, poetry and music. The festival marks the launch of three pamphlets of new stories, drawings and poems and will include workshops, readings and performances of intergenerational writing.

Taigh Chearsabhagh, Lochmaddy, Isle of North Uist, HS6 5AA • 01870 603970
www.taigh-chearsabhagh.org

Supported by Comann Eachdraidh Uibhist a Tuath, The Uist Writers’ Group, Cothrom, Bord na Gaidhlig, Guthan nan Eilean (Island Voices) and Luminate

**The Lady in Number 6: Music Saved My Life**

26 October / 2.15pm
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short.

(Malcolm Clarke/USA/2014/39min)

Aros Centre, Viewfield Road, Portree, Isle of Skye, IV51 9EU • 01478 613750
www.aros.co.uk
Let Me Stay

26 October / 4.30pm
A tender exploration of the impact of Alzheimer’s on family relations. Julie McNamara shares a celebration of life and love as seen through the eyes of her mother. Alzheimer’s does not have to be a tragic withdrawal from life. Think of it as a shedding of all care, a lifestyle choice for some... Suitable for ages 12+: contains infrequent swearing.

SEALL, Sabhal Mòr Ostaig, Sleat, Isle of Skye, IV44 8RQ • £9/£7/£4
01471 844207 • www.seall.co.uk
Supported by Unlimited Impact, Luminate and the Scottish Mental Health Arts and Film Festival

The 100-Year-Old Man Who Clammed Out the Window & Disappeared

28 October / 2.15pm
Based on the international bestseller, this is the unlikely story of 100-year-old Allan Karlsson, who decides it’s not too late to start over. But this journey is not his first. Karlsson has unwittingly played a role in some of the most important events of the last century, and now he is on the loose again. (Felix Herngren/Sweden/Croatia/2013/114min/15)
Aros Centre, Viewfield Road, Portree, Isle of Skye, IV51 9EU • £10/£7.50
01478 613750 • www.aros.co.uk

Tea Dance

29 October / 3.30 - 5.30pm
A chance to learn traditional partner dancing in a fun, relaxed atmosphere with an hour long ballroom lesson, a delicious afternoon tea and a practice dancing session. Learn the cha cha, valse or quick step and enjoy fresh cream cakes and aromatic teas! Past Participants have said: ’Best £10 I have ever spent’, ’Fantastic dancing and wonderful food’

Aros Centre, Viewfield Road, Portree, Isle of Skye, IV51 9EU • £10/£7.50
01478 613750 • www.aros.co.uk

Argentine Tango

29 October / 4 - 6pm & 7 - 9pm
A chance for people of all ages to get together and try something new - the tango – a sensuous, improvised and beautiful dance! Join experienced teachers Georgia Moffa and Facundo Menendez for either an afternoon or evening workshop.

Aros Centre, Viewfield Road, Portree, Isle of Skye, IV51 9EU • £10/£7.50
01478 613750 • www.aros.co.uk
Uninvited Guests will hold a workshop for older people, offering the chance to share joyful and moving words and music about their loved ones for the performance later in October.

The Grianan Centre, Stornoway
www.uninvited-guests.net
www.fueltheatre.com

Time for Traditional Tunes

Time for Traditional Tunes is a brand new Live Music Now Scotland initiative, designed to bring time and music together for the benefit of older people with dementia. Delivered by Scots singers Robyn Stapleton (BBC Young Scottish Traditional Musician of the Year 2014) and Claire Hastings, Time for Traditional Tunes brings generations together through the sharing of cultural identity and regular music sessions.

Live Music Now Scotland is delighted to be returning to Mull to deliver this project with Mull Musical Minds, an organisation supported by Alzheimer Scotland and Mull and Iona Community Trust that provides people who are living with dementia, Parkinson’s Disease or the after effects of a stroke with the opportunity to meet with other people in a similar situation and to enjoy regular social interaction by taking part in a singing group.

An Roth Community Enterprise Centre, Craigmure
www.livemusicnow.org.uk/scotland
www.mict.co.uk
Nothing Personal…

3 October, 4 October & 10 October
Mrs Lees moves into sheltered housing and quickly discovers it’s not all it seems. Between guilt-tripping daughters, meddling neighbours, a multitude of carers and a warden that’s seen it all before, there are challenging times ahead! A comedy drama about residents, families and carers up against age, authority and each other!

3 October / 7.30pm
Hamilton Town House, 102 Cadzow Street, Hamilton, ML3 6HH • £10
01698 452299

4 October / 2pm & 8pm
East Kilbride Arts Centre, 51 Old Coach Road, East Kilbride, G74 4DU
Matinee £8, Evening £10
01355 261000

10 October / 2pm & 7.30pm
Rutherglen Town Hall, 139 Main Street, Rutherglen, G73 2JJ
Matinee £8, Evening £10
0141 613 5700
www.slclboxoffice.co.uk

In the Mood

7 October / 11am - 12pm & 1 - 2pm
Enjoy community singing at the Heritage Centre! Sing along with Old Scots favourites, songs from the First World War, Rock ‘n’ Roll classics and much more. A fun, sociable event for all ages. Words and musical accompaniment provided and refreshments included.

North Lanarkshire Heritage Centre, High Road, Motherwell, ML1 3HU • 01698 274590
www.northlanarkshire.gov.uk

Also part of Encounters NL
Lothians

**Midlothian Local History Art Project**

**E Free**

1 - 31 October
An artistic collaboration involving the residents of eight care homes in Midlothian. With help from their activity co-ordinators and visual artist Kirstie Hustler, residents have created large canvases inspired by interesting local places and events. The railway theme linking the canvases is a celebration of the imminent return of Midlothian’s railway network.

1 - 15 October / 10am - 4pm
The Powerhouse,
National Mining Museum Scotland,
Lady Victoria Colliery,
Newtongrange, Dalkeith, EH22 4QN
Opening times vary, call 0131 663 7519
www.scottishminingmuseum.com

17 - 31 October
The Drum, Penicuik Library,
39A Carlops Road, Penicuik, EH26 9EP
Opening times vary, check online or call 01968 664050 • www.middlothian.gov.uk

Supported by Ageing Well, Nazareth House, Dundas & Wilson (now CMS) and Midlothian Libraries

**Love Later Life: Art Competition**

**E T Free**

1 - 31 October / 9am - 5pm, Mon - Sat
Following last year’s successful art competition, Age Scotland and West Lothian Council have asked local people to submit art work – photography, painting, short stories, carving, knitting, poems – that tells them what Love Later Life means to them? The best submissions will be displayed in Age Scotland shops during Luminate.

1 - 15 October /
Age Scotland Shop Broxburn,
45 East Main Street, EH52 5AB

16 - 31 October /
Age Scotland Shop Bathgate,
4a George Street, EH48 1NP

**Nothing Personal...**

**P**

5 October / 7.30pm
Mrs Lees moves into sheltered housing and quickly discovers it’s not all it seems. Between guilt-tripping daughters, meddling neighbours, a multitude of carers and a warden that’s seen it all before, there are challenging times ahead! A comedy drama about residents, families and carers up against age, authority and each other!

**Bathgate Regal Theatre, 24 - 34 North Bridge Street, Bathgate, West Lothian, EH48 8PS • £10 • 01506 630085**

www.bathgateregal.org
Revelation, Imagination & Illumination

11, 18 & 25 October
A programme of creative tours, storytelling events and workshops at the John Gray Centre, Haddington.

Story Tour with Tim Porteus: The Land, The Sea, The People
11 October / 10.30 - 11.15am
Led by storyteller Tim Porteus and museum guide Helen Bleck, come and hear about the dramas and sometimes desperate times that formed the narratives of East Lothian's past - and share your own tales.

Story Workshop with Tim Porteus
11 & 18 October / 11.30am - 12.30pm
25 October / 12 - 1pm
Learn how to craft a gripping story from your anecdotes of East Lothian's past, and help Tim create one big story from all your tales (tall or otherwise!).

Creative Workshop with Artist Clare McIntyre
11 & 18 October / 2.30 - 3.30pm
25 October / 10.30 - 11.30am
Make cardboard and paper sun catchers based on stained glass designs, with inspiration from the museum exhibitions and St Mary's Church in Haddington. Or make buttons and badges inspired by the museum's collections of local medals and uniforms from WWI.

Story Tour with Tim Porteus: Our War, East Lothian 1914 - 18
18 October / 10.30 - 11.15am
Led by storyteller Tim Porteus and museum guide Helen Bleck. Come and hear some of the stories of East Lothian's families during the First World War, see how everyone was affected and share your own tales. Join Tim at his workshop afterwards to craft stories together.

John Gray Centre, 15 Lodge Street, Haddington, East Lothian, EH41 3DX • 01620 820690
www.johngraycentre.org
The Centre is part-funded by the Heritage Lottery Fund.

Intergenerational Dance Project

20 - 24 October / 9am - 12.30pm
Generation Arts is offering a free, week-long dance project bringing together older people (60+) and young people (ages 9-12) to bridge the gap between generations in West Lothian. Whether you are a youngster with ants in your pants, or an older person who likes to groove, come together with our professional dance teachers to see what can happen when the rhythm grabs you.

Howden Park Centre, Livingston, West Lothian, EH54 6AE • 01506 777666
www.howdenparkcentre.co.uk
www.generationarts.co.uk
Supported by West Lothian Council, Howden Park Centre & Get Scotland Dancing
**It’s the People that Make the Place**

Exhibition launch: 20 October / 3pm
Following the success of 2013’s Old Skool project, Craigshill Good Neighbourhood Network (50+) and Offbeat Youth Group will once again work together on an intergenerational art project. Working in mixed media and using the talents of local artists, photographers and craft groups, the project will create guerrilla artworks around the groups’ homes in Livingston, responding to the theme of ‘it’s the people that make the place’. The finished exhibition will be curated by the groups and a local artist.

**Venues around Craigshill, Livingston West Lothian • The launch venue will be announced online at www.luminatescotland.org**

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**Company Chordelia presents Dance Derby**

24 October / 7.30pm
The dance marathons of Depression-era America, with strict rules, extreme conditions and ferocious competition, were the reality shows of their day. Attracting huge audiences, they could last for weeks on end, with competitors stopping for only ten minutes every two hours. Ten dancers, two actors and a six-piece jazz ensemble bring this drama to life to a soundtrack of songs from the 1930s, performed by soprano Nadine Livingstone.

**The Brunton, Ladywell Way, Musselburgh, East Lothian, EH21 6AA**
£11.50/£9.50/£7 (under 18)
0131 665 2240
www.thebrunton.co.uk

*In association with Scottish Opera. Directed and choreographed by Kally Lloyd-Jones*

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**Magic Carpet**

21 October / 1 - 2.30pm
Let Ros Parkyn spin you a tale and help you make the felt flowers for the Harlawhill Magic Carpet. Then settle back with tea and sweet treats and encourage Margaret Gillies as she performs her Eastern Dance to complete the afternoon.

**Harlawhill Day Centre, East Loan, Prestonpans, East Lothian, EH32 9ED**
Booking essential • 01875 818684

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**Dance Derby Luminate Workshops**

24 October / 2.30 - 3.30pm
Company Chordelia’s Dance Derby tells the story of the dance marathons of 1930s Depression America. In this workshop aimed at older participants, the company will share the dances and music and give an insight into how they became part of the show.

**The Brunton, Ladywell Way, Musselburgh, East Lothian**
£7 - Luminate workshop and ticket deal - includes ticket for Dance Derby performance in the evening
0131 665 2240 • www.thebrunton.co.uk
Commemorative Vision

25 October / 9am - 4pm
Visually impaired veterans host an emotive World War One exhibition of art and woodwork. A captivating array of artworks provide a compelling narrative of combat, sacrifice and reflection and woodwork exhibits symbolise the rehabilitation and training provided by Scottish War Blinded since its foundation in 1915. Activity instructors will lead art and woodwork workshops throughout the day and tours of the Linburn Centre will be available.
The Linburn Centre, Louie Braille Avenue, Wilkieston, West Lothian, EH27 8EJ • 0131 333 1369
www.scottishwarblinded.org

Generation Dance

29 October / 10.30am - 3.30pm
A day of creative dance workshops and performances for older dancers. Join Generation Arts, Dance House Glasgow, Dance Base and Scottish Ballet for a day at Howden Park Centre, Livingston. Workshops, with seated options, will be held in the morning, and a performance triple bill featuring Scotland’s leading 60+ dance groups, Regenerate, 24 Carat and Still Dancing, will take place in the afternoon.
Howden Park Centre, Livingston, EH54 6AE • £8, includes choice of 2 from 3 workshops, lunch & performances
www.howdenparkcentre.co.uk
01506 777666
Supported by West Lothian Council

Concerts for Older People in East Lothian

Specially organised concerts for older people from care homes and day care centres to celebrate Luminate with their families and carers. Featuring a performances by Edinburgh-based band Einstein’s Wardrobe and Live Music Now Scotland musicians the Erskine Quartet.
Haddington Town House
Hope Rooms, North Berwick
Supported by Shoosmiths LLP

Luminate Film Programme Animation Workshop

Residents from Braid House in Livingston, West Lothian will take part in a workshop with Red Kite Animation to create a short animated introduction to the Luminate Film Programme, which will be seen in cinemas around Scotland in October.
Braid House, Livingston
I am indebted to Third Stage as, when I moved to Banchory four years ago, knowing very few people, it gave me a social circle of friends and rekindled an interest in art that had lain dormant since I left Glasgow School of Art in 1980. And lots of fun too by the way!

Gillian Tait, 69
Welcome to Wellderly

2 October / 10am - 12pm
Become part of Wellderly's brand new design team to apply your knowledge, skills and creativity to the big issues our society faces. The group will explore and select an issue based on its interests, use creative approaches to discuss possible solutions and model their problem-solving ideas in hands-on group activities. This workshop is a unique and enjoyable way to make a difference!
The Atholl Centre, Atholl Road, Pitlochry, PH16 5BX • Booking essential 07515 252419 • jenni@wellderly.org.uk

The Lady in Number 6: Music Saved My Life

12 October / 1.15pm
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short. (Malcolm Clarke/USA/2014/39min) Followed by The Birks’ Sing Along Sundays
The Birks Cinema, Dunkeld Street, Aberfeldy, PH15 2DA • 01887 822845 www.birkscinema.co.uk

Creative Ageing Day

13 October / 10am - 4.45pm
Horsecross Arts presents a day of creative workshops for over 60s, specially for Luminate. So if you have ever fancied writing a play or learning a new instrument, come and pick and mix from a range of fun, practical workshops. The full workshop programme is available online.
Perth Concert Hall, Mill Street, Perth, PH1 5HZ • £4 for three workshops • Café on site • 01738 621031 www.horsecross.co.uk

Arts in Care Seminar

14 October
This day-long event will offer opportunities for artists, arts organisations and care providers to share inspiring partnerships and discuss issues around delivering creative activities in care settings. More details online by early September.
Perth Concert Hall, Mill Street, Perth, PH1 5HZ • 0131 668 8066 www.luminatescotland.org
Facilitated by Luminate and Scottish Care & supported by The Baring Foundation and Horsecross Arts
Old is the New Young

14 October - January 2015
Preview: 14 October / 4.30pm
Explore our varied and often joyous notions of ageing. The work includes *Transmission*, presented by Drake Music Scotland, an audio-visual installation created by composer Niroshini Thambar in collaboration with older people in West Lothian, with photography by Anne Binckebanck, whose work will feature alongside Scottish and international artists including Keir Campbell, Denis Mallon, Eve Moran and Martine Foultier Pugh. Curated by Iliyana Nedkova.

*Threshold Artspace, Perth Concert Hall,
Mill Street, Perth, PH1 5HZ*
Booking advised • 01738 621031
inedkova@horsecross.co.uk
www.horsecross.co.uk

Supported by Horsecross Arts, Luminate, Drake Music Scotland, Perth College, University of the Highlands and Islands, Scottish Cartoon Art Studio, Creative Futures Place Partnerships Perth & Kinross, Perth Museum & Art Gallery, Perth & Kinross Council and Creative Scotland

Alive Inside

14 October / 6.30pm
UK Premiere
Winner of the 2014 Sundance Film Festival Audience Award: US Documentary. Follow social worker Dan Cohen, founder of the not-for-profit organisation Music & Memory, as he fights against a broken healthcare system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those experiencing it. (Michael Rossato-Bennett USA/2014 /78min) The film will be followed by a post-screening discussion.

*Perth Concert Hall, Mill Street, Perth, PH1 5HZ • £5/£3 (concession available to participants in the Arts in Care Seminar)*
01738 621031 • www.horsecross.co.uk

Presented by Luminate, the Scottish Mental Health Arts and Film Festival and Horsecross Arts

Supported by Horsecross Arts, Luminate, Drake Music Scotland, Perth College, University of the Highlands and Islands, Scottish Cartoon Art Studio, Creative Futures Place Partnerships Perth & Kinross, Perth Museum & Art Gallery, Perth & Kinross Council and Creative Scotland
Advanced Style + The Lady in Number 6: Music Saved My Life

18 October / 7pm

Advanced Style
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth. (Lina Plioplyte/USA/2014/72min/PG)

The Lady in Number 6
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. Winner of this year’s Academy Award for Best Documentary Short. (Malcolm Clarke/USA/2014/39min)

Strathearn Artspace, 6 Comrie Street, Crieff, PH7 4AX • £4/£3 • 07889 145866
www.strathearnartspace.co.uk

Time for the Arts

25 October / 10am - 4pm
26 October / 12 - 4pm
A celebration of the creative activities of Perth U3A. An exhibition of paintings and photography, with many items for sale, with performances by the Poetry and Ukulele Groups from 2pm on Saturday 25th. A card making workshop will also be available for a small donation. Refreshments of tea, coffee and home baking will be available throughout the day.
St Mathew’s Church of Scotland, Tay Street, Perth, PH1 5LQ
www.stmatts.org.uk

Secrets of the Stage: The Ladykillers

30 October / 11am
Pitlochry Festival Theatre presents a special ‘Secrets of the Stage’ interactive talk on our Autumn Classic performance. Fresh from its smash hit-run in London, The Ladykillers is a new take on the 1955 Ealing Studios classic. Enjoy a sneak peek behind the curtain - from set design to rehearsals - and quiz the theatre’s Community and Education Director on all things PFT! There is a matinee performance at 2pm.
Pitlochry Festival Theatre, Port na Craig, Pitlochry, PH16 5DR • Luminate ticket offer £5 (includes tea/coffee and a Danish pastry) • 01796 484626
www.pitlochryfestivaltheatre.com

Please note: a ticket for the performance is not included
The Ladykillers runs from 23 October – 15 November 2014. Tickets from £15
**Tap, Twist & Twirl**

1 - 3, 7 - 10, 21 - 24 & 28 - 31 October / Between 10am & 12.30pm
The Eastgate Theatre welcomes all over 60s to experience the fun of dance as part of Luminate. Come and try one free class in either tap, ballet, jazz or dance fitness with experienced dance tutors. It’s a great opportunity to try something new and meet new people in the lovely town of Peebles. The Eastgate also has a welcoming café for morning coffee or lunch.

Eastgate Theatre and Arts Centre, Eastgate, Peebles, EH45 8AD • Booking advised, check times when you book 01721 725777 • www.eastgatearts.com

**Advanced Style + The Lady in Number 6: Music Saved My Life**

14 October / 6pm

**Advanced Style**
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.

(Lina Plioplyte/USA/2014/72min/PG)

**The Lady in Number 6**
As the world’s oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may.

Winner of this year’s Academy Award for Best Documentary Short.

(Malcolm Clarke/USA/2014/39min)

Heart of Hawick, Kirkstile, Hawick, TD9 0AE • £6/£4.50 • 01450 360688 www.heartofhawick.co.uk
Grand Hands

22 - 29 October
Come and join in with the Grand Hands Craft Club as it visits Dovecot Court and the Bakehall in Peebles. Artist Anna Nicholson will show you how to make stunning prints, then to turn them into beautiful cards to keep or to send to loved ones. Grand Hands is free and welcomes anyone over 60yrs.

22 October / 2 - 3pm
Dovecot Court Extra Care Housing Development, Dovecot Road, Peebles, EH45 8EQ

29 October / 1.30 - 2.30pm
The Bakehall, St Andrew’s Leckie Memorial Church, Eastgate, Peebles, EH45 8AD

Booking essential • 01721 725777
www.eastgatearts.com

Thanks to SBC Community Capacity Building
Funded by Age Scotland

Scrapers & Tooters Weekend

25 - 26 October / 9.30am - 5pm Saturday
10am - 5pm Sunday
Informal performance: Sunday 4pm

Join musicians from the Scottish Chamber Orchestra, led by conductor David Watkin, for a weekend of fun and relaxed music-making. The weekend will bring together like-minded musicians from across the generations, offering the chance to play together and learn from one another, sharing their work in an informal concert for family and friends. Music includes Beethoven's Egmont Overture and Haydn's 'London' Symphony. Some scraping or tooting experience is required but previous knowledge of the music isn’t necessary.

Earlston High School, East End, Earlston, TD4 6JP • £45/£25 • Booking essential
0131 478 8353 • www.sco.org.uk
SCO Vocal Weekend

25 - 26 October /
9.30am - 5pm Saturday
10am - 5pm Sunday
Informal performance: Sunday 4pm
A brand new open choir weekend from the Scottish Chamber Orchestra with Steve King, Director of Music at Heriot-Watt University. This exciting weekend will bring singers from across the generations together to share and improve their skills in a relaxed environment, and the chance to perform for friends and family in an informal concert. The programme is aimed at people who have sung in a choir before, however you don’t need to read music to enjoy this wonderful weekend of singing!

Earlston High School, East End, Earlston, TD4 6JP • £25/£15 • Booking essential
0131 478 8353 • www.sco.org.uk

Make Way for Tomorrow

28 October / 6pm
A beautifully made, superbly acted, achingly funny, deliriously romantic and utterly heartbreaking film. This simple depression-era story, of an older couple who are forced to separate after they lose their house and find none of their children prepared to take them in, inspired Yasujiro Ozu’s masterpiece, Tokyo Story and was described by Orson Welles as a film that “could make a stone cry”. See it and weep! (Leo McCarey/USA/1937/91min/U).

Heart of Hawick, Kirkstile, Hawick, TD9 0AE • £6/£4.50 • 01450 360688
www.heartofhawick.co.uk
Love Letters Straight From Your Heart

30 October / 7pm
Let's raise our glasses to long lost loves and current lovers, to mums, to dads and to absent friends. Uninvited Guests stage an event that is somewhere between a wedding reception, a wake and a radio dedication show. We speak of our own and others' loves - deep, passionate, ambivalent and unrequited - and dedicate songs to them.

If you want to join us on this happy occasion, send a dedication to someone you love to info@uninvited-guests.net. Your letters of love may become part of the show: romantic gestures or signs of friendship, shared publicly between us.

Heart of Hawick, Kirkstile, Hawick, TD9 0AE • £12, includes workshop (see right) • 01450 360688
www.heartofhawick.co.uk
Supported by the National Lottery through Creative Scotland and Luminate. A BAC Scratch and Arnolfini We Live Here commission. Also commissioned by Leeds Met Studio Theatre. Originally funded by Arts Council England.

Love Letters Straight From Your Heart Workshop

30 October / 12.30pm
Uninvited Guests will hold a workshop for older people, offering the chance to share joyful and moving words and music about their loved ones for the public performance.

Heart of Hawick, Kirkstile, Hawick, TD9 0AE • £12, includes evening performance • 01450 360688
www.heartofhawick.co.uk
Over many years, 80-year-old Laura has gathered together a unique collection of tiny trinket boxes, bought from charity shops. Peerie Boxes - peerie means 'small' in Shetland dialect - is an exhibition of these boxes and the stories behind their purchase, curated by artists Clair Adlington and Kristi Tait in partnership with Laura and Alzheimer Scotland and displayed in a miniature studio in the oldest part of Lerwick.

Lodberrie Traders, 43 Commercial Street, Lerwick, ZE1 0AN

Supported by Luminate and Alzheimer Scotland

A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.

(Lina Plioplyte/USA/2014/72min/PG)

Mareel, Lerwick, ZE1 0WQ • £7/£5
01595 745555 • www.mareel.org
I started dancing when I was 15 at a wee dance hall in Kirkcaldy called Curry’s and we learners were called Curry’s jumpers, probably because most folk when they start dancing jump a bit… I gave up in 1962 when I got married and did not take it up again until 1985 after my wife died … dancing in all the Fife clubs, which were still going strong at that time…”

Tom Young, 90
You Said You Liked the Dancing

14 - 31 October / 10am - 10pm Tuesday - Sunday
This photography exhibition and sound installation is the second part of a series of art works created by dance artist Janice Parker in collaboration with macrobert and Town Break Stirling, a charity that supports people with dementia and their carers. With photography by Tommy Ka-Gen Wan and sound by Michael John McCarthy, the work is a celebration of the role of dance, music and art in people's lives.

macrobert arts centre, University of Stirling, FK9 4LA • 01786 466666
www.macrobert.org
Commissioned as part of macrobert's Get Scotland Dancing programme.

Tales of a Grandson

18 October /
Part 1: The Dig & Part 2: The Feast / 2 - 4.15pm (with interval)
Part 3: The Hooly / 5 - 6pm (includes family ceilidh)
This is one man's re-telling of Scotland's history, but this is no straight and dusty history lesson: Andy Cannon (previously of Wee Stories) takes us on a time-travelling adventure with his grandparents for all the family to enjoy, piecing together the myriad of Kings, Queens, friends and foes that make up our nation's story. Told in three parts, you can stay all day for The Dig, The Feast and The Hooly, and help Andy in his quest to tell Scotland's epic tale.

macrobert arts centre, University of Stirling, FK9 4LA • £10, one grandparent goes free with every family group
01786 466666 • www.macrobert.org
Part of macrobert's Mini Festival About Family. Funded by Creative Scotland Traditional Arts Commissioning.
**Advanced Style + The Lady in Number 6: Music Saved My Life**

21 October / 7pm  
(with 20 minute interval)

**Advanced Style**
A documentary examining the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to ageing. These intimate and colourful portraits of independent, stylish women aged 62 to 95 challenge conventional ideas about beauty, ageing and Western culture’s increasing obsession with youth.  
(Lina Plioplyte/USA/2014/72min/PG)

**The Lady in Number 6**
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(Malcolm Clarke/USA/2014/39min)

macrobert arts centre, University of Stirling, FK9 4LA • £5 • 01786 466666  
www.macrobert.org

**Dance Derby Luminate Workshops**

21 October / 3 - 4pm
Company Chordelia’s Dance Derby tells the story of the dance marathons of 1930s Depression America. In this workshop aimed at older participants, the company will share the dances and music and give an insight into how they became part of the show.

**Company Chordelia presents Dance Derby**

22 October / 7.30pm
The dance marathons of Depression-era America, with strict rules, extreme conditions and ferocious competition, were the reality shows of their day. Attracting huge audiences, they could last for weeks on end. Ten dancers, two actors and a six-piece jazz ensemble bring this drama to life to a soundtrack of songs from the 1930s, performed by soprano Nadine Livingstone.

workhouse, macrobert arts centre, University of Stirling, FK9 4LA  
£14/£12.50 • 01786 466666  
www.macrobert.org

In association with Scottish Opera  
Directed and choreographed by Kally Lloyd-Jones
To Absent Friends: Essence of a Memory Competition

Many things remind us of people who have died, but how do you capture the essence of a memory? Submit a photo and no more than 50 words which together evoke a story or memory of someone you love who is dead. Winning entries will form a photo exhibition, and winners will be invited to an MSPs reception.

Find out more at: www.toabsentfriends.org.uk/news/festival-blog/photo-competition

Participate by emailing a JPEG or GIF of your photo, and no more than 50 words, to: rebecca@palliativecarescotland.org.uk

Competition open: 1 - 22 October
Exhibition: 1 - 7 November

Part of: To Absent Friends, a people’s festival of storytelling and remembrance

Arts in Care Seminar Streaming

14 October
Keynote speeches from this day-long event at Perth Concert Hall will be streamed online. The seminar will offer opportunities for artists, arts organisations and care providers to share inspiring partnerships and discuss issues around delivering creative activities in care settings.

See page 67 for more details about the seminar

www.luminatescotland.org
www.scottishcare.org

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Festival supporters:

Luminate event supporters:

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